

**PALLIATIVE AND RESPITE CARE SERVICES****Continuing Care Assessment Package, Glossary of Terms:****Palliative Care:**

Is defined as the active, compassionate care of the terminally ill at a time when their disease is no longer responsive to treatment and/or intervention aimed at cure or prolongation of life. The focus of this service is on easing the pain, both physical and emotional, for the client and their family. Palliative care is comprised of pain and symptom control, counseling and bereavement services. It is a multi-disciplinary approach that encompasses the client, the family and the community (Paraphrase: Saskatchewan First Nations Home Care Program Guidelines, 1995).

**Personal Care:**

Is a home and/or community-based service provided on assessed need of the client, by a trained care provider. Services may include: assistance with the activities of daily living such as bathing, grooming, dressing, feeding, toileting and transferring; routine foot care; and supervision of activities to support daily living. This also includes respite to caregivers.

**Respite Care:**

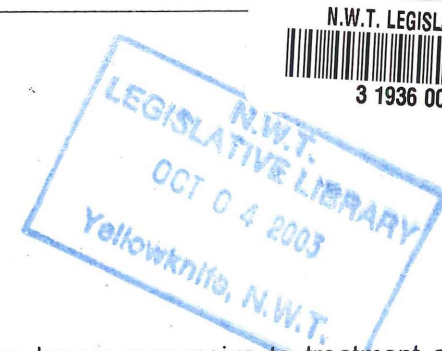
Is any combination of services provided expressly for the purpose of giving relief to the family or other care givers of a dependent person who lives at home. (Paraphrase: Saskatchewan First Nations Home Care Program Guidelines, 1995). Respite can include hourly and long term respite care for families with children with complex needs; palliative care; elder care and treatment after care.

**In Home Respite:**

Is the service to provide relief to the caregiver in the home setting by scheduling a home Health Aide to stay with the client for a period of time, or scheduling support at periodic intervals during the time the care giver is away from the home. There is usually limit to the time allowed for in-home respite so that one client does not take a disproportionate amount of time and leave the other clients without services.

**Institutional Respite:**

Is the service to provide relief to the Caregiver in a setting other than the home. This can be through day or evening programs or several days of service in a long term care facility.



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**NOTES:**

- In communities where Home Support Workers (HSWs) are located, varying degrees of respite services can be made available in the client's home.
- Depending on available resources, where respite needs are beyond available community-level home support resources, clients may access respite through regional long-term care program options.
- Certified Home Support Workers have completed the Home Support Worker Certification Program (Aurora College).

AUTHORITY/ COMMUNITY	FULL-TIME WORKERS	PART-TIME WORKERS	TRAINING RECEIVED	RESPIRE SERVICES AVAILABLE	ADDITIONAL COMMENTS
<b>DEH CHO HEALTH AND SOCIAL SERVICES AUTHORITY</b>	<ul style="list-style-type: none"> <li>• <u>Palliative Care</u> - provided through the Fort Simpson Long-Term Care Facility.</li> <li>• <u>Respite Care</u> - provided in-home. Currently the Home Care Program is able to manage up to 40 hours in a month. Two respite placement beds are also available in the long-term care facility.</li> <li>• <u>Nutrition Services</u> - available in 7 of 9 communities. Fort Simpson provides Meals-on-Wheels to 5 clients per month. In Fort Liard there is a meal program donated by a construction company and delivered by the HSW. In Fort Providence, students prepare and deliver meals as part of their high school CALM hour requirement. Other Deh Cho communities have assistance with in-home meal preparation from the HSW.</li> </ul>				
Fort Liard	• 1 HSW	• .5 HSW		• Yes	• contract with First Nations
Fort Providence	• 1 HSW	• .5 HSW	• 1 HSW certified	• Yes	• contract with First Nations
Fort Simpson	<ul style="list-style-type: none"> <li>• 1 RN (vacant)</li> <li>• 1 Social Worker</li> <li>• 1.5 Activity Coordinator</li> <li>• 1 Home Care Coordinator</li> <li>• 1 HSW</li> </ul>	• .5 HSW	<ul style="list-style-type: none"> <li>• Palliative Care Conference (Yellowknife)</li> <li>• 1 HSW certified</li> </ul>	• Yes	
Hay River Reserve	• 1 HSW	• .5 HSW	• 1 HSW certified	• Yes	• contract with First Nations

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Jean Marie River		• .25 HSW		• Yes	• contract with First Nations
Kakisa		• .25 HSW		• Yes	• contract with First Nations
Nahanni Butte		• .50 HSW		• Yes	• contract with First Nations
Trout Lake		• .50 HSW		• Yes	• contract with First Nations
Wrigley		• 1.0 HSW		• Yes	• contract with First Nations
<b>DOGRIB COMMUNITY SERVICES BOARD</b>	<ul style="list-style-type: none"> <li>• <u>Palliative Care</u> - provided in the Dogrib communities based on the availability of resources and support of the client's family.</li> <li>• <u>Respite Care</u> - service is provided for 8 hours per month in Rae-Edzo. If HSWs are not available in the community, respite could be provided in the Jimmy Erasmus Home (long-term care facility) in Rae-Edzo depending on available resources and beds.</li> <li>• <u>Nutrition Services</u> - provided by the HSWs who assist with meal preparation in the home. Future possibility of a Meals-on-Wheels program will be investigated through the Long-Term Care Facility or other community agency.</li> </ul>				
Rae Lakes	• 1 HSW		<ul style="list-style-type: none"> <li>• various workshops</li> <li>• experience</li> </ul>	• Yes	
Rae-Edzo	• 3 HSW		• 3 HSWs certified	• Yes	• 1 HSW also has Early Childhood/ Family Support Worker training
Snare Lake				• No	
Wha Ti	• 1 HSW		• various workshops	• Yes	

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<b>FORT SMITH HEALTH AND SOCIAL SERVICES AUTHORITY</b>	<ul style="list-style-type: none"> <li>• <u>Palliative Care</u> - available on a 24 hour "on-call" service, provided the client's family is supportive and resources are available. The Home Care Program has access to additional RNs with palliative care training and experience should they need to provide care beyond what the existing staff can offer. The Northern Lights facility also provides palliative care to those not comfortable with receiving care in their home.</li> <li>• <u>Respite Care</u> - service is available from the hospital and the Northern Lights facility. The Home Care program does have the ability to provide respite services when needed.</li> <li>• <u>Nutrition Services</u> - provided through the Meals on Wheels Program, which is offered Monday to Friday, at a nominal charge to the client. In most communities, the "community freezer" is stocked periodically through the hunting and fishing of community members. Elders are a priority to receive food from the community freezer, which is periodically stocked through hunting and fishing and shared with the community.</li> </ul>				
Fort Smith	<ul style="list-style-type: none"> <li>• 2 RNs</li> <li>• 4 HSWs *</li> </ul>	<ul style="list-style-type: none"> <li>• .5 HSW</li> </ul>	<ul style="list-style-type: none"> <li>• 1 RN and 2 HSWs - Palliative Care Conference (Yellowknife)</li> <li>• 1 RN will receive training at the Hospice and Palliative Care Centre (Victoria, BC)</li> <li>• 1 HSW certified</li> </ul>	<ul style="list-style-type: none"> <li>• Yes</li> </ul>	<ul style="list-style-type: none"> <li>• * 2 HSWs provide Family Support/ Home Visitation Program services to high-risk Salt River First Nation families</li> </ul>
<b>HAY RIVER COMMUNITY HEALTH COARD</b>	<ul style="list-style-type: none"> <li>• <u>Palliative Care</u> - when needed, 24-hour service can be provided, based on family support and available resources. Volunteers are able to provide support when the Home Care Program is expended. Sometimes the clients are more comfortable and will spend their final one or two days in the hospital.</li> <li>• <u>Respite Care</u> - provided up to 40 hours per month based on stable client acuity and availability of resources. Clients also receive Respite Care in Woodland Manor.</li> <li>• <u>Nutrition Services</u> - available Monday to Friday from a Meals-on-Wheels, usually breakfast. HSWs provide assistance with meal preparation in the home. The Diabetes Education Program is providing nutrition education to Diabetic clients. A new program, "HUGS", will be introduced which will focus on healthy nutrition for healthy weight.</li> </ul>				
Hay River (includes Enterprise)	<ul style="list-style-type: none"> <li>• 2 HSWs</li> <li>• 2 RNs</li> </ul>	<ul style="list-style-type: none"> <li>• .5 HSW</li> </ul>	<ul style="list-style-type: none"> <li>• in-house palliative care course</li> <li>• 2.5 HSWs certified</li> </ul>	<ul style="list-style-type: none"> <li>• Yes</li> </ul>	

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INUVIK REGIONAL HEALTH AND SOCIAL SERVICES AUTHORITY		<ul style="list-style-type: none"> <li>• <u>Palliative Care</u> - can be provided in the Town of Inuvik, with the support of the family, on a 24-hour "on-call" basis.</li> <li>• <u>Respite Care</u> - can be provided up to 80 hours per month in Inuvik. In smaller communities, 24-hour care is not available, but the family and community members tend to assume a more supportive role to prevent having to move the client to an unfamiliar community for care. The training of HSWs will increase the availability of respite services in the smaller communities. All HSWs will graduate from the Home Support Worker Certification Program in November 2003.</li> <li>• <u>Nutrition Services</u> - available through Meals-on-Wheels in Inuvik. Lunch is available daily, Monday through Friday. HSWs assist with meal preparation in the home and with the "Elders Lunch" at the Friendship Centre twice a month. HSWs make bread and bannock on a rotational basis, once every two weeks, for Home Care clients.</li> </ul>				
Beau- Del	Aklavik	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
	Fort McPherson	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
	Holman	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
	Inuvik	• 2 HSW • 3.5 RNs		• HSW will be certified in Nov/03	• Yes	
	Paulatuk				• Yes	• Casual staffing contract
	Sachs Harbour				• Yes	• Casual staffing contract
	Tsiigehtchic	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
	Tuktoyaktuk	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
Sahtu	Colville Lake				• Yes	• Casual staffing contract
	Deline	• 1 HSW		• HSW will be certified in Nov/03	• Yes	

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Fort Good Hope	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
Norman Wells	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
Tulita	• 1 HSW		• HSW will be certified in Nov/03	• Yes	
<b>YELLOWKNIFE HEALTH AND SOCIAL SERVICES AUTHORITY</b>	<ul style="list-style-type: none"> <li>• <u>Palliative Care</u> - services are available 24 hours a day, 7 days a week. Nursing services can be provided up to 16 hours per day. The Home Care Program is developing "Standing Orders for Pain Management" and also has clients prearranged for hospital admission, if a time comes when the client is no longer comfortable receiving care in their home.</li> <li>• <u>Respite Care</u> – approximately 40 hours of respite care per week is being provided at the present time. The requirement for respite care is greater than the available resources.</li> <li>• <u>Nutrition Services</u> - available through Meals-on-Wheels program, which is offered daily for lunch or supper. HSWs delivers lunch and volunteers deliver supper. The program, which has 16 clients at present, has had as many as 32 clients at one time. The Home Care Program also cooks a monthly meal for clients at the Mary Murphy Home. HSWs provide assistance with meal preparation in the home. The Home Care Program provides weekly transportation to "Lunch with a Bunch".</li> </ul>				
Fort Resolution	• 2 RNs • 4 HSWs	• 1 LPN as necessary	• No	• Yes	• 4 HSWs not certified
Lutselk'e	• 3 HSWs			• Yes	• 3 HSWs not certified
Yellowknife	• 3 RNs • 1 LPN	• 6 RNs; 2 RNs (casual)	• All Palliative Conference • 5 Victoria Hospice	• Yes	
	• 7 HSWs	• .5 HSW	• 7.5 - Palliative Conference • 7.5 HSWs certified	• Yes	
	• 1 medical social worker		• Palliative Conference	• Yes	

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