

LEGISLATIVE ASSEMBLY OF THE
NORTHWEST TERRITORIES
8TH ASSEMBLY, 59TH SESSION

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ANNUAL REPORT

TERRITORIAL HOSPITAL INSURANCE SERVICES BOARD



FOR THE
YEAR ENDED
DECEMBER 31, 1975

ANNUAL REPORT

TERRITORIAL HOSPITAL INSURANCE SERVICES BOARD

1975

ANNUAL REPORT
OF
TERRITORIAL HOSPITAL INSURANCE SERVICES BOARD
FOR THE YEAR ENDED DECFMBER31, 1975

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COMMISSIONER,
GOVERNMENT OF THE NORTHWEST TERRITORIES

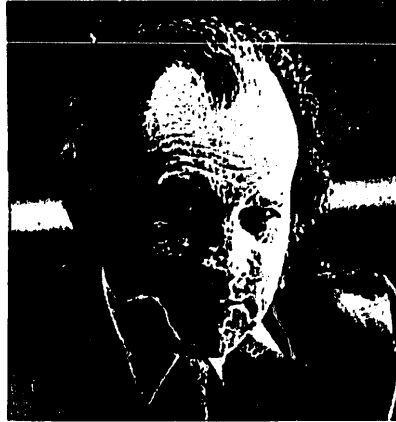
I have the honour to submit the Annual Report of
the Territorial Hospital Insurance Services for the year
1975.

Respectfully submitted,



~~K.J.~~ Torrance,
Chairman.

TERRITORIAL HOSPITAL INSURANCE SERVICES BOARD



Mr. K.J. Torrance
Chairman



Doctor W.H. Frost



Reverend K.A. Gaetz

STAFF



Mr. R.E. McDermitt
Chief, Health Care Plan



Ms. Betty L. Humm
Supervisor, Health Care Plan

ANNUAL REPORT
TERRITORIAL HOSPITAL INSURANCE SERVICES BOARD
FOR THE YEAR ENDED DECEMBER 31, 1975

INTRODUCTION

Under the Territorial Hospital Insurance Plan, a person who was legally entitled to remain in Canada, and who made his home and was ordinarily present in the Territories, was entitled after three months residence in the Territories to insured services at any approved hospital or nursing station of his choice, including a hospital outside the Territories.

A resident of the Territories who moved to another province was covered under the Plan during time of travel and for the period it took to become eligible for insured services in the new province.

Certain residents who had other entitlement to the same type of services as provided under the hospital insurance program, were not covered by the Territorial program. They included members of the armed forces and of the Royal Canadian Mounted Police. In addition, where residents were entitled to services under statutes such as Workers' Compensation, their entitlement under such laws excluded them from entitlement to the same service under the hospital insurance program.

BENEFITS

A resident who required care as an in-patient, was entitled to receive for \$1.50 per day, the following services in a hospital approved by the Plan:

- a) accommodation and meals at the standard or public ward level;
- b) necessary nursing services;
- c) laboratory, radiological and other procedures together with the necessary interpretations for the purpose of assisting in the treatment of any injury, illness or disability;
- d) drugs, biologicals and related preparations when administered in the hospitals;

- e) use of operating room, case room and anaesthetic facilities including necessary equipment and supplies;
- f) routine surgical supplies;
- g) use of radiotherapy facilities, where available;
- h) use of physiotherapy facilities, where available.

An insured person was entitled, without charge, to necessary out-patient treatment in a hospital including X-ray, laboratory, and other diagnostic services.

EXCLUSIONS

Admission for dental care was not paid for unless there was a condition certified by a medical practitioner stating that hospitalization was necessary. Accounts for the services of a private nurse requested for the convenience of the patient were not acceptable. Private or semi-private accommodation when requested by the patient was not included as a benefit. Excluded also were drugs, biologicals and related preparations, which were intended for use after discharge from the hospital. The cost of ambulance service was excluded, as were the fees for doctors except those engaged by a hospital.

Method of Payment to Hospitals

For payment purposes, listed hospitals are grouped into four categories: -

1. Approved Hospitals
2. Contract Hospitals
3. Federal Hospitals
4. Hospitals Outside the Territories

A list of the hospitals in the Northwest Territories, giving the rated bed capacity, may be seen in Table 1.

Approved Hospitals

An approved hospital, known commonly as a "Budget Review" hospital, is paid its approved budget, including the cost of new equipment. The Stanton Yellowknife Hospital in Yellowknife, the H.H. Williams Memorial Hospital in Hay River and St. Ann's Hospital in Fort Smith are the only

Budget Review Hospitals. The hospitals submit to the Board, in advance of the calendar year, their annual budgets for the ensuing year. The approved budget for total operating costs is paid to the hospitals in (12) twelve monthly instalments.

Contract Hospitals

Contract hospitals are those hospitals or other facilities in the Territories with which the T.H.I.S. Board has contracted for the provision of insured services to insured persons.

In 1975 the only contract hospital was:

Chesterfield Inlet Ste.-Therese de l'Enfant Jesus Hospital

In addition, the Red Cross Blood Depot in Edmonton, Alberta, served as a contract facility for the supply of blood and blood products. The payment for this service in 1975 was \$2,199.02.

Federal Hospitals and Nursing Homes

Federal Hospitals are hospitals in the Territories owned or operated by the Government of Canada. Payments were made by the Board at agreed per diem rates. During 1975, this arrangement applied to the following hospitals and other facilities operated by Medical Services, Health and Welfare Canada:

FEDERAL HOSPITALS AND
NURSING STATIONS

Frobisher Bay	Frobisher Bay General
Inuvik	Inuvik General
Fort Simpson	Fort Simpson General
Rae-Edzo	Edzo Cottage Hospital
Aklavik	Aklavik N/S
Arctic Bay	Arctic Bay N/S
Baker Lake	Baker Lake N/S
Belcher Islands	Belcher Islands N/S
(Sanikiluaq)	
Broughton Island	Broughton Island N/S
Cambridge Bay	Cambridge Bay N/S
Cape Dorset	Cape Dorset N/S
Clyde River	Clyde River N/S
Coppermine	Coppermine N/S
Coral Harbour	Coral Harbour N/S
Eskimo Point	Eskimo Point N/S
Fort Franklin	Fort Franklin N/S
Fort Good Hope	Fort Good Hope N/S
Fort Liard	Fort Liard N/S
Fort McPherson	Fort McPherson N/S
Fort Norman	Fort Norman N/S
Fort Providence	Fort Providence N/S
Fort Resolution	Fort Resolution N/S
Fort Wrigley	Fort Wrigley N/S
Gjoa Haven	Gjoa Haven N/S
Grise Fiord	Grise Fiord N/S
Hall Beach	Hall Beach (foxe) N/S
Holman Island	Holman Island N/S
Igloolik	Igloolik N/S
Lake Harbour	Lake Harbour N/S
Norman Wells	Norman Wells N/S
Pangnirtung	Pangnirtung N/S
Pelly Bay	Pelly Bay N/S
Pond Inlet	Pond Inlet N/S
Port Burwell	Port Burwell N/S
Rankin Inlet	Rankin Inlet N/S
Repulse Bay	Repulse Bay N/S
Resolute Bay	Resolute Bay N/S
Sachs Harbour	Sachs Harbour N/S
Snowdrift	Snowdrift N/S
Spence Bay	Spence Bay N/S
Tuktoyaktuk	Tuktoyaktuk N/S
Whale Cove	Whale Cove N/S

Hospitals Outside the Territories

When treatment was obtained in a hospital in another province or territory, payment was made by the T.H.I.S. Plan at the rate established for the hospital by the province or territory, less the co-insurance charge of \$1.50 per day. The rate payable outside Canada was determined by the Board, but could not exceed the maximum rate payable to an approved hospital in the Territories less the co-insurance charge.

During 1975, most hospital care outside the Territories to beneficiaries of the Plan was given in Alberta, Manitoba and Quebec.

Utilization of Hospitals

The total number of approved inpatient days for 1975 was 88,784. The comparative figures for 1974 and 1975 are shown in tables 2 and 2A.

Payment to Hospitals

Payment made by the T.H.I.S. Plan to hospitals for insured services was as follows: The Approved Hospitals received \$3,418,679; the Contract Hospitals received \$3,007; the Federal Hospitals received \$1,195,901 and the Hospitals outside the Northwest Territories received \$3,373,323. Comparative information may be found in Table 3.

Cost of Insured Services

The cost of insured services to the Hospital Insurance Plan was \$7,990,910. The average cost to the Plan per patient day of insured services was \$86.68 for adults and children and \$11.80 for newborn. Using the population figure of 37,200 for the Northwest Territories, as supplied by Statistics Canadian, 1975, the average cost of insured services per capita was \$214.81 for the year. Comparative information is given in Table 4.

SPECIAL STUDIES

During 1975 the Mackenzie River Area Health Services Study was tabled in the Council. This study was undertaken to review the present programs, services and facilities in the Mackenzie River Area.

The recommendations will serve as valuable aids in the future planning of health services in that area.

As a result of the study the following action has already been initiated:

1. Hay River Health Centre

During 1975 construction commenced on an expanded hospital and/or health centre for Hay River. It is expected the construction will be completed by the fall of 1976.

The new expanded facilities will include:

- expanded out-patient and emergency services;
- facilities for an active community home care service operating as an outreach program for the hospital;
- space for the Public Health Offices; Medical Services, Health and Welfare Canada;
- space for the Area Social Development Offices;
- forty (40) active adult and children inpatient beds;
- ten (10) extended care or chronic care beds.

It is to be noted that the existing hospital will be renovated to provide the required office space, with the new construction providing the in-patient space.

2. Fort Smith Health Centre

The functional program for the new Fort Smith Health Centre was completed in November, 1975 and an Architect was appointed in December. Detailed planning is expected to commence early in 1976 with construction scheduled for 1977.

The completely new facility will consist of the following:

- physician office space
- an ambulatory care service for out-patients and emergencies
- space for the Public Health Offices, Medical Services, Health and Welfare Canada
- space for the Area Social Development Offices
- space for special clinics
- space for a community home care program
- fifteen (15) active adult and children in-patient beds
- ten (10) extended care or chronic care beds

3. Yellowknife Regional Health Centre

A meeting was held during the fall of 1975 with the Executive Committee, Stanton Yellowknife Hospital, to initiate planning in relation to an expansion program to enable the hospital to provide additional local and regional services.

Program planning will continue early in 1976 with the possible initiation of construction planning in the fall. It is expected that the actual construction will commence in 1977.

CONSULTANTS



**Miss Janet Lindquist
Programs Officer and
Nursing Consultant**



**Mrs. Jill Christensen
Consultant in Nutrition & Dietetics**



**Barbara Towle
Consultant in Physiotherapy**



**Judy Stauffer
Speech Consultant**

CONSULTING SERVICES

Section 13 of the Territorial Hospital Insurance Services Regulations state:

"There shall be an advisory agency, to be called the Hospital Services Planning Division, that shall provide consultant services on all of the matters referred to in sub-sections (e), (f), (g) and (h) of Section 8 of the Ordinance, and that shall have the duty and power to inspect hospitals and to make recommendations to the Commissioner".

Section 8 of the Ordinance states:

"Subject to this Ordinance and the regulations, the Board has power:

- e) to license, supervise and inspect hospitals in the Territories and ensure that adequate standards are maintained therein;
- f) to authorize the establishment of hospitals in the Territories or any change in such hospitals, and develop and maintain a co-ordinated system of hospitals, training schools and related health facilities throughout the Territories;
- g) to conduct surveys and research programmes and obtain statistics for such purposes;
- h) to appoint inspectors to inspect hospitals in the Territories to ensure that adequate standards are maintained therein;"

Both the regulations and the Ordinance provide for the provision of Consulting Services.

1. In the past special studies and reviews were conducted on an individual contract basis.
2. In the fall of 1974 an individual with extensive experience in the Health Care Field was appointed as Chief of the Health Care Plan.
3. During 1975 the following progress was made:
 - a) A "Programs Officer and Nursing Consultant" was appointed on a full time basis.

- b) An arrangement was made with the Stanton Yellowknife Hospital to share the services of a "Consultant in Nutrition and Dietetics".
- c) An arrangement was made to obtain the services of a "Speech and Hearing Consultant" on a very limited basis.
- d) In the future it is planned to provide additional consulting services in such areas as Physiotherapy, Laboratory, Radiology, etc.

A brief review of the services provided by the Consultants is outlined below:

PROGRAMS OFFICER AND NURSING CONSULTANT

- 1. Participated in the planning for the Hay River and Fort Smith Health Centres.
- 2. Initiated a study of handicapped persons within the Northwest Territories.
- 3. Initiated a study in relation to technical educational programs for health and social service personnel.

CONSULTANT IN NUTRITION AND DIETETICS

- 1. The services of the Consultant are shared with the Stanton Yellowknife Hospital where the Consultant is head of the Food Service Department.
- 2. During 1975 a new Outpatient Diet Counselling Service was initiated. From August to December 1975 a total of 161 sessions were conducted with 40 individuals. Weekly reports were submitted to each doctor concerned.

The types of diet instruction included; - reducing
 - diabetic
 - ulcer
 - low residue
 - type IV
 - hyperlipoproteinemia

This outpatient service has been very well received by the patients and physicians. It is felt that the new service is in keeping with the "New Perspective for Health".

- 3. The Consultant also participated in the planning for the new food service department for the Hay River Health Centre.

SPEECH CONSULTANT

On a very limited basis arrangements were made to provide the services of a Speech Consultant for the inservice training of education, social and health personnel. In addition a small number of assessments were carried out with recommendations for treatment to the attending physician.

It is anticipated that this service will have to be expanded. However, any decision in this regard will depend on the results of the review of handicapped persons, being carried out under the direction of the Programs Officer and Nursing Consultant.

CONSULTANT IN PHYSIOTHERAPY

Arrangements were completed just prior to the close of 1975 with the Stanton Yellowknife Hospital for the use of their Physiotherapist as a Consultant in Physiotherapy. This valuable additional consulting service will be made available to Budget Review Hospitals early in 1976.

The Consultant in Physiotherapy will participate in inservice training programs for Nursing Personnel on the Budget Review Hospitals. The Consultant will also assist in the planning of Activity Areas in new facilities.

APPENDIX "A"
LOCATION OF FACILITIES
NORTHWEST TERRITORIES

HOSPITAL (H)
NURSING STATION (N)

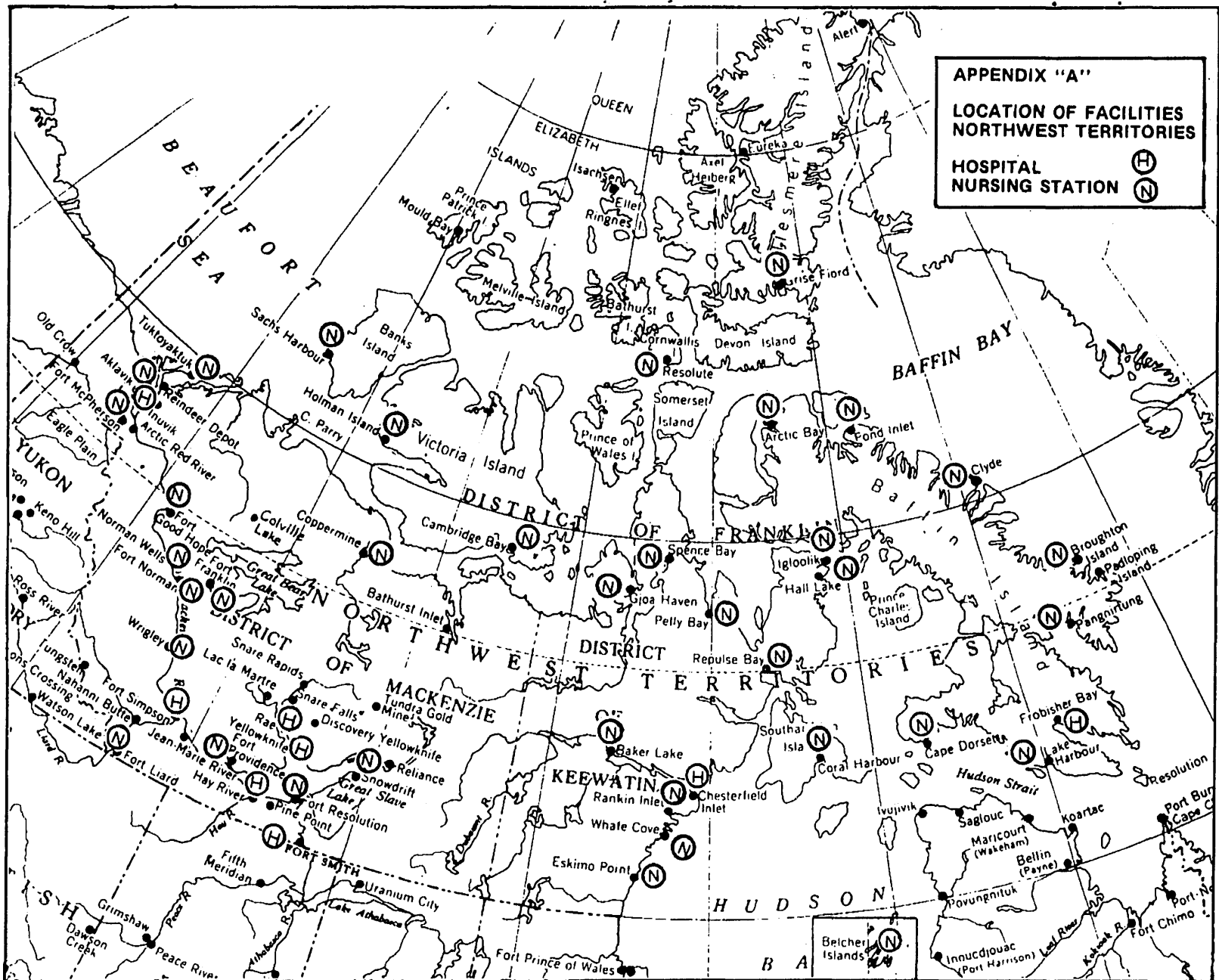


TABLE 1 Part 1

Rated Bed Capacity - Hospitals in the Northwest Territories - 1975

LOCATION	NAME	BEDS	CRIBS	BASSINETS
<u>APPROVED (BUDGET)</u>				
Fort Smith	St. Ann's General	40*		7
Hay River	H.H. Williams Memorial	22		8
Yellowknife	Stanton Yellowknife	73		9
Total at year-end		135*		24
<u>CONTRACT</u>				
Chesterfield Inlet	Ste.-theresa de l'Enfant Jesus	4		2
Total at year-end		4		2
<u>FEDERAL HOSPITALS AND NURSING STATIONS</u>				
Frobisher Bay	Frobisher Bay General	25	10	4
Inuvik	Inuvik General	67	34	13
Fort Simpson	Fort Simpson General	9	4	3
Rae-Edzo	Edzo Cottage Hospital	5	5	2
Aklavik	Aklavik N/S	5		2
Arctic Bay	Arctic Bay N/S	1	1	1
Baker Lake	Baker Lake N/S	3	2	1
Belcher Islands (Tanikiluag)	Belcher Islands	2		2
Broughton Islands	Broughton Islands N/S	3	1	1
Cambridge Bay	Cambridge Bay N/S	10		2
Cape Dorset	Cape Dorset N/S	3	1	1
Clyde River	Clyde River N/S	3	1	1
Coppermine	Coppermine N/S	5		1
Coral Harbour	Coral Harbour N/S	4		2
Eskimo Point	Eskimo Point N/S	4		2
Fort Franklin	Fort Franklin N/S	5		2
Fort Good Hope	Fort Good Hope N/S	4		1
Fort Liard	Fort Liard N/S	3		1
Fort McPherson	Fort McPherson N/S	5		2
Fort Norman	Fort Norman N/S	4		1
Fort Providence	Fort Providence N/S	5		1
Fort Resolution	Fort Resolution N/S	5		1
Fort Wrigley	Fort Wrigley N/S	4		2

TABLE 1 Part 11

FEDERAL HOSPITALS AND NURSING STATIONS CONT'				
Gjoa Haven	Gjoa Haven N/S	5		1
Grise Fiord	Grise Fiord N/S	1	1	1
Hall Beach	Hall Beach N/S (foxe)	2	1	1
Holman Island	Holman Island N/S	2		1
Igloolik	Igloolik N/S	1	1	1
Lake Harbour	Lake Harbour N/S	1	1	1
Norman Wells	Norman Wells N/S	10		2
Pangnirtung	Pangnirtung N/S	5	2	1
Pelly Bay	Pelly Bay N/S	2		1
Pond Inlet	Pond Inlet N/S	1	1	1
Port Burwell	Port Burwell N/S	1	1	1
Rankin Inlet	Rankin Inlet N/S	5	2	2
Repulse Bay	Repulse Bay N/S	2		2
Resolute Bay	Resolute Bay N/S	2		1
Sachs Harbour	Sachs Harbour N/S	4		-
Snowdrift	Snowdrift N/S	2		1
Spence Bay	Spence Bay N/S	5		1
Tuktoyaktuk	Tuktoyaktuk N/S	5		1
Whale Cove	Whale Cove N/S	1	1	2
Total at year-end		241	70	71
TOTAL RATED BED CAPACITY AT YEAR END		380*	70	99

*Includes 22 extended care beds at Fort Smith.

TABLE 2

In-Patient Insured Services by Category of Hospital

All Insured Residents

1974

CATEGORY	SEPARATIONS	DAYS OF CARE
Budget Review Hospitals	4,156	25,539
Contract		113
Federal	4,501	24,151
Outside N.W.T.		39,427
Total	8,657	89,230
1975		
Budget Review Hospitals	4,395	26,846
Contract		16
Federal	4,134	22,458
Outside N.W.T.		39,464
Total	8,529	88,784

TABLE 2A

Separations and Days of Care of Insured Adults and Children
by Hospital Location

LOCATION	NAME OF HOSPITAL	1974		1975	
		SEP.	DAYS OF CARE	SEP.	DAYS OF CARE
<u>BUDGET REVIEW HOSPITALS</u>					
Fort Smith	St. Ann's General	612	3,005	557	2,920
Hay River	H.H. Williams Memorial	1,298	6,215	1,380	6,429
Yellowknife	Stanton YK	2,246	16,319	2,458	17,497
	TOTAL	4,156	25,539	4,395	26,846
<u>CONTRACT HOSPITAL</u>					
Chesterfield Inlet	Ste. Theresa Del'Enfant Jesu		113		16
	TOTAL		113		16
<u>FEDERAL HOSPITALS AND NURSING STATIONS</u>					
Frobisher Bay	Frobisher Bay General	1,248	8,208	1,129	7,397
Inuvik	Inuvik General	1,891	12,942	1,214	9,831
Fort Simpson	Fort Simpson General	278	1,175	194	1,555
Rae-Edzo	Edzo Cottage Hospital open Oct. 31/74			263	1,313
Aklavik	Aklavik N/S	38	53	61	90
Arctic Bay	Arctic Bay N/S	18	33	36	62
Baker Lake	Baker Lake N/S	14	25	37	71
Belcher Islands (Sanikiluaq)	Belcher Islands N/S	39	56	25	50
Broughton Island	Broughton Island N/S	29	57	28	46
Cambridge Bay	Cambridge Bay N/S	100	182	111	187
Cape Dorset	Cape Dorset N/S	80	135	113	192
Clyde River	Clyde River N/S	27	58	77	143
Coppermine	Coppermine N/S	14	27	37	62
Coral Harbour	Coral Harbour N/S	42	51	29	40
Eskimo Point	Eskimo Point N/S	81	120	66	133

Table 2A Cont.

Part 11. Page

Table 2A Cont.

Fort Franklin	Fort Franklin N/S	12	26	11	23
Fort Good Hope	Fort Good Hope N/S	8	16	11	16
Fort Liard	Fort Liard N/S	53	109	16	72
Fort McPherson	Fort McPherson N/S	15	24	48	77
Fort Norman	Fort Norman N/S	19	29	26	34
Fort Providence	Fort Providence N/S	42	69	25	31
Fort Resolution	Fort Resloution N/S	11	20	12	21
Fort Wrigley	Fort Wrigley N/S	10	12	6	11
Gjoa Haven	Gjoa Haven N/S	40	76	36	56
Grise Fiord	Grise Fiord N/S	7	9	10	20
Hall Beach	Hall Beach N/S (foxe)	29	78	43	113
Holman Island	Holman Island N/S	9	18	12	28
Igloolik	Igloolik N/S	34	59	44	95
Lake Harbour	Lake Harbour N/S	7	13	18	24
Norman Wells	Norman Wells N/S	11	11	14	18
Pangnirtung	Pangnirtung N/S	55	99	113	201
Pelly Bay	Pelly Bay N/S	16	31	23	42
Pond Inlet	Pond Inlet N/S	34	36	40	62
Port Burwell	Port Burwell N/S				
Rankin Inlet	Rankin Inlet N/S	53	72	67	115
Repulse Bay	Repulse Bay N/S	10	10	13	13
Resolute Bay	Resolute Bay N/S	27	36	24	35
Sachs Harbour	Sachs Harbour N/S				
Snowdrift	Snowdrift N/S	24	46	17	32
Spence Bay	Spence Bay N/S	19	35	25	47
Tuktoyaktuk	Tuktoyaktuk N/S	36	45	51	85
Whale Cove	Whale Cove N/S	21	50	9	15
	TOTAL	4,501	24,151	4,134	22,458
<u>OUTSIDE N.W.T.</u>			39,427		39,464
	TOTAL		39,427		39,464
	GRAND TOTAL	8,657	89,230	8,529	88,784

TABLE 3

Payment to Hospitals

1974 and 1975

Category of Hospitals	T.H.I.S.	Plan
	1974	1975
Approved	2,758,451	3,418,679
Contract	14,011	3,007
Federal	823,468	1,195,901
Outside N.W.T.	2,626,425	3,373,323
TOTAL	6,222,355	7,990,910

TABLE 4

Total Cost of Insured Services

Cost Per Insured Person, and Average Cost Per Patient Day
1974 and 1975

	T.H.I.S.	Plan
	1974	1975
<u>Costs of Insured Services</u>		
In-patient -Adults and Children -Newborn	5,977,561 <u>66,032</u> 6,043,593	7,681,765 <u>97,029</u> 7,778,794
Out-Patient	<u>178,762</u>	<u>212,116</u>
TOTAL	6,222,355	7,990,910
<u>Cost Per Insured Person</u>	168.17	214.81
<u>Insured Population</u> 1974 - 37,000 1975 - 37,200		
<u>Average Cost Per Patient Day</u>		
<u>Hospitals in the N.W.T.</u>		
Adults and Children	61.44	65.76
Newborn	12.89	13.33
<u>Hospitals Outside N.W.T.</u>		
Adults and Children	65.00	83.17
Newborn	7.86	9.68
<u>All Hospitals</u>		
Adults and Children	75.10	86.68
Newborn	11.36	11.80