# LEGISLATIVE ASSEMBLY OF THE NORTHWEST TERRITORIES 6<sup>TH</sup> COUNCIL, 42<sup>ND</sup> SESSION TABLED DOCUMENT NO. 5-42 TABLED ON JUNE 8, 1970

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REPORT

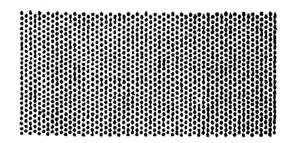
on

# HEALTH CONDITIONS

#### In the

### NORTHWEST TERRITORIES

1969



Northern Health Service Department of National Health and Welfare

1970

#### POPULATION:

The 1969 population of the Territories is estimated as follows:

	INDIANS	ESKIMOS	OTHERS	TOTAL
Number	6,180	11,175	13,928	31,283
Percent	19.7%	35.7%	44.6%	1002

These figures are based on natural increases only and as the 1961 census is the base year, it is likely that the figure for the non native population is much too low. Over the past two years there has been a great influx of non natives into the Territories due to increased mining activity and the transfer of Government activities from the south to Yellowknife. Accurate figures will be available when the 1971 census is completed.

#### VITAL STATISTICS:

#### BIRTHS:

Birth rate per 1,000 population for the various ethnic groups were:

Indians - 40.1 Eskimos - 49.4 Others - 28.0 All Groups - 38.0

All rates are down slightly from 1968 but the overall rate is still over twice the Canadian rate of 18.2.

There is some evidence that there is an increasing interest in family planning in the native population in the Western section of the Territories and information on this subject is freely available to them at all Hospitals, Clinics and Nursing Stations.

#### MALE ... FEMALE BIRTH RATIO:

The ratio of male births per 1,000 female births was: Indians 1032 Eskimos - 1067 Others - 1085 All Groups - 1065

The ratio in Eskimos which has been below 1011 for the past 3 years has now come up to a more normal level.

#### TWIN BIRTHS:

10 twin births were recorded and the distribution was 2 in Indians and 8 in Eskimos.

BIRTH WEIGHTS:

Average weights were:

INDIANS ESKIMOS OTHERS Males Females Males Females Males Females 1969 7.18 lbs. 7.02 lbs. 7.23 lbs. 6.68 lbs. 7.41 lbs. 7.51 lbs. 1968 7.39 1bs. 6.94 lbs. 7.23 lbs. 6.85 lbs. 7.28 lbs. 7.49 1bs.

No significant differences were noted in the birth weights of infants in different areas of the Northwest Territories.

#### PLACE OF BIRTH:

93% of all births occurred in Hospitals or Nursing Stations and even the percentage for Eskimos is quite high at 85.9%.

#### ILLEGITIMATE BIRTHS:

The overall percentage of illegitimate births dropped from 19.4% to 17.7% and while this is twice the national figure, it should be noted that marriages by native custom are not taken into consideration in estimating this rate.

#### STILLBIRTHS:

14 stillbirths were reported, i.e. a rate of 11.7 per 1,000 births. BIRTHS OUTSIDE TERRITORIES:

140 Territorial births (11.72) occurred in Hospitals outside the Territories. This is in part due to our policy that those who are having their first child or those who have had six or more previous births must come to the nearest hospital. Many of the out-of-Territory births occurred at Churchill.

#### DEATHS:

Table I gives details of the various death rates and compares them with the previous two years.

CRUDE DEATH RATE: (Total Deaths per 1,000 Population)

This rate was 6.7 in 1969 and has been fairly constant over the past four years.

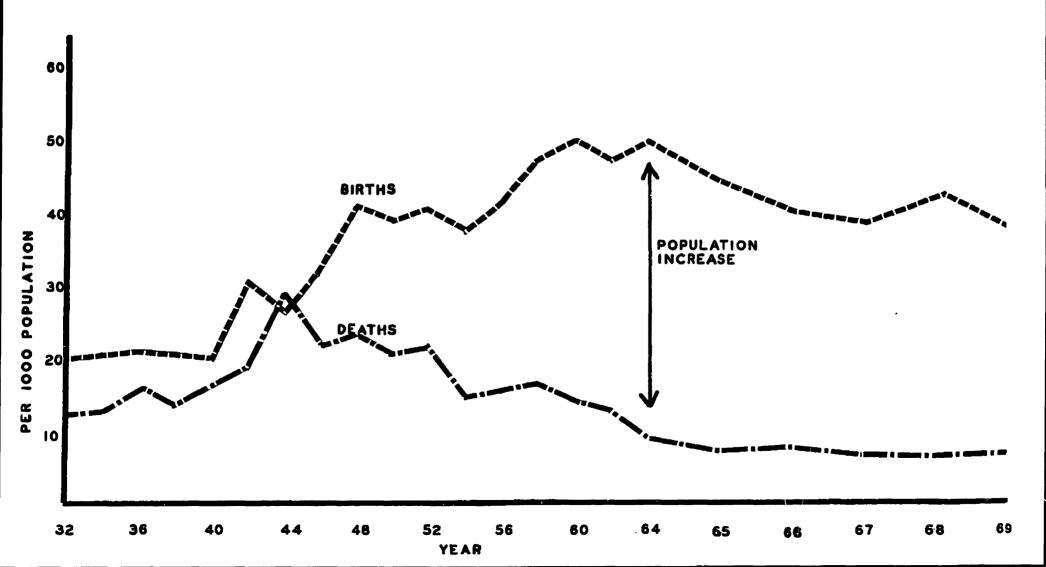
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# VITAL STATISTICS. N.W.T.

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#### TABLE I

#### NORTHWEST TERRITORIES

#### Vital Statistics - 1969 (g)

	INC	ESK	LMOS			OT	HERS			ALL	GROUPS		ALL CANADA			
	1969 Pop 6,180			1969 Pop 11.175				1969 Pop 13,928				59 Pop	31			
	1969 No. Rate	1968 Rate	1967 Rate	1969 No. Rate	1968 Rate	1967 Rate	11	969 Rate	1968 Rate	1967 Rate	19 No.	969 Rate	1968 Rate		1967 Rate	
Livebirths (a)	248 40.1	42.6	42.3	552 49.4	53.3	53.4	390	28.0	32.1	25.5	1190	38.0	41.7	38.6	18.2	
Illegitimate Births (b)	84 33.9	39.6	36.1	80 14.5	13.9	12.3	47	12.0	14.6	12.2	211	17.7	19.4	17.4	8.3	
Stillbirths (c)	1 4.0	11.7	16.4	7 12.6	22.7	23.6	6	15.3	9.1	11.9	14	11.7	15.8	18.6	14.3	
Livebirths born in Hospitals and Nursing Stations (e)	243 98.0	97.6	97.1	474 85.9	80.2	74.4	390	100	100	99.7	1107	<b>9</b> 3.0	90.6	86.9	99.4	
Maternal Deaths (d)				-	-		-	-			-	-				
Perinatal Deaths (f) (0-7 days)	4 20.2	34.8	36.1	17 43.0	51.2	44.5	6	30.3	31.7	26.4	27	34.0	41.2	37.3	24.7	
Neonatal Deaths (c) (0-28 days)	4 16.1	31.4	20.5	17 30.7	40.2	30.9	6	15.4	25.2	17.8	27	22.7	33.2	24.7	15.2	
Infant Deaths (c) (under 1 year)	6 24.2	54 <b>.9</b>	45.1	50 90.5	<b>89.</b> 1	83.8	8	20.5	27.4	29.6	64	53.7	60.9	59.3	22.0	
Total Deaths (a) (Crude Death Rate)	40 6.5	7.7	6 <b>.9</b>	113 10.1	10.6	10.3	58	4.1	3.16	3.9	211	6.7	6.6	6.8	7.4	
Deaths in Hospitals and Nursing Stations (e)	20 50.0	<b>50.</b> 0	50.0	62 54.8	47.4	40.6	33	57.0	60.5	57.7	115	54.5	50.7	47.0	67.1	
Natural Increase (a)	208 33.6	34.9	35.3	439 39.2	42.6	43.1	332	23.8	28.9	21.6	979	31.3	35.0	31.8	10.8	

(a) Rate per 1,000 population. (b) Rate is percentage of total livebirths. (c) Rate per 1,000 livebirths. (d) Rate per 10,000 livebirths.

(e) Rate column shows percentages of livebirths or deaths occurring in Hospitals or Nursing Stations.

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(f) Perinatal Death Rate is Stillbirths (28 weeks +) plus infant deaths under 1 week per 1,000 total births (live and stillbirths). (g) Based on certificates received up to March 31, 1970.

#### TABLE II

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#### NORTHWEST TERRITORIES 1969 (\*)

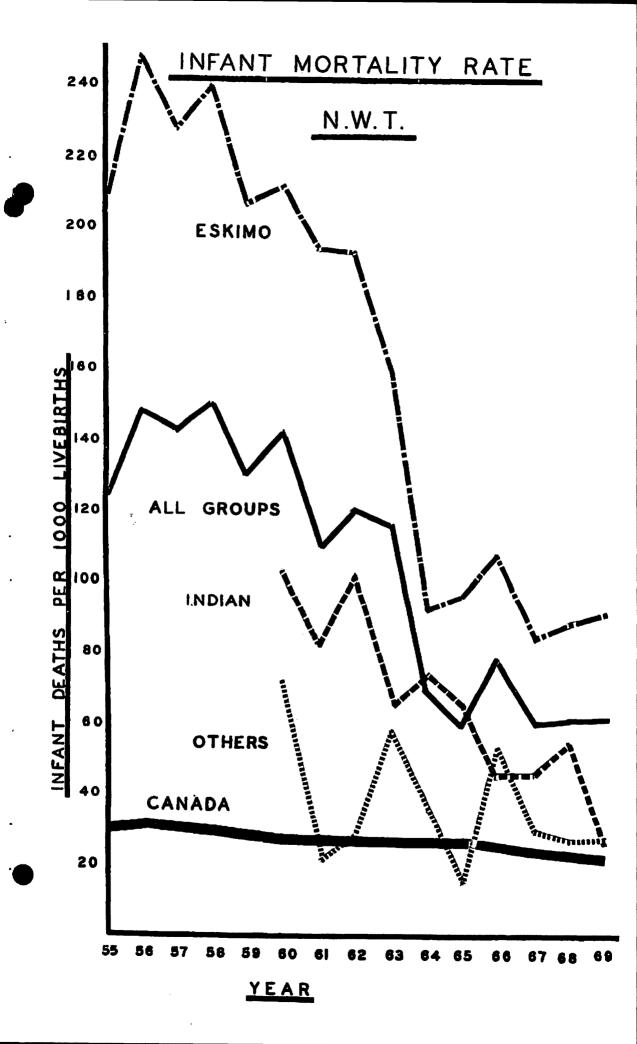
#### Vital Statistics in Zones and Areas

	MacKenzie Area				Inuvik Zone						(eewati	n Area	1	Baffin Zone						
	Ind:	dians Eskimos Ot		Othe	Others		Indians		Eskimos Others		erø	Eskimos		Others		Eskimos		Others		
	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate
Population	4304		2272	†	10195		1886		1772		2580	·	2375		313		4756		850	
Livebirths	184	42.7	115	50.6	263	25.7	64	33.9	74	41.8	93	36.0	131	55.2	10	31.9	232	48.8	24	28.2
Illegitimate Births	52	28.3	10	8.6	32	12.2	32	50.0	27	36.5	13	14.0	7	5.3	-	-	36	15.5	2	8.3
Stillbirths	1	5.4	-	-	6	2.3	-	-	-	-	-	-	2	15.2	-	-	5	21.5	-	-
Livebirths born in Hospital	1.80	97.8	87	75.6	263	100	63	98.4	71	95.9	93	100	123	93.8	10	100	193	83.2	24	100
Maternal Deaths	-	-	-	-	-	_	-	-	-	-	-	-	_	-	-	-	-	-	-	-
Perinatal Deaths (0-7 days)	2	16.2	2	17.4	4	37.1	2	31.0	2	27.0	2	21.5	4	45.1	-	-	9	59.0	-	-
Neonatal Deaths (0-28 days)	2	10.8	2	17.4	4	15.2	2	31.0	2	27.0	2	21.5	4	30.5	-	-	9	38.7	-	-
Infant Deaths (under 1 year)	3	16.3	11	95.6	5	19.0	3	46.8	7	94.5	3	32.3	15	114.5		-	17	73.2	-	-
TOTAL DEATHS (Crude Death Rate)	26	6.0	20	8 <b>.8</b>	49	4.8	14	7.4	18	10.1	9	3.5	28	11.7	-	-	47	9.9	-	-
Deaths in Hospitals and Nursing Stations	16	61.5	8	40.0	23	46.9	4	28.6	7	38.8	5	55.5	20	71.4	-	-	27	57.4	-	-
Natural Increase	168	39.0	95	41.8	224	22.0	50	26.5	56	31.6	84	32.5	103	43.4	10	<b>3</b> 1.9	185	38.8	24	28.2

(\*) Based on certificates received up to March 31, 1970

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The rates for the various ethnic groups were: Indians - 6.5 Eskimos - 10.1 Others - 3.9 All Canada - 7.4 The percentage age distribution of deaths was as follows:

AGE GROUP	IN	DIANS	ESI	KIMOS	ОТ	HERS	ALL (	GROUPS
	No.	Z	No.	%	No.	Z	No.	Z
0 - 7 Days	4	10.0	17	15.0	7	12.0	28	13.2
8 - 2 <b>8</b> Days	-	-	- 1	-	-	-	-	-
29 days - 1 Yr	2	5.0	33	29.2	1	1.7	36	17.1
1 - 4 Years	1	2.5	8	7.1	4	6.8	13	6.2
5 - 9 Years	1	2,5	3	2.6	3	5.2	7	3.3
10 - 14 Years	-	-	4	3.5	-	-	4	1.8
15 - 19 Years	2	5.0	3	2.6	1	1.7	6	2.8
20 - 29 Years	3	7.5	9	7.9	6	10.3	18	8.5
30 - 39 Years	1	2.5	5	4.4	7	12.0	13	6.2
40 - 49 Years	-	-	10	8.8	8	13.7	18	8.5
50 - 59 Years	-	-	9	7.9	9	15.5	18	8.5
60 Years +	26	65.0	12	10.6	12	20.6	50	23.7
TOTAL	40	100.0	113	100.0	58	100.0	211	100.0

30% of the total deaths occurred in children under 1 year while 44% of the Eskimo deaths were in this age group. As noted in previous years the older age structure of the non-native population leads to a much higher percentage of the deaths occurring in the over 40 age groups in "Others". 65% of Indian deaths were in persons over 60 years of age.

PLACE OF DEATH:

54.5% of all deaths occurred in hospitals or Nursing Stations and we are gradually coming up to the national percentage of 67.1%.

#### MATERNAL DEATHS:

No maternal deaths were reported.

PERINATAL DEATHS: (0 - 7 days)

This rate was down in all groups from the 1968 figures. <u>NEONATAL DEATHS</u>: (0 - 28 days)

This rate decreased in all ethnic groups -

	INDIANS	ESKIMOS	OTHERS	ALL GROUPS
1969	16.1	30.7	15.4	22.7
1968	31.4	40.2	25.2	33.2

An interesting point is that all the neonatal deaths occurred in babies under 7 days old and not one death occurred in babies in the 7 - 28 day age group. Most of our neonatal deaths are attributed to prematurity and it is becoming increasingly evident that further detailed investigation as to the causes of prematurity in northern residents must be undertaken.

#### INFANT DEATHS: (0 - 365 days)

The Indian and non-native groups show a reduction from 1968 while the Eskimo rate remained steady at about 90 per 1000 livebirths.

	INDIANS	ESKIMOS	OTHERS	ALL GROUPS
1 <b>96</b> 9	24.2	90.5	20.5	53.7
1968	54 <b>.9</b>	89.1	27.4	60.9

On scanning Table II it will be noted that there are differences in rate in the various Zones but these change from year to year and when you compare the rates over a few years there is no statistical difference.

#### NATURAL INCREASE:

A small reduction has occurred in all groups but the population is still reproducing itself at 2.9 times the national rate. <u>MAJOR CAUSES OF DEATH:</u>

These were as follows:

TABLE III Northwest territories									
Causes of Death by	Ethnic Group and Selected Age Groups J Number of Deaths	1969							

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	GRAJ				IN	DIANS				.				ESP	CIMOS								от	HERS				
CAUSES OF DEATH	Ð	Inf	ants	Pre Sch		hool	Young	Adult	Eld	Tot	Inf	ants	Pre Sch		1001	Young Adult		Eld	0	Inf	ants	Pre Sch		hool	Young Adult	Adult	Eld	I I
	GRAND TOTAL	0-28 davs	29- 365	1-4	5-9	10-14 yrs	15-34 yrs	35-64 yrs		<b>1</b>	0-28 dava	29-	1-4	5-9	10-14 у <b>г</b> в	15-34	35-64 yrs			0-28 days	29-	1-4	5-9	10-14 yrs	15-34 yrs	35-64 утв	65+ 978	
Injuries & Accidents				1	1.00			1.0				1000	<u>p</u>	2.5	920	720	710	7.5		<u> </u>		1.0	110	720	7.5		<u></u>	1-
(BE47-50)	55	-	-	-	- 1	-	5	1	1	7	-	5	-	2	3	11	3	_	24	-	1	1	1	-	9	12	- 1	2
Pneumonia (B31)	37	1	2	-	-	-	-	-	S	8	-	14	4	1	-	-	4	1	24	-	-	1	1	-	-	1	2	
Diseases of Infancy										1 1										ļ							1 '	ł
& Malformations																				ł							1 '	
(B41-44)	29	3	-		-	-	-	_	_	3	16	3	-	- 1	_	-		_	19	7	_	-	_	-	_	_	1 - 1	
Cardiovascular																											1	1
Diseases (B24-29)	29	-	_	- 1	_	_	_		9	9	-	_	_	_	_	2	5	5	12	_	-	-	_	-	_	4	4	
iseases of Nervous									-							_		-								.,	1	1
System (B22-23)	15	_	-	_	_	_	_		3	3	-	5	1	_ ]	_	1	1 1	_	8	_	-	1	1	_	_	1	1	
eoplasms (B18)	15	_	_	_	_	-	-	_	2	2	_		ī	_	-		6	1	8	_	_	ī	-	_	_	2	2	
enility, Unknown &										1 - 1			-					-				•				-	-	
ther Diseases (B45-46)	9	_	_	11	_	_	_	_ ]	1	2	_	3	1	_	_	_		_ 1	4	_		_	_	_	1	1	1	
infective & Parasitic	-			-					-	-		Ĩ	-												-	-	-	-
Diseases (B3-17)	4	-	_	_	1	_	_	_	-	1	_	-	-	_	1	1	1	_		-	_	_	_	_	_	_	!	Ι.
ther Respiratory															•	-			1		_	_		_	_			1 7
Diseases (B30&B32)	7	_	_	_	_	_	~	_	3	3	_	1	-	_	~	-	3	_	,	_	_	_	_	_	_	_		1
astrointestinal	<b>'</b>	_	_			_	-	_		5		-	_	- 1	-	-	J	-	1	-	-	-	_	-	-	-	-	-
Diseases (B33-36)	6	_	-	_	_	_	_	-	_	_	1	2	1	_	_	1	1	_	Å			_	_	_		_	_	1 _
uberculosis, All	Ŭ	-	-		_	-	-	-	-		-	-	-	-	-	-	-	-	۲	_		-	-	-	-	-	-	1
Forms (B1-2)	1	_	_			_		_	_		_			_ 1	_	_	_	1	r			_	_		_ 1	_		_
irrhosis of Liver &	-	-	-		-	-	-	-	_		-		-	-	-	-	-	-	- 1	-	-	-	-	-	-	-	-	
yperplasia of Prostate								ł							1						1	1				[		1
(B37-39)	4	_	_		_	_	_	_	2	2		_	_		_	_	_			_	_		_	-	_	2	_	1 .
omplications of	7	-	-	-	-	-	- ]	-	4	4	-	-	-	-	-	- 1	- !	-	1	-	-	-	-	-	-	2	-	1
Pregnancy (B40)	_[	_			-	_				_			_	_		_	_						-		_		_	i _
Tegnancy (B40)		_		_	_			_	_		_	-	-	_	_	-	_	-		_	_	_	~					-
TOTALS	211	4	2	1	1	-	5	1	26	40	17	33	8	3	4	16	24	8	113	7	1	4	3	-	10	23	10	58

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	No of Deaths	Percentage of Total Deaths
Injuries, Violence and Accidents	55	26.1%
Pneumonia	37	17.5%
Diseases of Infancy, Prematurity & Malformations	29	13.7%
Cardiovascular Diseases	2 <del>9</del>	13.7%
Diseases of Central Nervous System	15	7.12
Neoplasms	15	7.1%
Senility, Unknown & Other Diseases	9	4.2%
Total	189	89.62

Injuries, Accidents and Violence are the main cause of death and further analyses of these figures gives us the following information:

DEATHS FROM ACCIDENTS, INJURIES & VIOLENCE 1969									
	INDIANS	ESKIMOS	OTHERS	TOTAL					
Drownings	4	9	3	16					
Suffocation	-	6	1	7					
Burns	1	-	5	6					
Motor Vehicle Accidents	1	2	2	5					
Aircraft Accidents	-	-	4	4					
Gunshot wounds	-	4	-	4					
Crush Injuries	-	-	4	4					
Suicide	-	1	3	4					
Exposure	1	1	1	3					
Hanging	-	-	1	1					
Homicide	-	1	-	1					
TOTALS	7	24	24	55					

R.C.M.P. reports indicate that out of 44 accidental or violent deaths investigated by them 18 (41%) were judged to be associated with the excessive use of alcohol.

Cancer caused 15 deaths in the Territories during the year and the ethnic distribution was as follows:

	NEOPLASMS (CANCERS) - 1969										
Site of Disease	INDIANS	ESKIMOS	OTHERS	TOTAL							
Lunga	1	1	2	4							
Kidney	1	1	1	3							
G.I. Tract	-	2 (Nasopha	1 Tynx)	3							
Liver	-	2	-	2							
Cervix	-	1	-	1							
Neuroblastoma	-	1	-	1							
Generalized	-	-	1	1							
Totals	2		5	15							

This gives a rate of 48 per 100,000 population which is low compared to the national figure.

#### HOSPITALIZATION:

No data are as yet available on Hospitalization for the year 1968 as in spite of repeated requests we have not been able to obtain the computerized data from the Research & Statistics Branch in time for this report.

#### NOTIFIABLE DISEASES:

Major notifications were as follows:

Tufluenza	1154
Rubella	178
Dysentery (unspecified)	95
Streptococcal Throat & Scarle Fever	t 58
Chicken pox	47
Measles	44
Bacillary Dysentery	27
Infectious Hepatitis	26
Meningococcal Infections	13
Meningitie (unspecified)	20
Botulism	10

All cases of Botulism occurred at Cape Dorset and 3 deaths resulted from this outbreak. A new experimental vaccine has been developed against this disease by the Communicable Disease Centre in the United States and the possibility of its use in the Arctic is being investigated. Meanwhile all hospital and nursing station centres in the Territories have been supplied with sufficient stocks of antitoxin to treat 5 cases.

Meningitis is still a matter of grave concern and we are investigating the possible use of a vaccine against this disease. An experimental vaccine has been developed and we had hoped to have a trial of this vaccine in 1969 in Baffin Island. However, the trial has had to be postponed.

#### TUBERCULOSIS:

One hundred and thirty four new active cases of Tuberculosis were discovered during the year, a reduction of 23% on the previous year's figures.

	<u>u</u>	NDIAN	S	E	SKIMOS	,	(	OTHERS		ALL GROUPS		
Year	1969	1968	1967	1969	1968	1967	1969	1968	1967	1969	1968	1967
Population	6180	5972	5763	11175	10736	10278	13928	13596		31283		29243
New active	17	35	28	103	119	114	14	18	17			159
Incidence	0.27	0.58	0.48	0.92	1.1	1.1	0.1	0.13	0.13	0.42	2 0.56	0.54
Reactivated	8	9	7	29	22	25	2	3	1	39	34	33
Recent converters					1					62	100	
Home therapy	!			]	!					271	167	82
Chemoprophylaxis					1 '					300	262	116
Tuberculin tests	!				1 '					11078	9222	13364
B.C.G.					1 '				!!	2429		3904
No of x-ray survey Films										28747		
No of referred Films										10244	8182	
No of Bact. tests										12327	4503	

#### TABLE IV

## DISTRIBUTION OF NEW AND REACTIVITATED TUBERCULOSIS CASES - 1969

	INDIANS		ESKIMOS		OTHERS		TOTAL'69		TOTAL'68	
HEALTH DISTRICT	1000	RE-	NT77 1	RE-		RE-	*****	RE-	377777	RE-
	<u>NEW</u>	ACT	NEW	ACT	NEW	ACT	NEW	ACT_	NEW	ACT
			3				3			1
			2	3	1		3	3	10	3
W 4 - Ft. McPherson					<u> </u>			┨────	2	
W 5 - Ft. Good Hope	2					<u> </u>	_ 2		5	1
<u>W6 - Ft. Norman-Franklir</u> TOTAL -	1						1		2	2
INUVIK ZONE	3		5	3	1		9	3	19	7
W1 - Cambridge Bay			8				8		9	1
<u>W2 - Coppermine</u>			3	1			3	1	7	2
E 4 - Spence Bay			3				3		5	
W 7 - Port Radium										
W8 - Ft. Simpson-Liard					2		2		3	1
W 10 - Ft. Resolution	1	3					1	3	4	1
W 11 - Ft. Rae	4	3					4	3	8	2
W 12 - Snowdrift-Reliance	2						2		3	
W 14 - Ft. Smith	3				2	1	5	1	5	1
W 92 - Hay River	<u> </u>				3	1	3	1	6	1
W 93 - Ft. Providence	1	2					1	2	3	
<u>W 132 - Yellowknife</u>	3				5		8		9	3
Resolute Bay							0			1
TOTAL -									0	
MACKENZIE AREA	14	8	14	1	12	2	40	11	68	13
El - Eskimo Point			3				3		5	1
- Whale Cove									2	
<u>E 2 - Baker Lake</u>			8	4			8	4	9	
E 3 - Rankin Inlet			1	1			_ 1	1	2	
- Chesterfield In.			1				1		2	
- Coral Harbour			1				1		_ 1	
- Repulse Bay			3				3		3	
- Fort Churchill										
TOTAL — KEEWATIN AREA			17	5			17	5	24	1
E 5 - Arctic Bay			_6	1			6		5	
- Cape Christian				1				1	4	1
- Grise Fiord			1				1		1	
– Igloolík			5				5	<b> </b>	1	<b></b>
- Ball Beach	<b>}</b>		_3	2			3	2	13	<u> </u>
- Pond Inlet	<b> </b>		3	1			3	1	4	
E 6 – Pangnirtung	<b> </b>	<b> </b>	11	-			11		2	1
- Broughton Island	<b> </b>	<b> </b>	3	ļ		ļ	3	<b> </b>	6	
E 7 - Cape Dorset	<u> </u>	+	15	3			15	3	8	5
- Frobisher Bay	ļ	<u> </u>	19	11	1		20	11	13	5
- Lake Harbour			1	1			1	1		
E 9 - Belcher Island	<u> </u>	<u> </u>				L			4	1
TOTAL - EASTERN ARCTIC			67	20	1		68	20	61	13
GRAND TOTAL	17	8	103	29	14	2	134	39	172	34



•

	Direct Smear Positive		Cult Post	ture Ltive		opsy Ltive	Non Bacillary		
	New	React.	New	React.	New	React.	New	React.	
Indians	3	2	10	5	1	-	3	1	
Eskimos	12	13	61	9	3	-	29	5	
Others	2	-	7	2	2	-	3	-	
TOTALS	17	15	78	16	6	-	35	6	
% of Total	9.87	8.7%	45.12	9.2%	3.52	-	20.22	3.5 <b>z</b>	

The bacteriological status of newly discovered cases was as follows:

This means that 72.8% of all cases discovered were infective at the time of discovery and that over one quarter of these were highly infective. The fact that there is this high infectivity even in cases in the early stages of the disease partly explains the difficulties which have to be overcome in the effective control of this disease. However, we are confident that within a few years we will have reduced the incidence to a marked degree as the expansion of our outpatient therapy and chemoprophylaxis on the hidden reservoir of cases will reduce new infections and relapses and so reduce the reservoir of bacilli.

The distribution of new and reactivated cases among the various ethnic groups and in geographic areas is shown in Table IV.

The classification of the new and reactivated pulmonary cases was as follows:

	Pleurisy	Primary	<u>Minimal</u>	Mod. Advanced	Far Advanced	<u>Total</u>
New Cases	3	33	57	31	1	125
% of Total	2.4	26	45.6	24.8	-	100
Reactivated Case	es –	-	4	33	-	37
% of Total	-	-	10.8	89.1	-	100

Over 75% of newly discovered cases were in the very early stages of the disease and this means that our case finding procedures are working well. 33% of cases were discovered at community surveys, 38.7% by referred films and 28.3% by bacteriological tests. All procedures are proving their value in the control of this disease. VENEREAL DISEASE:

#### GONORRHEA:

Table V gives the incidence of this disease in the Northwest Territories during 1969. It will be noted that there was an overall reduction of 8.7% on the figures from 1968. The greatest reduction occurred in Inuvik Zone (31%) and the incidence also decreased in MacKenzie Area (9.8%) and Baffin Zone (8.4%) but there was a marked increase in incidence in Keewatin Area (16%) which was mainly due to an outbreak which occurred at Chesterfield Inlet.

> The disease incidence among the various groups was as follows: Indians - 2226 per 100,000 population Eskimos - 1574 " " " Others - 1572 " " "

All Groups - 1697 per 100,000 population

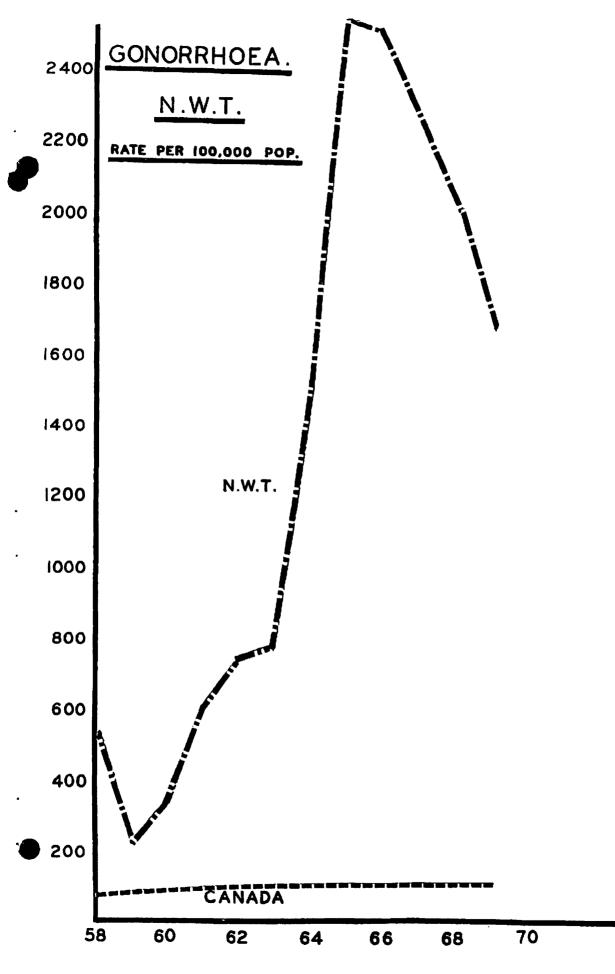
The sex-age distribution of confirmed cases in the three ethnic groups was as follows:

  	10-14	<u>15–19</u> 22 16.1	20-24 43	25-39 54	40-59 13	60+ 2	<u>N.S.</u> 2
	-			54	13	2	2
-	-			54	13	2	2
	-	16.1					
		7.4	31.6	39.7	9.5	1.4	1.4
2	1	43	65	48	12	-	5
1.1	0.6	24.4	36.9	27.3	6.8	-	2.8
-	-	22	86	93	12	2	4
-	-	10.0	39.2	42.5	5.4	0.9	1.8
2	1	87	194	195	37	4	11
0.4	0.2	16.3	36.5	36.7	6.9	0,8	2.1
	2 2	2 2 1	- - 22   - - 10.0   2 2 1 87	- - 22 86   - - 10.0 39.2   2 2 1 87 194	5 - - 22 86 93   - - 10.0 39.2 42.5   2 2 1 87 194 195	- - 22 86 93 12   - - 10.0 39.2 42.5 5.4   2 2 1 87 194 195 37	- - 22 86 93 12 2   - - 10.0 39.2 42.5 5.4 0.9   2 2 1 87 194 195 37 4

	TOTAL CADES OF			UNIE						- 1909	
ZONE		IN	DIAN	LAN ESKIMO (inc. by TOTA				TOTAL	TOTAL		
NO	AREA					ME	ris)	S	EX	1969	1968
NO.	NAME	M	F	M 18	F 7	<u>M</u>	F	<u>M</u> 19	F 7	26	27
W31	Tuktoyaktuk			10	(18)	1		19	(18)	(18)	27 (11)
<u>W32</u>	Inuvik - Aklavik	17	22 (18)	27	26 (15)	50	12 (5)	94	60 (38)	154 (38)	194 (20)
W 4	McPherson	16	12 (4)			1	1	17	13 (4)	30 (4)	45 (10)
W 5	Fort Good Hope										26
<u></u>	Fort Norman -	6	(1)				2	6	(1) 8	<u>(1)</u> 14	(8)
<u>W 6</u>	Franklin		(2)				6		(2)	(2)	(10)
TOTAL	- INUVIK ZONE	39	40 (25)	45	33 (33)	52	15 (5)	136	88 (63)	224 (63)	323 (59)
W 1	Cambridge Bay					1		1		1	2 (1)
<u>w 2</u>	Coppermine			1	(1)			1	(1)	1 (1)	2 (3)
<u>E 4</u>	Spence Bay										
<u>w 7</u>	Port Radium										
<u>W 8</u>	Fort Simpson - Liard	7	2 (12)			7	(2)	14	2 (14)	16 (14)	8 (5)
<u>W10</u>	Fort Resolution		(1)			1	1 (1)	1	1 (2)	2 (2)	1
<u>W11</u>	Fort Rae	2	(1)					2	(1)	2 (1)	16 (4)
W12	Snowdrift - Reliance										
W14	Fort Smith		2 (2)			16	2 (10)	16	4 (12)	20 (12)	14 (11)
W92	Hay River	7	(3)			40	(7)	47	(10)	47 (10)	38 (10)
<u>w93</u>	Fort Providence	3	(1)				1	3	1 (1)	4 (1)	13 (3)
W1 32	Yellowknife	28	6 (15)		(2)	54	5 (12)	82	11 (29)	93 (29)	111 (39)
TOTAL -	- MACKENZIE AREA	47	10 (35)	1	(3)	119	9 (32)	167	19 (70)	186 (70)	206 (76)
E 1	Eskimo Point			9	6 (1)			9	6 (1)	15 (1)	1
E 2	Baker Lake				/				//		
E31	Chesterfield Inlet			22	17		1	22	18	40	3 (1)
E32	Coral Harbour				1				1	1	
TOTAL	- KEEWATIN AREA	-	_	31	24		1	31	25	56	4
					(1)		•		(1)	(1)	(1)
E 5	Pond Inlet - Resolute			1				1		1	(1)
<u>E 6</u>	Pangnirtung				(2)	1		1	(2)	1 (2)	5
E71	Frobisher Bay			21	20 (22)	22	(3)	43	20 (25)	63 (25)	72 (23)
E72	Lake Barbour										
<u>E73</u>	Cape Dorset										(3)
TOTAL	- BAFFIN ZONE			22	20 (24)	23	(3)	45	20 (27)	65 (27)	77 (27)
TOTAL	- N.W.T.	86	50 (60)	<b>9</b> 9	77 (61)	194	25 (40)	379	152 (161)	531 (161)	610 (163)
					<b> </b>			L			

# TOTAL CASES OF GONORRHEA REPORTED IN NORTHWEST TERRITORIES - 1969

(Parenthesis - Unconfirmed cases)





The only significant difference in age-group incidence is that there is a greater percentage of cases occurring in the under 20 year group in the native population.

A total of 785 contacts were named by the patients with confirmed disease and 707 of these were located and examined. The remaining 78 named contacts could not be located.

The interim treatment project initiated at Inuwik in 1968 has been continued during 1969, and while we have had problems encouraging the participants to attend regularly, there is no doubt that this project contributed to the reduced incidence in this town. SYPHILIS:

Six cases of Syphilis were reported, four of which were in the infective stage when discovered. Four of the cases were Indians while two were non-native. No cases were reported in Eskimos. All cases occurred in the MacKenzie Area (5) and Baffin Zone (1). The incidence of this disease has not changed since 1968. MEDICAL OFFICER COVERAGE:

As in the previous few years our recruitment of Medical Officers was very good and adequate coverage was maintained at all Government clinics. A certified surgeon has been stationed at Inuvik since July and this reduces the number of evacuations required for emergency and many elective surgical procedures. Our high level of recruitment allowed us to lend two Government doctors to support private practice in Yellowknife during the summer months. All indications are that we will be able to maintain this high level of coverage in 1970-71.

#### UNIVERSITY INVOLVEMENT:

McGill University and the Universities of Alberta, Mapitoba and Western Ontario provided excellent assistance and support to our programs as follows:

<u>MCGILL UNIVERSITY</u> - Two experienced doctors who were recruited and employed on contract by the University have been stationed at Frobisher Bay since mid 1969; and two residents rotating on a monthly basis from Montreal General and Montreal Children's Hospitals have been stationed at this clinic.

Visiting Specialists have also been supplied at an increasing frequency.

Arrangements have been made for McGill University to provide a third general duty doctor in 1970.

UNIVERSITY OF ALBERTA - Increased specialists' visits to Inuvik and MacKenzie Zones have been arranged by the University, which also arranged for a rotating resident to be posted to Inuvik Clinic. UNIVERSITY OF WESTERN ONTARIO - I wish to make special mention of the contribution made by Dr. Charles Thompson, Ophthalmologist, and Dr. Spoerel, Anaesthetist, from this University, who for the past few years have always willingly responded to our requests for specialist coverage for Baffin Zone. This University is very interested in assisting us in the provision of dental coverage to Baffin Island and plans to send some of their dental teaching staff and final year students to Panguirtung in 1970 to assess how best they could assist us in improving the dental health of the native population. UNIVERSITY OF MANITOBA - This University plans to co-ordinate our Specialist visits for the Keewatin Area of the Territories and in 1970 will provide some touring Medical Officer coverage from Churchill. They plan to operate a clinic of three to four doctors at Fort Churchill and this should provide good patient care for our residents who are evacuated to this centre for care and hospitalization.

#### DENTAL OFFICER COVERAGE:

Our dental coverage was not adequate during 1969 as we were short 3 dentists for most of the year. Prospects look brighter for 1970-71 and we hope to be able to fill most of our posts before the Fall of 1970. A second dental practitioner is joining the private practice clinic at Yellowknife and this will provide more adequate coverage for the capital city.

#### NURSING COVERAGE:

Our Hospital nursing staff were kept up to strength all year but we had a few scarce periods as regards outstation nursing staff. However, we were able to keep all stations covered and we are now placing three nurses at many of our larger stations to provide more adequate coverage and also to provide relief staff at other stations when sudden staff shortages occur.

#### TRAINING COURSES:

A course for native Community Aides took place at Inuvik in early 1969, and an orientation program for Community Health Workers began in October in preparation for the course which is to be held at Churchill from January to March 1970. We co-operated with the Education Department of the Territorial Government in setting up a School for Registered Nursing Assistants in October, and the pupils will receive their five months' practical training at hospitals in the MacKenzie Region.

#### MENTAL HEALTH:

A study of mental health services in the Yukon and the Northwest Territories was carried out during the year by three independent Psychiatrists from southern Universities - Drs. J.D. Atcheson, D.D. Rodgers and C. Hellon. They have submitted a detailed report which provides guidelines along which the mental health services in the Northwest Territories should be developed. A copy of this report has been forwarded to the Commissioner. NORTHERN MEDICAL RESEARCH;

Dr. O. Schaefer continues his studies on diabetes, nutrition and cardiovascular disease among the native population groups in the north. He has also participated with Dr. J. Hildes in the I.B.P. program at Igloolik and has presented four papers at International Conferences at Prague and Zurich. He has also acted as consultant internist during his numerous tours of the north. Dr. R.D.P. Eaton, parasitologist, joined the staff of the Northern Research Unit during the year and he is concentrating on the epidemiology of amoebic dysentery among the Indian population and the incidence of parasitic diseases in native populations.

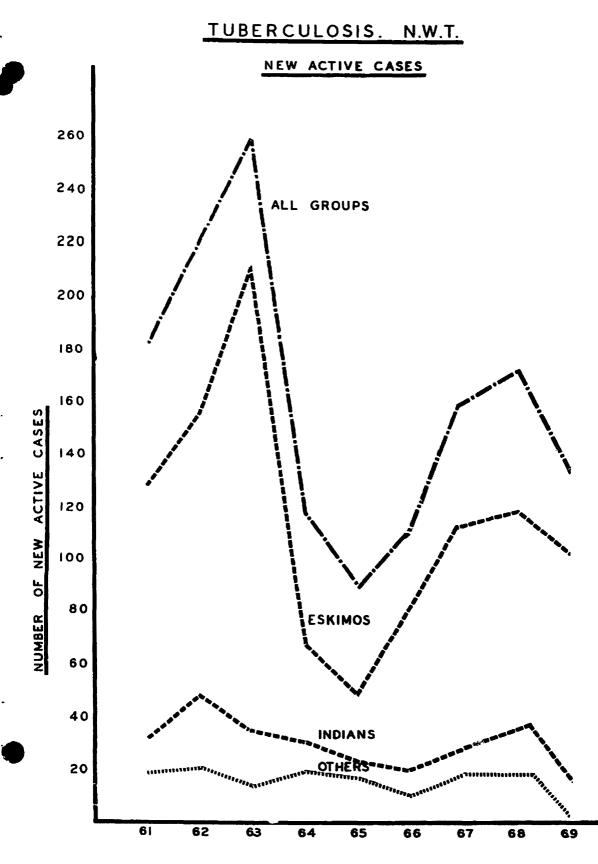
#### ENVIRONMENTAL HEALTH:

The increased national interest in pollution has stressed the importance of this aspect of our work. Environmental Health Control ficult task in the Arctic due to the severe climate, the prec permafrost and the fact that most communities are very small and the cost of providing piped water and sewage systems high. However, many of our problems have arisen because of poor community planning in past years, and even at the present time insufficient thought and foresight is going into the planning of new communities. In the near future we must consider the provision of piped water and sewage systems for all permanent communities in the Northwest Territories, and if this is kept in mind when planning these settlements, the operation and maintenance of piped systems is less expensive than the cost of labour and vehicles required in trucking water and sewage around settlements which are spread over large areas of tundra. The capital costs may appear high but when offset against lower maintenance costs and a more effective system it compares favourably with existing methods. However, it can only be an economic proposition in communities which have been planned with this in mind - hence the importance of careful community planning.

#### NEW FACILITIES:

The new permanent nursing stations at Rankin Inlet and Gjoa Haven were completed during 1969 and are now in full operation. A trailer nursing station was set up in Port Burwell and two trailers were sent into Resolute Bay to convert the Health Station to a Nursing Station. Eskimo Point Nursing Station was extended to provide more adequate space for Clinics and to provide accommodation for a third nurse. A trailer clinic unit was placed at Arctic Bay and a trailer residence unit at Clyde River to provide more adequate space for our activities.

Building plans for 1970 include new nursing stations for Clyde River, Broughton Island, Fort Providence, Fort Resolution and Fort McPherson. Two extra trailers will be sent to Repulse Bay to complete a trailer nursing station and the trailer station at Rankin Inlet will be transferred to Whale Cove. A Health Station will be positioned at Grise Fiord to provide space for our Community Aide there, and Coral Harbour Nursing Station will be expanded.



# YEAR