

**LEGISLATIVE ASSEMBLY OF THE**

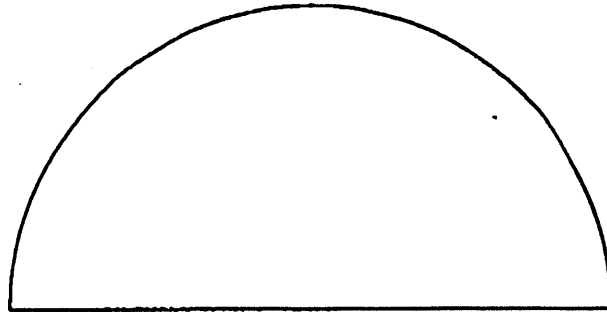
**NORTHWEST TERRITORIES**

**8<sup>TH</sup> ASSEMBLY, 62<sup>ND</sup> SESSION**

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**Alcohol & Drug**  
Co-ordinating Council

# REPORT

to the  
Council of the  
Northwest Territories

MAY 1977

ALCOHOL & DRUG CO-ORDINATING COUNCIL  
FOR THE NORTHWEST TERRITORIES

REPORT TO THE TERRITORIAL COUNCIL  
OF THE NORTHWEST TERRITORIES

MAY 1977

TABLE OF CONTENTS

I	INTRODUCTION
II	TERMS OF REFERENCE
III	MEMBERSHIP OF THE CO-ORDINATING COUNCIL
IV	SCHEDULED MEETINGS OF THE ALCOHOL AND DRUG CO-ORDINATING COUNCIL
V	CO-ORDINATION OF PROGRAMS
VI	NATIVE ALCOHOL ABUSE PROGRAM - INNOVATIVE SERVICES PROGRAM (NON-MEDICAL USE OF DRUGS DIRECTORATE)
VII	CO-ORDINATING COUNCIL ACTIVITIES
VIII	RECOMMENDATIONS
IX	CONCLUSION
X	APPENDICES

- I - Active Programs
- II - Inactive Programs
- III - Application Procedure

## ANNUAL REPORT

### THE NORTHWEST TERRITORIES ALCOHOL AND DRUG CO-ORDINATING COUNCIL

April 1, 1975 to March 31, 1976

April 1, 1976 to March 31, 1977

#### INTRODUCTION

As a direct result of the Wacko Report, "Observations and Recommendations Respecting Alcohol and Drugs in the Northwest Territories", the 50th Session of the Territorial Council approved recommendation #7 of the report to establish an Alcohol and Drug Co-ordinating Council.

#### TERMS OF REFERENCE

1. To promote communication and co-operation between agencies involved in providing treatment or preventive services in respect to abuse of alcohol and other drugs and agencies involved in the distribution of alcohol.
2. To promote the co-ordination of policies and programs of the agencies referred to in #1.
3. To serve as an advisory committee to the Territorial Alcohol and Drug Program with responsibility for allocating grants under the Community Resource Development Grant Program.
4. To advise the Council of the Northwest Territories concerning the effectiveness of Territorial policies, programs and services and the changes that are needed.

#### MEMBERSHIP OF THE CO-ORDINATING COUNCIL

Chairman	Murray Sigler	Yellowknife
Indian Brotherhood	John Tselier	Fort Good Hope
Metis Association	Carl Carpentier	Yellowknife
Inuit Tapirisat of Canada	-	-
C.O.P.E.	Sam Raddi	Inuvik
N.W.T. Youth Association	Yvonne Allen Kisoun	Inuvik
N.W.T. Youth Council	Leonnie Lafferty	Yellowknife
Alcoholics Anonymous	Orville Chester	Fort Smith
N.W.T. Hotel Association	Harvard Budgeon	Yellowknife
N.W.T. Chamber of Commerce	Gordon Erion	Fort Simpson
R.C.M.P. "G" Division	Supt. Derek Barker	Yellowknife
N.W.T. Liquor Licensing Board	T.C. Robinson	Yellowknife

## MEMBERSHIP OF THE CO-ORDINATING COUNCIL (Continued)

Chief Magistrates Office Non Medical Use of Drugs Directorate	Magistrate Smith	Yellowknife
Department of Indian Affairs & Northern Development	Margo Sanderson  Doreen Mullins	Vancouver  Yellowknife

### Honorary Appointment

R.C.M.P. Community Relations Officer	S/Sgt. Paul Pertson	Yellowknife
Health & Welfare Canada	Dr. Pat Abbott	Edmonton

## SCHEDULED MEETINGS OF THE ALCOHOL AND DRUG CO-ORDINATING COUNCIL

The Co-ordinating Council meets four times during the year in the months of March, June, September and December.

Meetings were held during 1975/76 in the communities of Fort Simpson, Fort Good Hope, Yellowknife and Frobisher Bay. During 1976/77 quarterly meetings were held in Inuvik, Frobisher Bay and Yellowknife. On each of these occasions representatives from each community met with the Co-ordinating Council to discuss concerns relating to alcohol problems and possible future funding concerns.

## CO-ORDINATION OF PROGRAMS

The Co-ordinating Council views its relationship to other program agencies as one involving the co-ordination of activities in an attempt to:

1. avoid duplication of effort
2. developing long term effective program impact
3. prevent onerous demands being placed on a community in terms of the administrative demands of the funding agent.

With respect to geographical factors, differences in policy and administrative functions this co-ordinating aspect can only be accomplished with a high degree of committment from these agencies and the Co-ordinating Council.

**NATIVE ALCOHOL ABUSE PROGRAM -  
INNOVATIVE SERVICES PROGRAM -  
(Non Medical Use of Drugs Directorate)**

Agreement has been reached between the Minister of Health and Welfare representing the Native Alcohol Abuse Program and the Innovative Services Program of the Non-Medical Use of Drugs Directorate designating the Alcohol and Drug Co-ordinating Council as the Regional Advisory Board for both programs within the Northwest Territories. Projects receiving funds from both Federal programs are outlined in Appendix I and II.

**CO-ORDINATING COUNCIL ACTIVITIES**

**1. Grants Programs**

The Alcohol and Drug Co-ordinating Council has, through the Community Resource Development Grants and in cooperation with the Native Alcohol Abuse Program and Non-Medical Use of Drugs Directorate, developed in various communities programs of prevention, education and treatment.

During the year 1975-1976 the Co-ordinating Council reviewed eighteen project applications, approved twelve for funding, with ten programs eventually operating. Complete details of programs and budget can be found in Appendix I.

In the 1976-1977 fiscal year a total of twenty-two project applications were reviewed by the Co-ordinating Council, with sixteen programs operating. Details concerning program description and allocation of grant funds are contained in Appendices I and II of this report.

**2. Educational Material**

The Co-ordinating Council has directed the Alcohol and Drug Program to prepare educational material for use by individuals performing educational functions throughout the Northwest Territories. This material is to be initially prepared in a form of English that is easily understood and translatable into the various languages that are spoken in the Territories.

**3. Social Policy Committee**

In accordance with Item 4 of the Terms of Reference of the Co-ordinating Council, ("To advise the Council of the Northwest Territories concerning the effectiveness of Territorial policies, programs and services and the changes that are needed,") the Co-ordinating Council Sub Committee on Social Policy attempted to address the issue of availability of alcohol within the

Northwest Territories. The Co-ordinating Council has recommended in previous reports that the Liquor Ordinance for the Northwest Territories be totally reviewed. The development of orderly responsive legislation has been hampered in the Co-ordinating Council's view by the lack of an operational philosophy from which consistent policy could flow. Consequently, in response to a request from the Minister of Social Development the Co-ordinating Council developed a Social Policy Committee to develop philosophy and objectives concerning the availability of alcohol within the Northwest Territories.

### Recommendations

#### 1. Social Policy Committee report:

The A.D.C.C. for the N.W.T. recommends to Territorial Council serious consideration and adoption of the following statement in order that legislation and policy establish a consistency in the development of behavioral standards. We would further suggest that it may also facilitate some answers to the problems created by the availability of alcohol.

If this statement is not accepted we strongly recommend to Territorial Council that a consistent philosophy be adopted.

### Philosophy

The Co-ordinating Council's philosophy on alcohol may be summed up as follows:

- ✓ - that alcohol ( $C_2H_5OH$ ) is a drug of the sedative hypnotic and psychoactive type - a Central Nervous System depressant of limited medical value;
- ✓ - the major benefits of alcohol centre around social values held by various elements of society at large, values which generally relate to social and/or religious customs, traditions, or superstitions;
- ✓ - alcohol is not a commodity of basic societal need;
- misused (by self-infliction) or uncontrolled by legislation will cause varying degrees of social disruption, alcohol poisoning and serious health problems of epidemic proportions;
- the availability/accessibility of alcohol by an individual in society is a personal privilege and not a personal right;
- society has a right and a responsibility to define the limits of the privilege, sanction its use and, indeed, punish those who abuse their privilege by removing the individual's privilege and by other means;



- society has the right and responsibility to investigate factors concerning the etiology of alcohol abuse.

### Objectives

1. The Liquor Ordinance of the Government of the Northwest Territories should embody and reflect its primary concern for the health, economic and social well-being of the people resident in the Northwest Territories.
2. The Government of the N.W.T. by making alcohol available does not agree with, nor condone, the misuse of alcohol, drunkenness or the associated problems and shares the attitude of the Minister of National Health and Welfare;\* (i.e. because these conditions are, in fact, self-inflicted by individuals and are therefore preventable, policies and programs of the Government shall reflect this concept as a criterion of eligibility/participation).
3. The Government of the N.W.T. should continue to define the scope and limits of the privilege to drink alcohol; i.e. legislation should clearly define the Government's policies on control, restriction, prohibition, enforcement, sale, manufacturing, and transportation of alcohol; and provide for appropriate sanctions to be imposed on those abusing the privilege.
4. The Government of the N.W.T. recognizes that where severe legislative restrictions are applied consideration for adequate compensation to businesses who have made investments related to the sale of alcohol should apply.

### Preventive Measures

The following are specific items discussed by the A.D.C.C. and are put forward to Council as policy items for consideration.

- a) Pricing: The present pricing policy for alcohol is inconsistent relative to the cost of local basic commodities. It is unfair in that several communities on the N.W.T. highway system are, in fact, paying the bulk of the cost of the transportation while others are not.

\* New perspectives on the Health of Canadians, the Honourable Marc Lalond, Minister of National Health and Welfare.

The price of alcohol should reflect the concept of encouraging people to drink in controlled environments, therefore, it would be wise to reconsider the present pricing policy. Ideally the price to each community, regardless of circumstances, should reflect the real cost plus the standard markup. It is not suggested the prices in the southern N.W.T. outlets should be lowered.

Consideration should be given to reviewing the present wholesale price to licensed outlets with a view to allowing wider margins and encouraging operators to upgrade their standards of operation. Pricing policy should be structured so as to encourage alcohol consumption in controlled environments rather than uncontrolled. Maintenance of standards should be mandatory with severe penalties set by regulation for offenders.

Further, serious consideration should be given to increasing the price differential between regular and low alcohol content products at all outlets. Policy should reflect the principle of maintaining the price of this commodity at the luxury level.

- b) **Enforcement** - Enforcement, as a medium of prevention, has a significant and immediate effect on behavior if the liability or likelihood of getting caught is readily apparent.

Throughout the N.W.T. this is not necessarily the case and the Co-ordinating Council suspects that the problem is in the application of penalties, which reflects the seriousness of intent on the part of Territorial Council. The Alcohol and Drug Co-ordinating Council suggests that the various penalties throughout the Liquor Ordinance be reviewed and increased where necessary. Further, Territorial Council should insist that the Liquor Ordinance be enforced by the appropriate authorities to increase the likelihood of getting caught and facilitate rapid response by the judiciary against offenders.

- c) **Quality, Standards and Style of Outlets** - Regulating measures should be reviewed on these items as they have a measurable effect on consumption patterns. For instance a self-serve liquor store increases impulse buying; in licensed premises quality and style of decor within outlets have an effect on patrons and their behaviour.

The number of uncontrolled outlets has an effect in the overall consumption pattern which determines the level of problems encountered.

The problems created by liquor stores and uncontrolled bootlegging operations could perhaps be prevented by developing a controlled social facility in a given community through legitimate local authority.

- d) Community Standards - In addition to the Community Resource Development Grants Program further consideration should be given to encouraging the development of behavior standards set by the Community. Behavioral standards are reflected by the judiciary in the manner of prescribing penalties. These penalties have a significant effect in determining the criteria for acceptable behavior.
- e) Community Sanctions - Consistent with our philosophy, community sanctions should be aimed at the individual who abuses privileges rather than at the community as a whole. However, where the quality of life of a community is seriously affected, individuals who drink but do not suffer have a responsibility with regard to the effects of liquor availability.

Community sanctions available include prohibition, interdiction, rationing, etc. These tools should be used as part of the process of a community being able to address the essential issues of if, how or why the community wishes to have alcohol eventually available. The use of the sanction of prohibition should not be viewed as an answer or final solution. Rather, communities should use the respite provided by the imposition of such a sanction to seriously address the why and how of alcohol availability. Interested individuals and groups can receive funds to finance research projects through the Co-ordinating Council to aid in addressing this issue.

### Definitions

- a) Prevent:

To keep from occurring; to hinder or stop from doing something; to act ahead of; to anticipate; to precede; to interpose a hinderance.

b) Prevention:

Noting or pertaining to prevention of disease; serving to prevent or hinder; preventive medicine, a preventive agent or measure.

c) Concept of Prevention:

Defined as it applies to alcohol and drug problems.  
"Anything that reduces likelihood that alcohol and drug problems will develop".

d) Primary Prevention:

The adoption of drinking or non-drinking patterns that do not lead to problems.

e) Secondary Prevention:

The identification and modification of high risk drinking patterns before problems arise.

f) Tertiary Prevention:

Modification of high risk drinking patterns before further problems occur or limiting disabilities.

g) Philosophy:

(For this purpose) A system or principles for guidance in practical affairs.

h) Alcohol:

$C_2H_5OH$  ethyl alcohol a drug of the sedative hypnotic and psychoactive type. A Central Nervous System depressant of limited medical value.

i) Prohibition:

The Co-ordinating Council supports the right of a community to decide for such option but do not consider blanket prohibition in the Territorial sense to be practicable.

## 2. Review of Liquor Ordinance

In keeping with an initial recommendation presented by the Co-ordinating Council in the first Annual Report members still feel strongly about having a complete review of the Liquor Ordinance.

"That the Government of the Northwest Territories hold public hearings in all communities to completely re-examine the Liquor Ordinance, receive submissions and to prepare a new draft ordinance." (Annual Report 1974-75 Recommendation #3)

Although the Territorial Council has made changes with respect to enforcement (bootlegging) and local control (plebiscites); the Co-ordinating Council still feels strongly that the existing legislation should be reviewed allowing for representation to be made by law enforcement, the courts, communities, interested groups, the N.W.T. Alcohol and Drug Co-ordinating Council and Government Agencies.

In keeping with this the Co-ordinating Council feels that the following specific areas should be further explored:

- a) Communities opting for prohibition or rationing systems should be encouraged to explore the development of community based programs to prevent further reoccurrence of problems caused by alcohol misuse.
- b) Self-serve liquor stores should be eliminated throughout the Northwest Territories.
- c) Licensed premises should provide a wider variety of foods, more recreational activities involving a higher degree of psychomotor co-ordination, stand-up drinking areas and facilities should encourage patrons to go directly to the bar service to purchase their own drinks.
- d) Pricing, as per Social Policy Committee recommendation, should reflect the price of beers, spirits and wines as luxury items. Agencies responsible should review their pricing policy in depth. Further, low alcohol content beers, wines, and spirits should be the lowest priced items. High alcohol content beverages should be higher in price.
- e) Legislation should be drafted by the agency responsible for the Liquor Ordinance banning all forms of alcohol advertising in the print, audio and visual mediums of communication. Because of problems caused by alcohol, it seems inappropriate that the legislative authorities should condone the reinforcement and encouragement of alcohol consumption by such advertising within areas of Federal jurisdiction.
- f) The agency responsible for supervising the promotional activities of brewers, distillers and vintners should establish guidelines outlining appropriate areas for promotional activities. Areas which could be explored include scholarship programs, musical/art/drama tours reflecting the cultural mosaic of Canada and other areas of cultural concern.

### 3. Membership Structure:

Discussions regarding a change in the Membership structure of the Co-ordinating Council were first initiated in May of 1975. The issue became crucial in November 1976 when the Inuit Tapirisat of Canada were forced to withdraw their representative from the Co-ordinating Council due to the more pressing demands of land claim negotiation placed upon their staff resources.

To ensure adequate representation from the Eastern Arctic the current members, after extensive consideration and debate, recommend the following changes to the agency representation on the Co-ordinating Council.

"Moved that agency representation on the Alcohol and Drug Co-ordinating Council be altered to include the following representatives:

- 4 Inuit members: one appointed by each Regional Inuit Association
- 3 Metis members: appointed by the Metis Association
- 3 Indian members: appointed by Indian Brotherhood
- 2 Members at large: nominated by a Nominating Committee of the Co-ordinating Council
- 1 Youth Association member
- 1 Member from Alcoholics Anonymous
- 1 Chamber of Commerce member
- 1 R.C.M. Police member
- 1 Liquor Control Board member
- 1 Department of Indian Affairs and Northern Development member
- 1 Health and Welfare Canada member
- 1 Non-Medical Use of Drugs member

APPENDIX I

ACTIVE PROGRAMS

In this section we refer to groups which are currently operating programs with funds received from the following:

- Innovative Services Program, Non-Medical Use of Drugs Directorate (Health & Welfare Canada)
- National Native Alcohol Abuse Program (Health & Welfare Canada/Indian Affairs and Northern Development)
- Community Resource Development Grant, Department of Social Development (Government of the Northwest Territories)

as approved by the Alcohol and Drug Co-ordinating Council.

Currently there are sixteen active projects operating with a further three programs pending final approval of the National Advisory Board for the National Native Alcohol Abuse Program. The following list includes ten projects receiving funds in 1975 - 1976, plus a description of each of the sixteen projects with specification of its objectives:

1. Community: Tuktoyaktuk

Name of Project: Tuktoyaktuk Alcohol Centre

Name of Agency: Tuktoyaktuk Alcohol Committee

Date and Amount Approved: March 31, 1977 \$19,000.00  
March 31, 1976 \$38,844.00

Time Span of Project: April 1, 1977 - March 31, 1978  
April 1, 1976 - March 31, 1977

Objectives & Description of Project:

Development and operation of a centre to be used for an Alcohol Education Program, counselling service and Drop-In Centre. Facility will also be used by other community groups for recreational activities, discussion groups, films, AA meetings and women's get together groups.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

2. Community: Pangnirtung  
Name of Project: Pangnirtung Drop-In Centre  
Name of Agency: Pangnirtung Alcohol Educational Committee  
Date and Amount Approved: March 31, 1977 \$17,000.00  
May 28, 1975 \$33,320.00  
Time Span of Project: Continuing from date of original grant

Objectives and Description of Project:

Develop and operate a Drop-In Centre to provide recreational activities and provide place for groups to hold educational/organizational meetings relating to problems created by misuse of alcohol.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

3. Community: Spence Bay  
Name of Project: Educational Material Grant  
Name of Agency: Spence Bay Alcohol Committee  
Date and Amount Approved: May 28, 1975 \$1,626.00  
Time Span of Project: June 1 - August 1, 1975

Objectives and Description of Project:

Objective of the project was to develop and translate educational material relating to problems created by alcohol misuse.

Funding Source: Community Resource Development Grant  
Government of the N.W.T.



4. Community: Spence Bay  
Name of Project: Spence Bay Drop-In Centre  
Name of Agency: Spence Bay Settlement Council  
Date and Amount January 22, 1977 \$25,000.00  
Approved: March 31, 1977 \$11,600.00

Time Span of Project: March 31, 1977 - April 1, 1978

Objectives & Description of Project: Quoted directly from project proposal.

- To provide a building for the young and old of our community with a place where they can hold meetings and gatherings concerning their problems now and of the future.
- To be used also by the local alcohol committee for meetings and seminars on the misuse of alcohol and drugs.
- To provide the young people with a place where they gather in the evenings and discuss the needs for the future and how they can help the community improve.
- To provide a place where the young people know they can be welcomed at anytime and not be afraid of gathering to discuss problems that arise concerning the youth.
- To provide a place for the elderly where they can discuss their culture and pass it on to the younger generation.
- To provide an entertainment centre for the young besides always going to the gym.
- Talk about the problems they will encounter when they attend larger schools such as Yellowknife and Inuvik.
- To provide a building where the local police, the nurse, teachers, minister and the welfare worker can hold seminars on the misuse of alcohol and drugs.
- To be used also by the local alcohol committee to hold meetings concerning the use of alcohol.
- Counsel parents and their children on the misuse of alcohol.

4. (continued)

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

5. Community: Inuvik

Name of Project: Inuvik Alcohol Rehabilitation Program

Name of Agency: Inuvik Citizens' Action Committee

Date and Amount Approved: January 19, 1977  
Project Proposal Development Grant  
- \$3,500.00

March 31, 1977 \$100,000.00

Objectives and Description  
of Project:

(a) Proposal Development Grant - to develop a program proposal which would identify target groups within town of Inuvik and develop programs to alleviate the problems of these groups.

(b) Alcohol Rehabilitation Program:

Objectives of the program are to develop and operate information, outreach, and counselling services plus the development and operation of a Halfway House facility.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

6. Community: Yellowknife

Name of Project: Detoxication Centre

Name of Agency: Northern Addiction Services

Date and Amount Approved: (a) March 31, 1976 Operating Grant  
\$59,861.00

(b) July 22, 1976 Detoxication Program  
\$90,512.00

(c) March 31, 1977 Detoxication Program  
\$125,000.00

Time Span of Project: (a) April 1, 1976 - July 31, 1976

(b) August 1, 1976 - March 31, 1977

(c) April 1, 1977 - March 31, 1978

6. (Continued)

Objectives and Description  
of Project:

- Develop, operate programs of Detoxication and referral for individuals with alcohol problems.
- Present five day program involves initial detoxication, medical referral, discussion of treatment options and appropriate referral or discharge.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

7. Community: Yellowknife

Name of Project: Rehabilitation Program

Name of Agency: Northern Addiction Services

Date and Amount (a) July 22, 1976 \$35,690.00  
Approved: (b) March 31, 1977 \$78,009.26

Time Span of Project: (a) August 1, 1976 - March 31, 1977  
(b) April 1, 1977 - March 31, 1978

Objectives and Description  
of Project:

The operation of a twenty-eight day rehabilitation program assisting the client in changing his/her life style. Primary objective of program is to provide alcohol abuser with a comprehensive treatment program that will assist him to change from his present life style to an abstinent life style. Program activities include individual counselling, lectures, group discussions, employment counselling.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

8. Community: Yellowknife  
Name of Project: Recovery Program  
Name of Agency: Northern Addiction Services  
Date and Amount (a) November 27, 1975 \$45,270.00  
Approved: (b) January 19, 1977 \$84,948.34  
Time Span of (a) February 1, 1976 - January 31, 1977  
Project: (b) February 1, 1977 - March 31, 1978

Description and Objectives  
of Projects:

Project provides two services to individuals requiring assistance. Generally clients have to have had completed Rehabilitation Program. Support can be provided through either Non-Residential Counselling Service or through Residential Recovery House. Program activities include:

- (a) educational counselling and assistance
- (b) follow-up and support counselling with a view to improving family, social, employment, living and educational situation.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

9. Community: Yellowknife  
Name of Project: Resource People for Annual Meeting  
Name of Agency: Yukon and Northwest Territories  
Association of Social Workers  
Date and Amount (a) March 31, 1977 \$3,000.00  
Approved: (b) March 31, 1978 \$3,000.00  
Time Span of (a) Meeting will be held within April 1, 1977  
Project: - March 31, 1978 fiscal year. Funds will  
be utilized on this occasion.

Objectives and Description  
of Project:

Funds will be utilized to provide funds for resource people to hold workshops for membership in areas of alcohol problems, symptoms of alcohol problems, techniques of intervention in family crises situations.

Funding Source: Community Resource and Development Grant  
Government of the Northwest Territories

10. Community: Fort Norman

Name of Project: Alcohol Awareness and Diversion Program

Name of Agency: Fort Norman Alcohol Program Committee

Date and Amount Approved: July 22, 1976 \$5,420.00  
 March 31, 1977 \$13,432.00  
\$18,852.00

Time Span of Project: December 1, 1976 - November 30, 1977

Objectives & Description of Project:

- (a) Develop and operate a Drop-In Centre, Alcohol Awareness Program and hire an Alcohol Community Worker.
- (b) Programs operating within centre would consist of recreational diversion activities, educational evenings and counselling activities.

Funding Source: Community Resource and Development Grant, Government of the Northwest Territories

11. Community: Fort Smith

Name of Project: Pickeral1 Crescent Crises/Counselling Centre

Name of Agency: Juvenile Court Committee

Date and Amount Approved: (a) November 27, 1975 \$6,600.00  
 (b) January 17, 1977 \$4,735.62

Time Span of Project: (a) October 1, 1975 - September 30, 1976  
 (b) October 1, 1976 - September 30, 1977

Objectives and Description of Project:

- (a) to provide assistance to individuals in a crisis situation
- (b) to follow up with appropriate family counselling, individual counselling and person to person contact where necessary.
- (c) to provide training and educational workshops to support objectives as listed.

11. (Continued)

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

12. Community: Coppermine

Name of Project: Drop-In Centre

Name of Agency: Coppermine Youth Development Council

Date and Amount  
Approved: July 22, 1976 \$25,000.00

Time Span of  
Project: August 1, 1976 - July 31, 1977

Objectives and  
Description:

Develop and operate a Drop-In Centre for young people living  
in Coppermine Area of the Northwest Territories.

Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

13. Community: Yellowknife

Name of Project: Alcohol Field Worker Program

Name of Agency: Tree of Peace

Date and Amount  
Approved: July 22, 1976 \$25,000.00

Time Span of  
Project: December 1, 1976 - July 31, 1977

Objectives and Description  
of Project:

The Society will delineate and document the causes of  
alcohol misuse amongst Dene people residing within the  
Yellowknife area through a program that will include:

- House to house visits which will enable the field  
worker to identify particular individuals with  
specific problems and concerns

13. (Continued)

- Referral of individuals or groups of individuals with a particular problem or concern to an agency or program where such facilities exist.
- The encouragement and development of interest groups with a common problem/concern through kitchen meetings (informal small group gatherings), and meeting utilizing audio visual aides to elicit discussion.
- The creation of workshops with other community groups (Dene organizations and other agencies) to discuss the problems of alcohol misuse, and co-ordinate/develop programs to affect the causes.

Funding Source: National Native Alcohol Abuse Program

14. Community: Igloolik  
Name of Project: Igloolik Back to the Land Program  
Name of Agency: Igloolik Alcohol Education Committee  
Date and Amount Approved: March 31, 1976 \$8,300.00  
Time Span of Project: July 15, 1976 - September 30, 1977

Objectives and Description of Program:

To reacquaint young people who have dropped out of school and are unable to find employment with the traditional ways of living and hunting.

To hire a secretary - co-ordinator to administer the program and attend to the operation of Alcohol Education Committee activities.

Funding Source: Community Resource and Development Grant, Government of the Northwest Territories

15. Community: Fort Good Hope  
Name of Project: Fort Good Hope Back to the Land Program  
Name of Agency: Band Council - Fort Good Hope  
Date and Amount Approved: March 31, 1976 \$42,550.00

15. (Continued)

Time Span of Project: April 27, 1976 - April 30, 1977

Objectives and Description of Program:

Band council will operate a program to take families back to the land for hunting and trapping to keep them away from alcohol. This program will provide transportation and counselling on an ongoing basis in the community and the established camps.

Funding Source:	National Native Alcohol Abuse Program	\$37,450.00
	Community Resource and Development Grant	<u>\$ 5,100.00</u>
		\$42,550.00

16. Community: Resolute Bay

Name of Project: Resolute Bay Alcohol Information Centre

Name of Agency: Alcohol Education Committee

Date and Amount Approved: March 31, 1976 \$30,378.00

Time Span of Project: September 1, 1976 - August 31, 1977

Objectives and Description of Program:

-To develop and operate an Alcohol Information Centre which will serve as an educational and counselling resource as well as a Drop-In Centre.

-The Committee will prepare information on alcohol use and misuse for distribution to other Alcohol Education Committees.

Funding Sources:	National Native Alcohol Abuse Program	\$11,961.00
	Community Resource And Development Grant	<u>\$18,417.00</u>
		\$30,378.00



APPENDIX II  
INACTIVE PROGRAMS

The following programs received funding during the 1975-76 fiscal year or the 1976-77 fiscal and have since ceased operation.

1. Community: Fort Simpson
- Name of Project: Alcohol Field Worker Program
- Name of Agency: Koe Go Cho Society
- Date and Amount Approved: November 27, 1975 \$42,680.00  
\$74,324.00 (N.A.A.P.)
- Time Span of Project: November 15, 1975 to November 15, 1976
- Objectives and Description of Project:
- Provides a field worker service to the residents of Fort Wrigley, Fort Liard, Nahannie Butte, Jean Marie River, Fort Providence, Kakisa Lakes and Fort Simpson, encompassing the following:
- a) Attempts to create an awareness of possible solutions and methods of treatment available in dealing with alcohol misuse.
  - b) Organize groups at the community level to combat problems of alcohol misuse.
  - c) Provides individual, group and family counselling to those experiencing problems with alcohol misuse in clients native language.
  - d) Refers people for treatment to Rehabilitation to Rehabilitation Centre in Fort Simpson or other points in Canada.
  - e) Supplies support and aid through information and active assistance to those people requiring help in areas of legal aid, legal rights, interpreting, etc.
  - f) Gives follow-up and support for individuals or couples returning from the rehabilitation centre.
- Funding Source: Local Initiatives Program - Job Creation Branch  
National Native Alcohol Abuse Program  
Community Resource Development Grant  
(Government of the Northwest Territories)

2. Community: Fort Simpson
- Name of Project: Rehabilitation Program
- Name of Agency: Koe Go Cho Society
- Date and Amount Approved:
- |                |             |
|----------------|-------------|
| March 31, 1976 | \$60,911.13 |
| July 22, 1976  | \$21,536.96 |
- Time Span of Project: April 1, 1976 - October 31, 1976
- Objectives and Description of Project:
- To develop and provide a residential treatment program for the residents of the Upper Mackenzie Valley.
- Funding Source:
- Local Initiatives Program - Job Creation Branch (Canada Manpower)
  - Community Resource and Development Grant, Government of the N.W.T.
3. Community: Fort Simpson
- Name of Project: Dechinta Program
- Name of Agency: Koe Go Cho Society
- Date and Amount Approved:
- |                |             |
|----------------|-------------|
| March 31, 1976 | \$30,257.45 |
|----------------|-------------|
- Time Span of Project: November 1, 1975 - October 31, 1976
- Objectives and Description of Program:
- Create a sense of awareness amongst young people as to the native peoples traditional way of self-fulfillment and elders values for life. Project attempts to accomplish this by taking young people through a bush camp experience.
- Funding Source: Community Resource Development Grant  
Government of the Northwest Territories

APPENDIX III

APPLICATION PROCEDURE -  
Community Resource Development Grant

## COMMUNITY RESOURCE AND DEVELOPMENT GRANTS

The Alcohol and Drug Co-ordinating Council of the Northwest Territories is committed to using grants for the development of Community Resources throughout the Territories. We find that this method is the most logical method for the orderly development of community responses to their defined problems. This process allows for the community as a whole or in part to create a service that is meaningful while maintaining the necessary autonomy required in the development process.

### Criteria for Community Resource Development Grants

The Alcohol and Drug Co-ordinating Council is prepared to consider proposals from communities in three general areas:

1. Treatment and rehabilitation of alcohol and drug dependent persons;
2. Education programmes and services dealing with responsible decision-making related to drug use;
3. Services and programmes of prevention/or control relevant to that population likely to become involved in alcohol and drug use.

### Application Procedure

Project application format is included.

After completion of the application and a thorough description of the project and budget requirements all documents are submitted to the Executive Secretary of the Northwest Territories Alcohol and Drug Co-ordinating Council, P.O. Box 1769, Yellowknife. Receipt of the application for funding will be acknowledged promptly. At this point personnel from the Department of Social Development or representatives of the Co-ordinating Council will contact the responsible project people to examine the proposal in detail for community support and community need. In the event that omissions/errors are evident, changes may be made in consultation with project personnel.

At this point, provided all matters are resolved, the project is submitted to the next meeting of the Co-ordinating Council (quarterly) and the project will be accepted or denied.

Throughout the process consultation will take place with other Government departments/authorities/private industry as the need arises.

In considering an application, we will wish to know the nature and degree of community involvement in the writing of the proposal, its relevance to demonstrated community need, and the extent to which the programme would be integrated with existing health and social services in the area.

That need must be demonstrated. Ideally, that demonstration should form part of a long-range community Health and Social Services Plan. We have identified some of the elements of such a plan:

- An inventory of existing services.
- Evaluation of those services.
- Research into unmet needs.
- Ordering of priorities.
- Planning and budgeting for those priorities.
- Programme and structure for their execution.
- Relations with local agencies described.
- Negotiations for financial support from appropriate sources.
- Evaluation of programme activity.

We would require evidence that the application is able to carry out the programme and would also require detailed financial and progress reports at quarterly intervals. Funds will only be given to an organization that can be held accountable for their expenditure. We require that each applicant group enter into an agreement (contract) stating the Group will incorporate under the Societies Ordinance. Finally, we would require agreement and access that would permit mutual collaboration for the evaluating of major programme activity. The Council considers evaluation a growth process and funding is not necessarily contingent upon it. Although in cases of gross mismanagement action will be taken. People who are genuinely interested in meeting the needs of their community need not be concerned, however, those people whose interest is less than genuine need not apply.

The Alcohol and Drug Co-ordinating Council will not normally make funds available for capital expenditures, and where such funds are required for a project, applicants should apply to community groups, foundations, private donors, or other levels of government.

We want to learn from our mistakes, and gain from our successes.

Role of Department of Social Development Staff

1. Assist in organizing of alcohol committees in communities with alcohol problems. Role should take the form of an advisor.
2. Assist in preparation of project proposal (but not write).
3. If project approved, give continued assistance and advice as requested (i.e. interpretation of contracts, assistance in gaining "Society" status, interpretation and assistance in preparation of quarterly and final reports, financial statements - attached).
4. When requested as circumstances require, perform evaluations according to attached evaluation format.

ALCOHOL AND DRUG CO-ORDINATING COUNCIL OF THE NORTHWEST TERRITORIES

Project Proposal Format:

1. Community
2. Organization
3. Officials of Organization (underline contact person and supply telephone number).
4. Time period of project.
5. Proposal -
  - a) Statement of problem:
  - b) Community data available relevant to problem (crime statistics - source R.C.M.P., medical statistics - source medical authorities);
  - c) Proposed program which will be designed to solve problem;
  - d) Budget.
6. Amount requested.
7. Other funding sources that application will be forwarded to for funds.
8. Letters of support -
  - a) Settlement Council;
  - b) Plus, if possible, R.C.M.P., medical authorities, Social Development, other government agencies, churches, etc. petition.

ALCOHOL AND DRUG CO-ORDINATING COUNCIL

PROJECT PROPOSAL SAMPLE

1. Community: Wascana, Northwest Territories.
2. Organization: Wascana Alcohol Committee  
Box 1216  
Wascana, N.W.T.
3. Officials of Organization: Sam Agee - Chairman  
(underline contact person and supply address or telephone number). Phone: 876-2583

George Aquash - Secretary  
Lucy Pilatuk - Treasurer

There are ten other people on the committee from the settlement. The R.C.M.P., Public Health Nurse, Welfare Worker and Settlement Manager are on an Advisory Committee which advise us on problems we are having when we request advice.

4. Time period of project: One year from date of funds granted.
5. Proposal:

a) Statement of problem:

Alcohol use is causing a number of problems with the adults in our community. Many are being arrested for being drunk, in fights, families are having problems and children are being neglected.

b) Community data:

Population - 850

1973-74 - R.C.M.P. estimated that they made 600 arrests on charges involving alcohol.

1973-74 - Public Health Nurse estimated that 75% of the nurses work load was taken up by people who had been injured while drunk or drinking or as a result of someone elses drinking.



c) Proposed program:

I. Series of Educational Meetings to make people aware of the problems that alcohol is causing in Wascana. So far we have three meetings planned:

- i) With nurse showing film on how alcohol affects the body and the problems the nurse has to deal with because of it;
- ii) With R.C.M.P. showing film on how alcohol causes problems which lead people to break the law. Discussion will be held around the problems alcohol causes for the Police in Wascana;
- iii) With local teacher - explaining how alcohol interferes with nutrition and how when people drink all the time they cannot see, learn and enjoy other things in life.

II. With the nurse, R.C.M.P., and a few volunteers, we have formed an emergency detoxication program. When we have a person with a serious alcoholic problem we will detoxify him/her and with medical assistance from the nurse, and the length of time involved to see the person through being shared by R.C.M.P. and volunteers. Long term counselling will be done by Alcohol Committee with assistance from the Social Worker. Eventually we would like to send three volunteers to Koe Go Cho in Fort Simpson for course in counselling alcoholics.

III. We have obtained a building to use as a drop-in centre. This building needs renovating and we are not sure how we want to use it so we will not apply for funds for operating this centre until next A.D.C.C. meeting.

IV. With the Settlement Council and Social Worker we have worked out an emergency child care system where families in the settlement will take care of children whose parents the R.C.M.P. find boozing it up. The children are returned to the parents and two members will talk to the family about their drinking and advise them that it is possible that their children can be legally taken away from them if they continue to neglect them when the parents are drinking. For those families whose parents are too much into the booze and are going to require long term treatment, arrangements are being made with community families to take children on a long term basis.

V. We propose to have some educational material purchased and then translated into our local dialect for distribution to people living here.

d) Budget:

Projector	) borrowed from school and	
VTR monitor and playback)	nursing station - no cost	
3 people to Fort Simpson	- air fare	960.00
	- meals and	
accommodation (3 people for		
2 weeks)		336.00
	- misc.	150.00
Liability Insurance for		
Committee		300.00
Telephone and office supplies		
(postage, etc.)		1,000.00
Alcohol educational materials		
plus translation		<u>2,000.00</u>
TOTAL AMOUNT:		4,746.00

6. Amount requested: \$4,746.00

7. Other funding sources that application will be forwarded to for funds:

- application is being made only to A.D.C.C. of the Northwest Territories.

8. Letters of Support:

- letters of support are attached and indicate how each agency perceives the problem.

ALCOHOL & DRUG CO-ORDINATING COUNCIL OF THE NORTHWEST TERRITORIES

QUARTERLY MANAGEMENT PROGRESS REPORT FORMAT

Project Title: \_\_\_\_\_ Reporting Period: \_\_\_\_\_

Project Address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_

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1. Current status:

- a) general outline of work to date;
  - b) projected activities in the next quarter;
  - c) problems encountered;
  - d) alternatives under consideration;
  - e) statistical evidence.
- (1) External - activities - describe number of meetings, liaison with local agencies and resources, community plebiscites, referrals from communities to treatment services, crime statistics, hospital cases where available, etc.
  - (2) Internal - number of clients
    - number of counselling activities
    - education programs
    - referrals, etc.
  - (3) Community assessments completed:
    - social
    - economic
    - crime stats
    - consumption patterns where available

2. Personnel (Board, Committee and Staff)

- (a) Staff employed (or target dates for employment)
- (b) Resignations/terminations
- (c) Personnel problems
- (d) Alternatives, for solution.

.../2

3. Training:

- (a) Progress to date (first report describe process).
- (b) Number of staff/committee members participating.
- (c) Number of resource people participating (include people from outside communities as well as local resource people, who they are and where they are from).
- (d) Target date for completion.
- (e) Projected activities for next quarter.

4. Finances: (Quarterly Statement)

- see attached format guide.

- (a) Approved budget
- (b) Expenditures to date
- (c) Balance on hand
- (d) Request for funds for next quarter

5. Report completed by:

\_\_\_\_\_ (NAME OF PERSON)

SAMPLE

SAMPLE

ALCOHOL COUNSELLING SERVICE

POINT LAKE, N.W.T.

BUDGET STATEMENT

Time Span of Project: April 1, 1975 to March 31, 1976

<u>ANNUAL BUDGET</u>		<u>EXPENDITURES</u>	<u>EXPENDITURES</u>	<u>UNEXPENDED</u>
<u>ITEM</u>	<u>AMOUNT</u>	<u>SEPT./75</u>	<u>TO DATE (6 MOS)</u>	<u>BALANCE</u>
SALARIES	36,480	3,040	18,240	18,240
EMPL.BENEFITS	3,283	273	1,641	1,641
TELEPHONE	720	75	424	296
LIGHT	360	30	180	180
HEAT	800	10	160	640
STATIONERY	300	50	400	100
MISC.EXPENSE	150	20	115	35
PRINTING & COPY	500	85	510	10
TRAVEL CAR	4,080	374	2,244	1,836
TRAVEL OTHER	2,400	250	1,500	900
TOTAL	<u>49,073</u>	<u>4,207</u>	<u>25,415</u>	<u>23,658</u>

ALCOHOL & DRUG CO-ORDINATING COUNCIL OF THE NORTHWEST TERRITORIES

PROJECT EVALUATION: Name and date.

1. Name of Agency: plus address.
2. (a) problem - definitions  
(b) response - objectives of project  
(c) target population - describe  
(d) community description (brief - population, resources, economic base, liquor sources).
3. Indicators of effort:  
(a) activities and functions carried out by project.
4. Indicators of Performance:  
(a) numbers of individuals seen/treated/processed/referred  
(b) numbers of individuals trained  
(c) numbers of other activities and functions
5. Adequacy of performance:  
(a) success in solving problem (refer back to 2a)  
(b) indicators of solved problem  
    crime stats  
    per capita consumption  
    etc.
6. Evaluation of efficiency:  
(a) project program:  
    - is this the most efficient way to meet the objectives?  
    Is efficiency a criteria? What other methods are better?  
(b) financial accounts - assessment

7. Feed-back to project:

- (a) recommendations back to project
- (b) response from project
- (c) role of evaluation to project
- (d) resultant change in project

8. Response to project.

Prepared by: \_\_\_\_\_