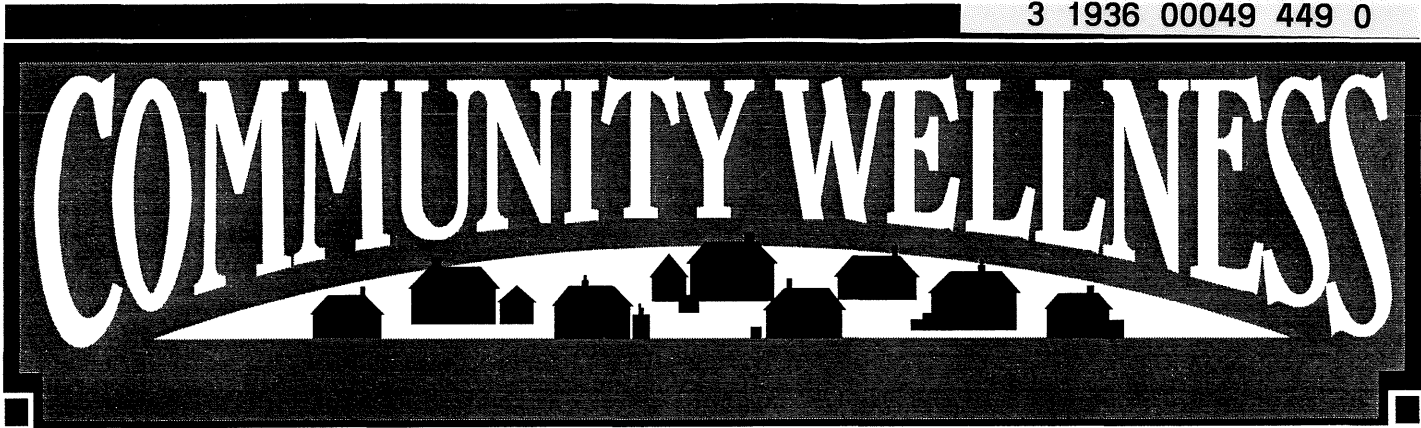


Community Wellness in Action: 1997-98
*Summary Report of Community
Wellness Initiatives*

N.W.T.
LEGISLATIVE ASSEMBLY
MAY 11 2 1999
Yellowknife, N.W.T.



Community Wellness in Action: 1997-98
*Summary Report of Community
Wellness Initiatives*

Table of Contents

Introduction	4
Program Descriptions	5
Health Canada Programs	7

Nunavut

Baffin Region	9
----------------------------	----------

Arctic Bay	10
Broughton Island	11
Cape Dorset	12
Clyde River	13
Grise Fiord	14
Hall Beach	15
Igloolik	16
Iqaluit	17
Kimmirut	18
Nanisivik	19
Pangnirtung	20
Pond Inlet	21
Resolute Bay	22

Keewatin Region	24
------------------------------	-----------

Arviat	25
Baker Lake	26
Chesterfield Inlet	27
Coral Harbour	28
Rankin Inlet	29
Repulse Bay	30
Sanikiluaq	31
Whale Cove	32

Kitikmeot Region	34
-------------------------------	-----------

Bathurst Inlet	35
Umingmaktok (Bay Chimo)	36
Cambridge Bay	37
Gjoa Haven	38
Holman	39
Kugluktuk (Coppermine)	40
Pelly Bay	41
Taloyoak (Spence Bay)	42

Table of Contents

Western Arctic

Deh Cho	44
Acho Dene Koe (Fort Liard)	45
Deh Gah Got'ie (Ft. Providence)	46
Hay River Reserve	47
Jean Marie River	48
Kakisa	49
Nahanni Butte	50
Sambaa K'e (Trout Lake)	51
Liidli Koe (Fort Simpson)	52
Pehdzeh Ki (Wrigley)	53

Dogrib (Treaty 11)	55
Rae	56
Gameti (Rae Lakes)	57
Dehchi Laoti (Snare Lakes)	58
Wha Ti	59

Gwich'in	61
Aklavik	62
Inuvik	63
Tsiigehtchic	64
Tetlit (Fort McPherson)	65

Inuvialuit	67
Aklavik	68
Inuvik	69
Paulatuk	70
Sachs Harbour	71
Tuktoyaktuk	72

Sahtu	74
Behdizi Ahda First Nation (Colville Lake)	75
Deline	76
K'ahsho Goti'ine (Fort Good Hope)	77
Tulita	78

Treaty 8	80
Deninu K'ue (Fort Resolution)	81
Lutsel K'e	82
Salt River (Fort Smith)	83
West Point (Hay River)	84

Yellowknife	87
Yellowknife	88

Introduction

Community wellness is a shared vision for healthier communities. It results in less control by government and greater involvement by communities. Community wellness proposes new partnerships with communities based on a belief in and a respect for the inherent right and ability of communities to solve their own problems and to stay healthy.

In 1997/98, communities identified mental health and child development as the priority for Brighter Futures projects. Communities employed a variety of strategies to meet mental health needs. Many communities promoted cultural values and traditions. Self esteem and identity issues are addressed by creating or reinforcing the link with past traditions. Education in land skill development, exposure to traditional arts and crafts, and music are ways communities have chosen to revisit their roots. Self esteem needs are also addressed by providing opportunities for community members to learn and develop marketable skills. Supporting community members in their healing journey has also been identified as a priority mental health issue. Dealing with grief and pain in a holistic way is the beginning of community empowerment.

Projects across the north strengthened the existing network of physical, social, cultural, educational, and mental/emotional services for aboriginal children. Projects include school lunch and snack programs, counselling services, summer day camps and recreation activities.

In many communities more than half of wellness funding dollars addressed child development issues.

Supporting communities in their journey on the path to wellness is Governments' role. The Department of Health and Social Services in the Northwest Territories and Health Canada provided more than 13 million dollars in 1997/98 as resources for community wellness programs. The following details funding sources available to communities.

Introduction

Program Descriptions



Brighter Futures

Brighter Futures is a funding source made available by Health Canada through the Department of Health and Social Services in the Northwest Territories. Community based organizations or individuals apply by project proposal through their local Hamlet Councils, Band Councils, or Community Corporations. Projects are eligible for funding if projects are designed to improve the physical, mental and social well-being of aboriginal children, their families and the community. Projects must demonstrate strong community support. Projects must reflect one or more of the following program elements. For the purposes of this report an attempt has been made to identify the proportion of community funding spent on each element. However, this is limited by the fact that Brighter Futures elements are complementary and interdependent. Often projects reflect a combination of program elements. The program elements include:

Community Mental Health - The aim is to improve the quality of, and access to, culturally sensitive mental health services at the community level.

Child Development - The aims to strengthen the existing child development network of social, health, medical, educational, and cultural services so that aboriginal children have the opportunity to achieve their potential.

Solvent Abuse - The aim is to produce early intervention programs before problems occur. Solvent abuse often indicates personal and family problems as well as the need to address youth issues.

Injury Prevention - The goal is to reduce death, acute and long-term disability due to the injuries among First Nations children.

Healthy Babies - The goal is to increase parental awareness of factors associated with healthy babies.

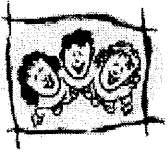
Parenting Skills - The aim is to enhance parental self-esteem which contributes positively to the physical, mental, and social well-being of their children.



Canada Prenatal Nutrition Program

The Canada Prenatal Nutrition Program (CPNP) targets pregnant women who are at risk of having unhealthy babies due to the poor health and malnutrition of the mother. The goal of the CPNP is to provide at-risk women with food supplementation, nutrition counselling, support, education, referral and counselling on lifestyle issues such as alcohol abuse, stress, and family violence. The program provides financial assistance to community-based organizations that offer programs and services for at-risk pregnant women. It also provides funds to develop and deliver prenatal nutrition programs where services and/or programs for at-risk pregnant women do not exist.

Introduction



Healthy Children Initiative

The Departments of Education, Culture and Employment and Health and Social Services are working together to achieve a vision where healthy children of healthy parents grow up in strong supporting families and caring communities. To do this, they have created a program that provides financial support to people, organizations and communities that create programs and services to work towards the accomplishment of this vision. The Healthy Children Initiative emphasizes a holistic approach where young people, parents, families and communities are all part of a network that helps healthy babies develop into healthy children. It supports a wide range of prevention and health promotion, primary intervention, and therapeutic programs and services. It focuses on the development of children from prenatal to age six. Through research it was learned that successful programs have a community development focus and are based on community needs as defined by members of the community. Successful programs are rooted in the language and culture of the community and are based on traditional values and perspectives. Successful programs also follow community values to form a foundation for planning and program design. The Healthy Children Initiative focuses on the shift from a child-centred to a family-centred model. The family centred approach places more emphasis on family needs and strengths.

Introduction

Health Canada Programs

Health Canada's Health Promotion and Programs Branch (HPPB) is mandated to deliver federal health promotion programs in the Northwest Territories. A key strategic direction for HPPB and the Department of Health and Social Services in the Northwest Territories is population health. This is an approach which addresses the entire range of factors that determine health. The HPPB is responsible for a range of funding programs available to First Nation communities.



Aboriginal Head Start Initiative

This program supports the development and implementation of community-driven and culturally appropriate programming designed to support healthy child development and school readiness.



AIDS Community Action Program

This program develops and strengthens the ability of community-based organizations to address HIV/AIDS issues through targeted prevention education, health promotion, and create supportive environments for people living with HIV/AIDS.



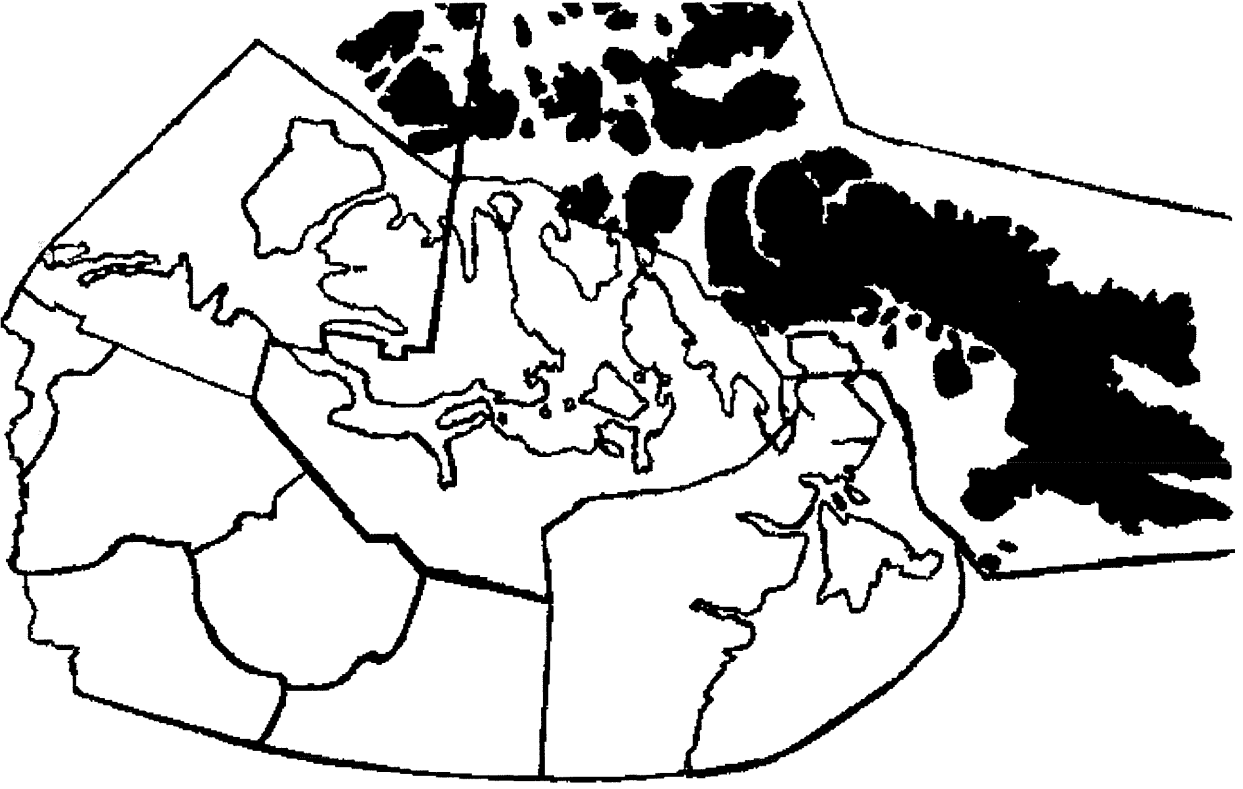
Canada Prenatal Nutrition Program

This program helps community groups and organizations to address the needs of at-risk pregnant women, and to assist them in having healthier pregnancies and improving the health of their babies. The program focuses on mothers and infants up to 12 months after birth.



Community Action Program for Children

This program helps community groups and organizations address the health, educational and developmental needs of children aged 0-6 years, while strengthening and supporting their families.

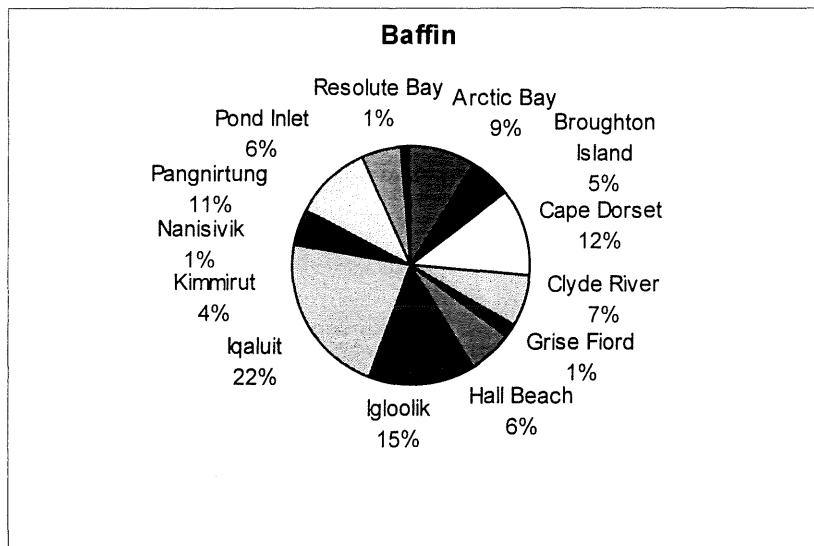


Baffin

Baffin Region

Wellness Funding 1997/98

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP/HPPB	Total
Arctic Bay	\$90,127.64			\$78,481.00					\$45,216.00		\$213,824.64
Broughton Island	\$92,190.23		\$3,203.20						\$31,141.00		\$126,534.43
Cape Dorset	\$177,892.29		\$33,138.32						\$68,348.00		\$279,378.61
Clyde River	\$100,120.43		\$26,109.50						\$40,426.00		\$166,655.93
Grise Fiord	\$7,733.12		\$11,529.59						\$14,779.00		\$34,041.71
Hall Beach	\$83,625.82		\$11,707.59						\$40,862.00		\$136,195.41
Igloolik	\$118,548.64		\$2,892.48	\$157,578.00					\$61,858.00		\$340,877.12
Iqaluit	\$362,956.06	\$18,650.00	\$7,733.00		\$9,800.00				\$118,911.00	\$7,733.00	\$525,783.06
Kimmirut	\$52,036.00								\$30,497.00		\$82,533.00
Nanisivik	\$16,689.29								\$17,488.00		\$34,177.29
Pangnirtung	\$182,048.72		\$8,296.02						\$63,012.00		\$253,356.74
Pond Inlet	\$45,608.57		\$8,296.02						\$67,152.00		\$121,056.59
Resolute Bay	\$5,980.09		\$3,776.94						\$14,603.00		\$24,360.03
Regional	\$274,419.01	\$26,880.00									\$301,299.01
Regional Total	\$1,609,975.91	\$45,530.00	\$116,682.66	\$236,059.00	\$9,800.00				\$614,293.00	\$7,733.00	\$2,640,073.57

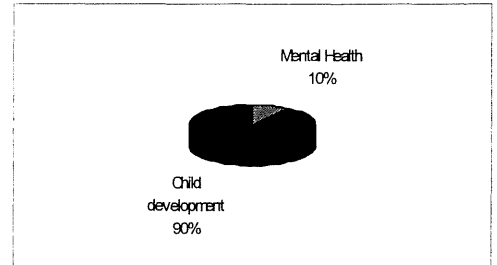


Arctic Bay

Community Wellness Initiatives

- Brighter Futures
- The Women's Auxiliary sewing group
 - Purchase of a computer for Drug & Alcohol program
 - Learning to Build with Wood
 - Summer day camp
 - Girl Guides and Brownies
 - Marine Biology Flow Edge Camp
 - Youth Friendship Centre
 - A study hall program
 - A hockey clinic
 - Youth boys basketball
 - Tour of Nanisivik for students
- Healthy Children
- Our Children, Our Joy
 - Toys and supplies
- Aboriginal Head Start
- Program deals with the social, physical, and emotional development of the child
 - Based in Inuit culture
 - Elders, parents, and extended families are closely involved

Brighter Futures Community Priorities



"The tour of Nanisivik helped students realize the job opportunities that were available in their own community. It also gave them a connection between science and technology and real life."

"The summer Day Camp provided much needed recreation during the summer months."

Arctic Bay

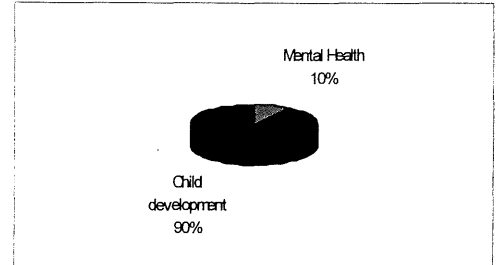
Community Wellness Initiatives

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Brighter Futures Community Priorities



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"The summer Day Camp provided much needed recreation during the summer months."

Cape Dorset

Community Wellness Initiatives

Brighter Futures

- Training and healing for community Caregivers
- Traditional camp experience
- Tukkuvik Women's Shelter programs
- Pauktuutit's AGM and Wellness Workshop
- A breakfast program for two schools
- Kingait Youth Council provides programs for youth in the community
- Land trip to Tiniturniitug; teaching traditional land skills and survival to youth

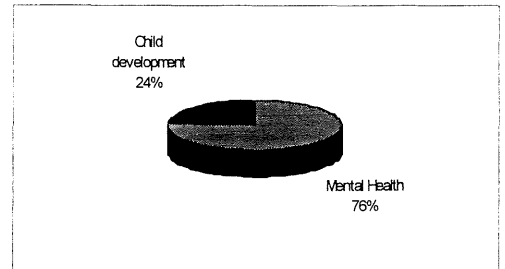
Healthy Children

- Working Together for Healthy Children
- Toys, equipment and supplies

Aboriginal Head Start

- Avuttutt - The Cravers Prenatal Nutrition Program
- Offers 3 cooking classes a week
- Provides nutrition information, breastfeeding, recipes
- Also had a draw for regular participants

Brighter Futures Community Priorities



"The Youth Council provided new and exciting recreational opportunities and to express themselves through traditional art activities...It also fostered a closer relationship between youth and the community."

Clyde River

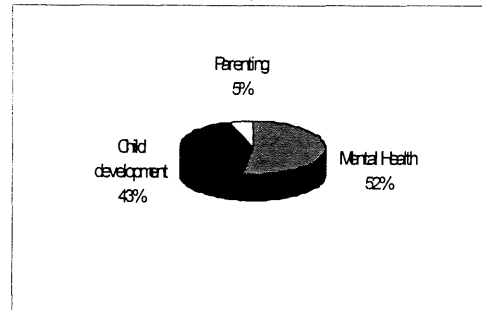
Community Wellness Initiatives

- Brighter Futures
- Workshop on child abuse
 - Traditional winter survival instruction
 - Traditional skills education program for young people
 - Suicide prevention workshop
 - School breakfast program
 - Suqqaqkut Food Bank
 - Quluaq School yearbook
 - National Conference for Aboriginal Youth
 - High School student exchange program to Ontario
 - Workshop on FAS/FAE

- Healthy Children
- Play equipment
 - Preschool and after school support
 - Toys, supplies and equipment

- CPNP-MSB
- The Clyde River Prenatal Nutrition Project
 - Offers cooking classes, information, nutrition counselling, food vouchers, healthy snacks, and recipes
 - Use games to develop knowledge and skills in cooking and nutrition
 - Child care available

Brighter Futures Community Priorities



“Teachers report that they have noticed that children are calmer and have better work habits as a result of the Breakfast Program.”

“The most important outcome of the Workshop on Child Abuse, has been the creation of a group called ATIQTAT. Fourteen women are joining their knowledge in an effort to provide counselling to anybody who has been or still is a victim of child sexual abuse.”

Grise Fiord

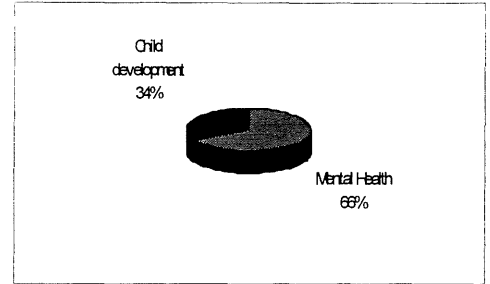
Community Wellness Initiatives

- Brighter Futures
- National Addictions Awareness Week; committee did a radio show, games, role play, storytelling, and a community feast
 - Suicide Prevention Program to address teens
 - School snack program

- Healthy Children
- Specific programs not yet identified

- CPNP-MSB
- The High Arctic Cooking Group
 - Provides nutrition information for new mothers, and healthy eating for pregnancy
 - Spouses also participated
 - Local hunters provided caribou for cooking classes

Brighter Futures Community Priorities



"The Suicide Prevention Program was to teach teenagers how someone becomes suicidal, how they can recognize someone who is suicidal, and what they can do when they think someone is suicidal."

Hall Beach

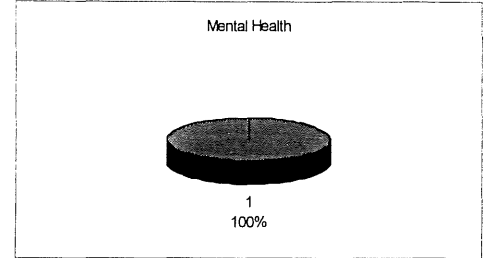
Community Wellness Initiatives

- Brighter Futures
- Mattutiit; a healing project for harmonizing the life of couples.
 - Square Dancing
 - Youth Suicide Prevention
 - Alcohol awareness program
 - Survival and craft skills

- Healthy Children
- Preschool recreation program

- CPNP-MSB
- Whole Family Affair Prenatal Nutrition Project
 - Offers education sessions, nutrition counselling, weekly cooking classes, and child care
 - Elders provided traditional knowledge
 - Healthy snacks and traditional foods available

Brighter Futures Community Priorities



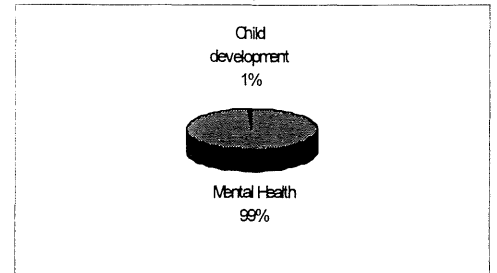
“(Suicide Prevention) The youth were very happy that they could talk to their peers and the facilitators instead of dealing with their problems on their own.”

“The Survival and Craft Skills project gave the students more self esteem and a better understanding of their identity.”

Community Wellness Initiatives

- | | |
|-----------------------|---|
| Brighter Futures | <ul style="list-style-type: none"> - Suicide and substance abuse prevention - Creative cooking and budgeting - Summer land skill and Elders retreat - Social Action Planning Workshop - Winter land skills program - Skin sewing instruction - Community healing circle - Traditional counselling - Pauktuutit AGM and suicide prevention workshop - School breakfast program - Play therapy for children at risk of abuse or trauma - Early intervention program |
| Healthy Children | <ul style="list-style-type: none"> - Working Together for Healthy Children - Equipment, supplies, and repairs |
| Aboriginal Head Start | <ul style="list-style-type: none"> - Provides a flexible child and family centred approach that meets the needs of high risk children and their families in the community - Parents and Elders actively participate in daily program activities |
| CPNP-MSB | <ul style="list-style-type: none"> - Igloolik Prenatal Nutrition Program - Focussed on pregnant teens - Cooking classes included recipes for traditional as well as store-bought food |

Brighter Futures Community Priorities



“(School breakfast program) With the students not being hungry, they paid more attention to the classes.”

“The healing circle was very helpful to the people that attended... Whenever there was a suicide in the community, there was place to allow gathering for expressing themselves and

Community Wellness Initiatives

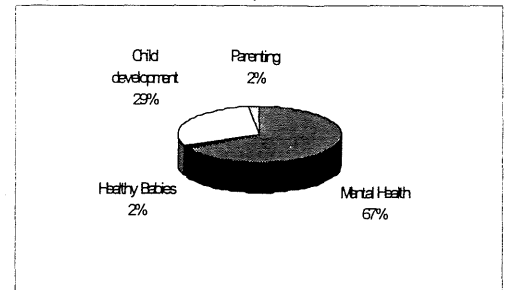
- Brighter Futures
- Elders conference in Cape Dorset
 - Sailivik Centre Program Manager
 - Handy Van service for Elders
 - Therapy for families at high risk for abuse
 - Square Dancing
 - Pauktuutit AGM host community
 - Northern Lights Youth Retreats
 - Men's Self Help Group
 - Sewing skills project
 - Women's retreat
 - Sprouts program
 - Terry Fox program for youth
 - Meal support program for students
 - Amaaqtiit Foster Parents Association
 - Moms and Tots Program
 - Baffin Fetal Alcohol Network

- Healthy Children
- A lunch and snack program
 - Breastfeeding workshop
 - Toys and equipment for the Building Health Families and Communities programs

- CPNP-MSB HPPB
- The Baffin Prenatal Nutrition Program
 - A project to increase mental, physical, and spiritual health of pregnant women at risk residing throughout the Baffin region
 - It provides a supportive learning environment based on the needs of participants

- ACAP
- Prevention and education activities, including the development of supportive initiatives such as, counselling for individuals and families directly affected by HIV/AIDS
 - Emphasis is given to the development of resources and activities which are culturally and linguistically sensitive to the Inuit
 - An AIDS/HIV conference

Brighter Futures Community Priorities



“The Sailivik Centre Program Manager was very important, having allowed them to operate the soup kitchen, thrift shop, and a Drop-In Centre for mentally challenged people and youth.”

“The Square Dancing program made students feel good about their achievements. The costumes made them feel proud of who they are.”

“One of the positive outcomes of the Foster Parents Association meetings was a stronger support and coping network.”

Kimmirut

Community Wellness Initiatives

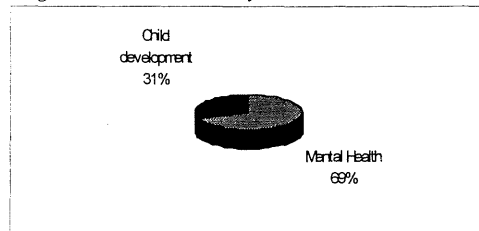
Brighter Futures

- Giving Tools for Healthy Living; counselling in anger management, self esteem, and depression for young people
- Cultural program in the school
- School breakfast program
- Christmas feast for children

Healthy Children

- Toys and Equipment for Programs

Brighter Futures Community Priorities



"The Breakfast Program helped the students to be attentive and happier throughout the day."

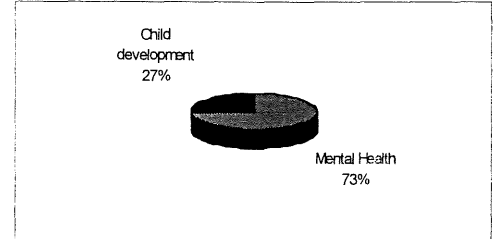
Nanisivik

Community Wellness Initiatives

Brighter Futures - Safety, Survival and Land Skills Program
- Cross Cultural Cookbook

Healthy Children - Toys and Equipment were purchased for the daycare at Nanisivik Mines

Brighter Futures Community Priorities



“The Land Skills program provided the children with an opportunity to learn how to survive, act in emergency situations and gained a better respect and understanding of the land.”

“Through the sharing and making of nutritional recipes, students and adults gained more knowledge in food preparation.”

Pangnirtung

Community Wellness Initiatives

Brighter Futures

- Adult Judicial Committee Land Skills Program
- Mammisaiyiit Healing Program
- Men's Group traditional skills program
- Alcohol and Drug Education Committee drug awareness programs
- Photography Club was set up to replace the pictures lost at the Attagoyuk School
- Health Committee ran STD/AIDS workshop and suicide prevention workshop
- Traditional skills course
- Pauktuutit AGM and suicide prevention workshop attendance
- Inukshuk Youth Council promoted a healthy, traditional lifestyle
- Northern Striders Speed Skating Club
- School breakfast program
- Minor hockey
- Caribou hunt and fishing trip for teens
- Inuktitut language course for students

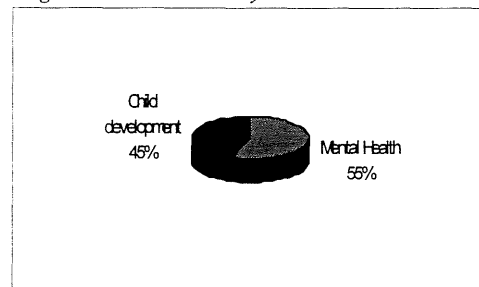
Healthy Children

- Parenting skills course
- Pangnirtung Playgroup
- Healthy Children proposal

CPNP-MSB

- Pangnirtung Prenatal Nutrition Project
- Provided information on nutrition and healthy Pregnancies, cooking skills, grocery shopping, healthy snacks, and making healthy food choices
- Use traditional and store-bought food

Brighter Futures Community Priorities



“(Adult Judicial Committee Land Skills Program) The offenders felt happier and useful to the community by providing food to the unfortunate while learning new skills.”

“Mammisaijiit is a group of people learning about healing in all aspects of life, emotional, spiritual, mental, and physical well-being.”

“(Alcohol and Drug Education Committee Program) The result of this project was that there seems to have been a decrease in violence, a mental and physical awareness of the community, and harmony within the community.”

Pond Inlet

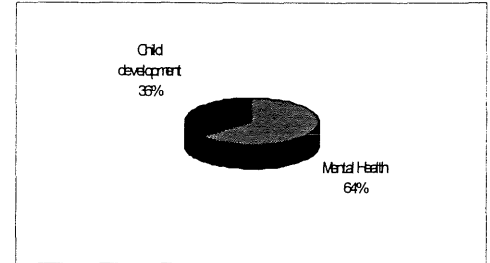
Community Wellness Initiatives

- Brighter Futures
- Eliquisik (Traditional Skills) Project
 - Healing and Worship by God's Word
 - Pauktuutit AGM and suicide prevention workshop attendance
 - Better Beginnings breakfast program
 - Elders in the School Program

- Healthy Children
- Parenting Skills Program

- CPNP-MSB
- Sivinisavut Qamagiitluavut Prenatal Nutrition Project (Taking Care of Our Future Leaders)
 - Offers cooking classes, education, information, food hampers, healthy snacks
 - Involves Elders, midwives and others

Brighter Futures Community Priorities



“The Elders in the School Program enhanced the knowledge in the youth about how the Inuit survived without all the luxurious materials and equipment we have today.”

“ The Breakfast Program made an impact on the way children and youth do their school tasks. This especially helped those whose family cannot afford to put breakfast on the table.”

Resolute Bay

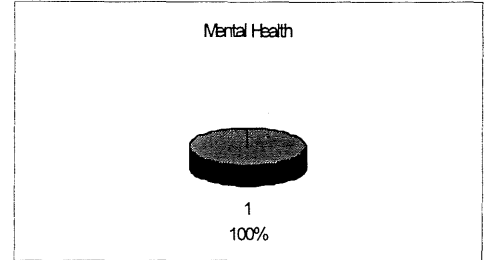
Community Wellness Initiatives

Brighter Futures - Inuit tool and craft workshop
- Community picnic

Healthy Children - Preschool Program

Aboriginal Head Start - Resolute Bay Prenatal Nutrition Project
- Offers weekly cooking classes and information on a variety of topics related to health and nutrition during pregnancy
- Topics include making baby food, breastfeeding, FAS, using a basic cookbook
- Participants include teens

Brighter Futures Community Priorities



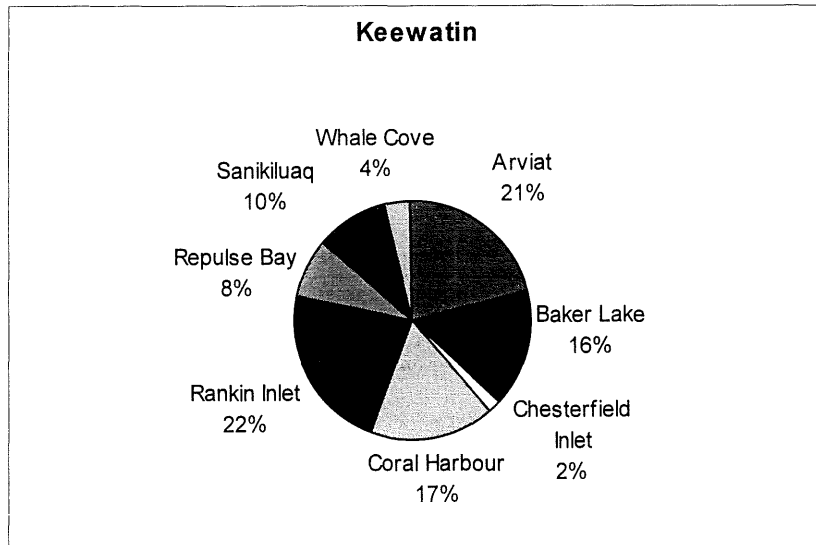
"The youth were very happy to have the tool and craft workshop because it gave the community a chance to talk to each other."



Keewatin

Keewatin Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP /HPPB	Total
Arviat	\$192,596.78		\$48,473.10			\$38,402.00			\$79,696.00		\$359,167.88
Baker Lake	\$187,223.08								\$73,372.00	\$120,463.00	\$260,595.08
Chesterfield Inlet	\$7,020.00								\$21,944.00		\$28,964.00
Coral Harbour	\$120,691.50			\$120,000.00					\$45,260.00		\$285,951.50
Rankin Inlet	\$260,049.52		\$37,185.75						\$78,065.00		\$375,300.27
Repulse Bay	\$98,957.44								\$42,751.00		\$141,708.44
Sanikiluaq	\$103,879.72		\$24,675.00						\$37,511.00		\$166,065.72
Whale Cove	\$39,165.00								\$23,607.00		\$62,772.00
Regional		\$23,599.56									\$23,599.56
Regional Total	\$1,009,583.04	\$23,599.56	\$110,333.85	\$120,000.00		\$38,402.00			\$402,206.00	\$120,463.00	\$1,704,124.45



Arviat

Community Wellness Initiatives

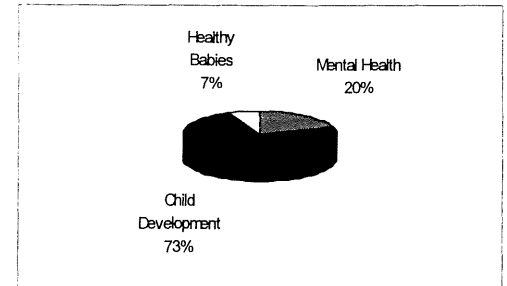
- Brighter Futures
- Character building groups
 - Student of the Month awards
 - Land Skills program
 - Traditional games instruction
 - Traditional skills training
 - Small Steps early childhood intervention
 - School snack program
 - Youth programs
 - Pathfinders
 - Look Who's Reading Now!
 - Student explorations - Winnipeg trip
 - Alliance Youth Group camp
 - Classroom in the Igloo
 - Snow Thang / Probe '98
 - High School dictionaries
 - Healthy Moms, Healthy Babies

- Healthy Children
- Small Steps preschool intervention program

- CAPC
- Early Childhood Coordinator
 - Specially equipped van (with insurance)

- CPNP-MSB
- Arviat Healthy Moms and Healthy Babies Prenatal Nutrition Project
 - Offers education, nutrition counselling, cooking classes, sewing & sharing circles, home visits, childcare

Brighter Futures Community Priorities



"The Youth Program is a positive alternative to the streets. On average, in excess of 50 children per day

Baker Lake

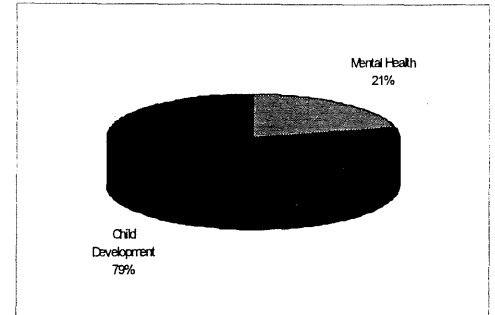
Community Wellness Initiatives

- Brighter Futures
- Mianiqsijit; a counselling seminar for seniors
 - Community development
 - A full-time school counsellor
 - A part-time librarian
 - A school lunch program
 - Youth Drop-in Centre
 - Traditional skills training for youth

- Healthy Children
- Nobody's Perfect parenting skills
 - Child care while at Nobody's Perfect
 - Prenatal nutrition
 - Family visiting (Baker Lake Hospice Society)
 - Babysitting course

- CPNP-MSB
HPPB
- The Baker Lake Prenatal Nutrition Project
 - Education and practical skill development through activities, such as nutrition counselling, prenatal classes, breastfeeding promotion, etc..

Brighter Futures Community Priorities



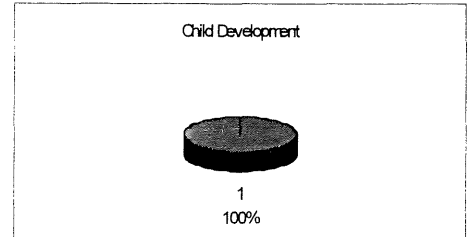
“The funding from Brighter Futures enhanced the quality of life for residents.”

Chesterfield Inlet

Community Wellness Initiatives

- Brighter Futures
 - Reading circle
 - Parent and child library
- Healthy Children
 - Specific projects not yet identified

Brighter Futures Community Priorities

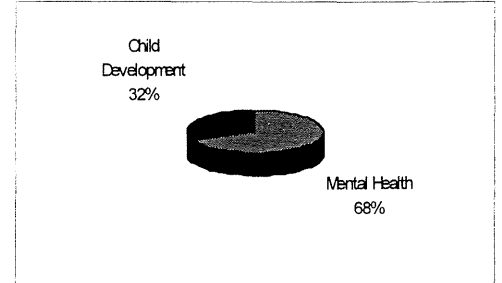


Coral Harbour

Community Wellness Initiatives

- Brighter Futures
- Traditional sewing instruction
 - Healing circle
 - Survival skills instruction
 - Winter cultural camp
 - Traditional weapons documentation and creation
 - Suicide prevention
 - Playdays
 - Summer cultural camp
 - Trichinella Detection Training Program
 - School snack program
 - School boxing program
 - Early Childhood Education Program
- Healthy Children
- Nobody's Perfect Parenting Program
 - Traditional parenting
 - Play group
 - Life skills
 - Basic nutrition program
- Aboriginal Head Start
- Program was available to 16 children, aged 3-5 years
 - Program content and activities reflect the Inuit language, traditional games, and singing
 - Elders and parents are a regular part of the program
 - A daily snack is included, emphasizing traditional foods

Brighter Futures Community Priorities



“The Playdays Program concentrated on the development of fine motor and socialization skills.”

“The boxing program gives students a worthwhile activity which helps to develop self control and esteem.”

Rankin Inlet

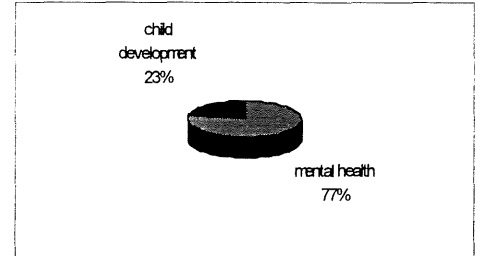
Community Wellness Initiatives

- Brighter Futures
- Camping for people with disabilities
 - Special Olympics Program
 - Peer Counselling Program
 - Support group for abused women
 - Alcohol and Drug workshop
 - Ceramic program
 - Youth Drop-in Centre
 - Breakfast program in the school
 - Winter lunch program in the school
 - Life Cultural Skills Program
 - Playground project
 - Sport daycare recreation
 - Sappudjijiit summer day camp
 - Child Literacy Program
 - ATV Helmet Program

- Healthy Children
- Cultural activities
 - Parent and Tot play group
 - Staff training
 - Young Mothers Support Group
 - Home visiting
 - Parent support
 - Toy lending library

- CPNP-MSB
- The Rankin Inlet Prenatal Nutrition Project offered cooking classes, prenatal classes, home visits, and information about nutrition and healthy pregnancies

Brighter Futures Community Priorities



“The Sport Daycare Recreation Program employed 8 students for 10 weeks and had 228 children registered.”

“All ATV equipment was purchased and worked well. The program ran well in cooperation with the RCMP.”

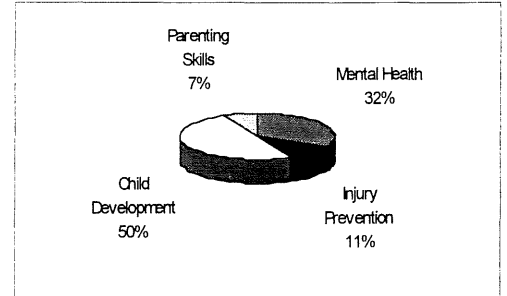
Repulse Bay

Community Wellness Initiatives

- Brighter Futures
- Winter Test Fishery program
 - Cultural values program
 - Home Care Program
 - Elders and youth communication program
 - Snack program in the school
 - Community recreation equipment
 - Crossing Guard program
 - Standard First Aid
 - Parenting Skills Program

- Healthy Children
- A toy lending library
 - Nutrition and parenting programs
 - Occupational and Physiotherapy
 - Special needs equipment

Brighter Futures Community Priorities



“The Elder and youth communication program gave all ages a chance to interact with each other.”

“The school snack program is probably the best of all programs run by the Hamlet.”

“About 20 parents directly benefited from the parenting skills program.”

Sanikiluaq

Community Wellness Initiatives

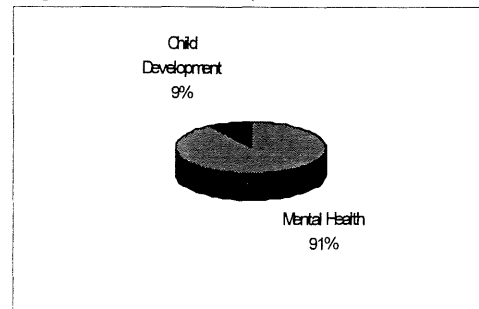
Brighter
Futures

- Life skills training
- Hunting skills training
- Traditional sewing skills training
- Land Food Project
- Traditional tool making
- Suyurgingiituaq Group
- Traditional throat singing
- Igloo Cultural Program
- English as a Second Language
- Inclusion, Community & Diversity Workshop
- Youth leadership workshop
- Computer literacy project

CPNP-MSB

- The Prenatal Nutrition Program of Sanikiluaq
- Offers prenatal classes, nutrition information, cooking classes, and child care
- Participants were provided with traditional food

Brighter Futures Community Priorities



“The traditional sewing skills project was popular and very successful. It not only resulted in young women producing a pair of mittens and kamiks, but also invaluable knowledge was passed on from Elders to the youth.”

“The Inclusion, Community & Diversity Workshop helped the school counsellor in communicating with students who have learning disabilities..”

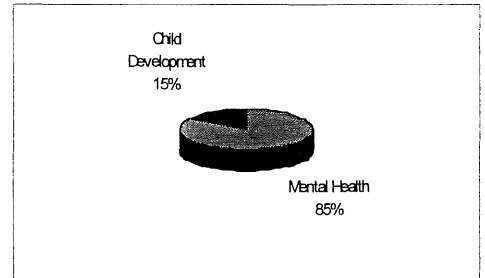
Whale Cove

Community Wellness Initiatives

- Brighter Futures
- National Native Role Model Organization guest speaker
 - Purchase of games and sports equipment
 - National Student Leadership Conference
 - Land skills program
 - School breakfast program

- Healthy Children
- Preschool program equipment
 - Community literacy program

Brighter Futures Community Priorities



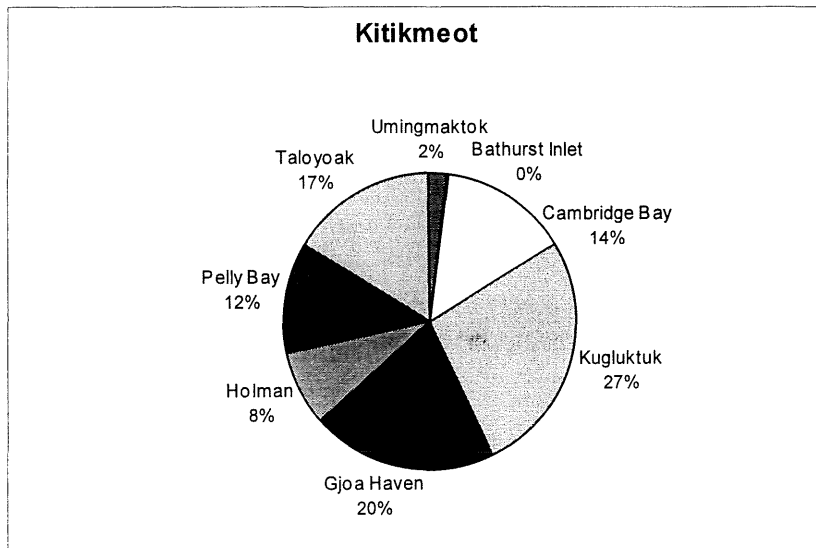
“Two students and a teacher attended workshops on goal setting, increasing school spirit, and running effective student council meetings. This will benefit the school for years to come.”



Kitikmeot

Kitikmeot Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP/HPPB	Total
Umingmaktok	\$11,426.91								\$13,170.00		\$24,596.91
Bathurst Inlet	\$6,187.72										\$6,187.72
Cambridge Bay	\$135,969.83								\$52,598.00		\$188,567.83
Kugluktuk	\$157,476.94		\$33,810.00	\$80,040.00					\$68,564.00		\$339,890.94
Gjoa Haven	\$125,557.58			\$80,000.00					\$57,828.00		\$263,385.58
Holman	\$65,123.05		\$17,792.65						\$26,986.00		\$109,901.70
Pelly Bay	\$72,918.00		\$49,035.46						\$36,624.00		\$158,577.46
Taloyoak	\$82,459.60		\$26,525.00	\$64,211.00					\$42,844.00	\$84,593.00	\$216,039.60
Regional Coord	\$111,925.00										\$111,925.00
Regional Total	\$769,044.63		\$127,163.11	\$224,251.00					\$298,614.00	\$84,593.00	\$1,419,072.74



Bathurst Inlet

Community Wellness Initiatives

Brighter
Futures

- Traditional arts & crafts program for young people and adults
- Playground equipment was purchased for Moms and Tots program

Brighter Futures Community Priorities
Information not Available

Umingmaktok (Bay Chimo)

Community Wellness Initiatives

Brighter Futures
- Sewing classes
- Carving program
- Sports equipment
- Playground improvements

Brighter Futures Community Priorities
Information not Available

Healthy Children
- Specific projects not yet identified

Cambridge Bay

Community Wellness Initiatives

Brighter
Futures

- A Community Wellness Coordinator was hired to supervise a number of projects
- Community feasts, workshops, and cultural activities were held
- Facilitator training workshop
- Support for the Regional Justice Workshop
- Suicide Prevention Training
- A carving and creative skills workshop
- Mobile grieving and healing workshops
- Support for the Elders Centre
- Support for the ladies sewing group to make traditional clothing
- Youth activities: sports, dance, music
- Parenting workshop

Brighter Futures Community Priorities
Information not Available

“Linkages and partnerships are ongoing between various groups, such as Healthy Children Initiative, Preschool Advisory Committee, the Family Violence Prevention Program, the Community Justice Committee, Victim Assistance, and the Alcohol and Drug Program.”

Healthy
Children

- Preschool Resource Centre was established by the Childcare Society and Community Wellness
- Additional programs not yet identified

Gjoa Haven

Community Wellness Initiatives

Brighter
Futures

- Healing and Grieving Workshops
- The Youth Drop In Centre held a number of events, dances, games etc.
- Programs offered through Winter Sports and Recreation Department
- Community hunt to help youth learn hunting skills
- School lunch program
- Needs assessment for an early intervention program was conducted
- Kids Explore '98 was a program in which 4 children spent a week in Vancouver

Brighter Futures Community Priorities
Information not Available

Healthy
Children

- Information not available

Aboriginal
Head Start

- Program is offered to children 3-5 years of age
- Parents and Elders participate
- Programming focuses on traditional language and activities

"The healing and grieving workshops have done a great deal to get the youth to open up and discuss their problems, and dealing with peer pressure."

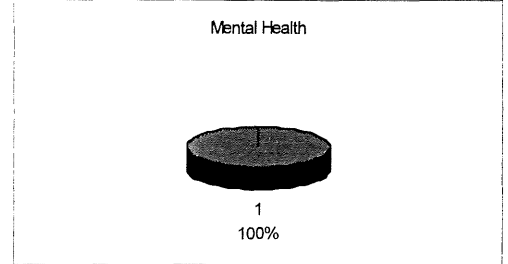
"Kids Explore '98 was a huge success. The youth who attended did a presentation at school and sent their story to News North."

Holman

Community Wellness Initiatives

- Brighter Futures - Regional drum making workshop and drum dancing initiatives
- Healthy Children - Primary intervention program
- CPNP-MSB - The Holman Prenatal Traditional Cooking Prenatal Nutrition Project
 - Provides nutrition and cooking information
 - Pregnant women and teens participated

Brighter Futures Community Priorities



Kugluktuk (Coppermine)

Community Wellness Initiatives

- Brighter Futures
- Training provided for 2 shelter workers
 - Community Wellness Workshop
 - An opportunity for youth to learn how to prepare and tan hides and sew traditional garments
 - Traditional tool making was taught
 - Drum dancing and storytelling for youth
 - A Parenting Workshop
 - Presentations on Smoking and FAS/FAE were done at the Prenatal Nutrition Program
- Healthy Children
- Early Childhood Education for 1-3 year olds was provided by the Hamlet
 - Other projects not yet identified
- Aboriginal Head Start
- Sixteen children attend a program for 3-5 hours a day, for 4 days a week
 - The program is also provided in home settings
 - Focus on family participation and traditional activities and language
- CPNP-MSB
- The Kugluktuk Prenatal Nutrition Program
 - Offers pre and postnatal women education sessions, nutrition counselling, cooking classes, food vouchers, and home visits

Brighter Futures Community Priorities
Information not Available

“The Community Brighter Futures Coordinator, the Community Wellness Coordinator, and the Youth Coordinator planned a number of wellness activities in the areas of mental health, child development, injury prevention, solvent abuse, healthy babies, and parenting.”

Pelly Bay

Community Wellness Initiatives

Brighter
Futures

- Healing and grieving workshops
- Heritage Volume project; collects and records local history for future generations
- Preschool program
- Kayak orientation introduced
- Elders and youth camp
- Girls' club was supported
- Minor hockey was supported
- Christmas gifts for children in need
- Wellness Centre materials purchased
- The Kids Ready for School program motivates children to stay in school
- Purchase of a computer for the school
- A part-time school Librarian was hired
- School presentations by Lt. Colonel Hadfield
- A gun locker project provided 100 lockers for distribution to households

Brighter Futures Community Priorities

“Kayak Orientation introduced kayaking to the community to help preserve the traditional transportation methods and to create knowledge of the sport for future employment opportunities in tourism.”

Information not Available

Healthy
Children

- Specific projects not yet identified

CPNP-MSB

- The Pelly Bay Prenatal Nutrition Program
- Offers pre and postnatal women education sessions, nutrition counselling, cooking classes, child care, and transportation
- Women were provided with healthy snacks and a community feast

Taloyoak (Spence Bay)

Community Wellness Initiatives

- Brighter Futures
- A Mental Health Worker was hired
 - Family, one on one, and on-the-land counselling trips
 - Counselling for anger management and suicide prevention
 - Healing and grieving workshops
 - Spousal abuse workshop
 - Training for local facilitators
 - Suicide prevention workshop
 - Crisis intervention workshop
 - On the land programs for youth

Brighter Futures Community Priorities
Information not Available

- Healthy Children
- Programming that supports development projects for young children
 - Other projects not yet identified

- Aboriginal Head Start
- This program provides opportunities for at-risk children to attend a holistic program that involves parents as role models and facilitators
 - A strong element is parent participation with a focus on parenting skills, positive discipline practices , and parents as first teachers

- CPNP-MSB HPPB
- This project enhances an existing child health project, with cultural sensitivity
 - Purpose is to ensure stable access to nutritious foods, provide education, and enhance food purchasing skills

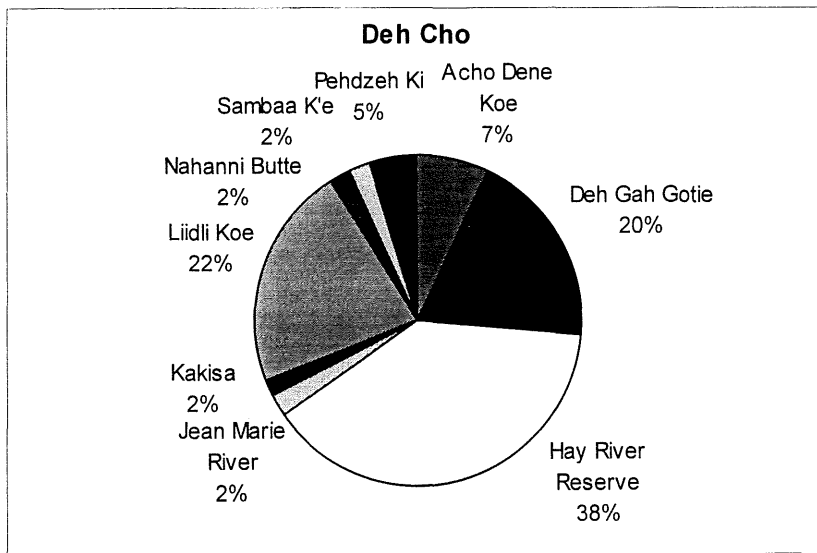
“Community participation was at an all time high. There was one suicide in the community this year. The youth are talking more openly and asking for help from the Mental Health Worker and Social Worker. Adults are taking more interest in the youth programs and their own relationships with others.”



Deh Cho

Deh Cho Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP/HPPB	Total
Acho Dene Koe	\$73,865.62								\$25,246.00		\$99,111.62
Deh Gah Gotie	\$128,349.30			\$106,918.00					\$34,595.00		\$269,862.30
Hay River Reserve	\$66,616.98	\$14,000.43	\$41,293.38	\$112,500.00		\$295,020.00			\$13,671.00	\$20,000.00	\$543,101.79
Jean Marie River	\$21,326.79								\$11,204.00		\$32,530.79
Kakisa	\$10,359.84								\$10,588.00		\$20,947.84
Liidli Koe	\$145,054.02		\$3,779.74			\$124,915.00			\$37,248.00	\$65,692.00	\$310,996.76
Nahanni Butte	\$11,593.95								\$11,900.00		\$23,493.95
Sambaa K'e	\$17,829.64								\$12,779.00		\$30,608.64
Pehdzeh Ki	\$51,370.50								\$15,788.00		\$67,158.50
Regional Total	\$526,366.64	\$14,000.43	\$45,073.12	\$219,418.00		\$419,935.00			\$173,019.00	\$85,692.00	\$1,397,812.19



Acho Dene Koe (Fort Liard)

Community Wellness Initiatives

- Brighter Futures
- Family Healing Camp
 - Community Communication Strategy workshop
 - Drop-in Centre for youth
 - Safe Children Campaign

- Healthy Children
- Specific projects not yet identified

Brighter Futures Community Priorities
Information not Available

“The Communication Strategy was very successful. With assistance from the RCMP and CHR, we managed to offer a variety of videos, posters, stickers, and articles published in a newsletter.”

Deh Gah Got'ie (Fort Providence)

Community Wellness Initiatives

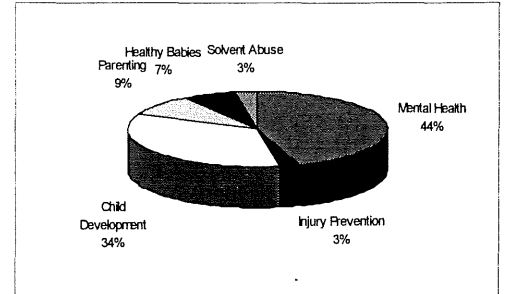
Brighter Futures

- Grieving/Healing Workshops
- Traditional Gatherings
- Cultural development; Drum Dancers, school drum project
- Aboriginal Youth Conference in Edmonton
- Youth trip to Florida
- Participation in local preschool program
- Graduation ceremony for preschoolers
- Family Resource Centre
- Creating awareness about solvent abuse in the community
- Two Family Life Counsellors attended a workshop for shelter workers
- Discussion about safety issues in school, community, and on the land
- Parenting workshops

Healthy Children

- Program is based on holistic learning in the Dene culture
- Family participation important

Brighter Futures Community Priorities



“The Grieving/Healing Workshop provided for more openness and participation by community members as they related closely to the traditional setting of the camp.”

“The Dene Council will sponsor annual recognition of preschool graduates with the hope of reinforcing the importance and value of education.”

“The Preschool Program continues to provide a good balance between play and a more organized time for learning. Parents and interested community members are encouraged to attend the classes and participate with their child.”

Hay River Reserve

Community Wellness Initiatives

Brighter Futures

- Healing workshops; addictions, family violence, empowerment
- Interagency workshop on Team Work
- Family Wellness workshop
- Knowing Our Spirit Conference
- National Addictions Awareness Week activities
- Summer Day Camp
- Youth Drop-In Centre
- Dream Catchers Conference
- Investing in Education Conference
- School Counsellor
- Recreation activities; on-the-land program

Brighter Futures Community Priorities
Information not Available

(School Counsellor) "Several students have been identified as requiring additional counselling because of specific issues they are dealing with. I meet with these students on a regular basis."

Healthy Children

- School bus program

Aboriginal Head Start

- A safe, nurturing environment for 16 preschoolers.
- Program is rooted in local culture
- Involves family participation

CPNP-MSB
HPPB

- Prenatal education and awareness, with a focus on children and families at-risk

CAPC

- Child Care Advocates offer quality programs and services to children who use the resources of the Women's Resource Centre, and to children in the community at-large

Jean Marie River

Community Wellness Initiatives

Brighter
Futures

- Traditional Medicine Man
- Financial support for a trip to Ottawa related to traditional issues
- Youth trip to Prince of Wales Museum in Yellowknife
- Purchase of Indian Child Magazine for the school
- One youth attended the Youth to Welfare Workshop in Ft. Providence
- One Band member attended the "Train the Trainer for Children and Youth" in Hay River
- Subsidized the Youth Worker's salary
- Girl Guides support
- Field trip to Ottawa
- Youth trip to Ft. Liard
- Spring Camp involving injury prevention information

Brighter Futures Community Priorities
Information not Available

Healthy
Children

- Specific projects not yet identified

Community Wellness Initiatives

Brighter Futures - Youth cultural activities; life skills
- Youth Aboriginal Conference

Brighter Futures Community Priorities
Information not Available

Healthy Children - Specific projects not yet identified

“The results of the two projects was a learning experience for youth. It’s very important that the Dene culture be maintained and kept strong.”

Nahanni Butte

Community Wellness Initiatives

Brighter
Futures

- Spiritual Gathering - Pedzi Ki First Nations
- Women & Wellness Conference
- Church renovations
- Commemorative celebration for Anniversary of Pope's visit
- Cultural fall and winter camp programs
- Dream Catchers Youth Conference in Edmonton

Healthy
Children

- Specific projects not yet identified

Brighter Futures Community Priorities
Information not Available

(Women & Wellness Conference) "The women all around me were First Nations women from all over Canada and the States. I listened and saw the pain of physical abuse, incest, alcohol and drug abuse, and the grief of losing a loved one. And I saw it in the faces of the women sitting next to me, in front of me, behind me, in my own face."

Stacey Marcellais

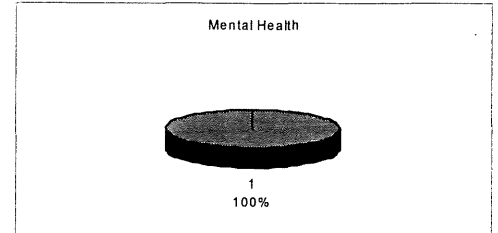
Sambaa K'e (Trout Lake)

Community Wellness Initiatives

Brighter Futures
- Traditional camp skills for youth
- Traditional Healer
- Five women attended the Womens' Well-being Conference in High Level, Alberta

Healthy Children
- Specific projects not yet identified

Brighter Futures Community Priorities



“Visits from Traditional Healers are very successful. The majority of Band members, youth, and others of all ages were very happy that the Traditional Healers visited the community.”

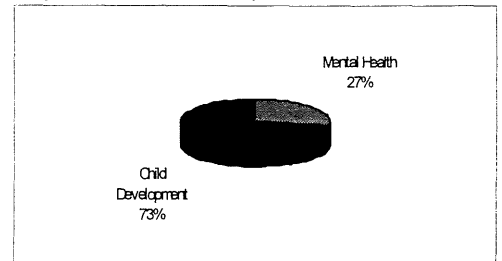
Liidli Koe (Fort Simpson)

Community Wellness Initiatives

Brighter Futures

- Log cabin training project
- Women & Wellness Conference
- Home and Family Support Program; 2 social workers travelled to Edmonton to learn about this program
- National Addictions Awareness Week activities
- Traditional Dene Clothing research project trip to Ottawa
- Beavertail Jamboree
- Slavey Camp
- Centre for Indigenous Peoples' Nutrition and Environment Conference
- Spookorama; Hallowe'en celebration
- Train the Trainers for Children and Youth Program; training for stress management and rehab programs
- Youth sponsored to Delphi Academy for exceptional skill in sports
- Dream Catchers Conference
- Early Childhood Education Program trip to Saskatoon for a conference

Brighter Futures Community Priorities



(Slavey Camp) "This successful holistic approach offers many traditional activities and events for the students. This program has proven to be very productive and one of the very few programs that are integrated with the educational system in Ft. Simpson which shows a traditional concern."

Healthy Children

- Prenatal Nutrition Program
- Early childhood education materials
- Respite care and counselling

CPNP-MSB HPPB

- Program focuses on increasing awareness of prenatal risk factors, identifying local supports and resources, providing nutritious food, and counselling

CAPC

- Community based, early intervention pre-school program for at-risk families

Pehdzeh Ki (Wrigley)

Community Wellness Initiatives

- Brighter Futures
- Spiritual and Healing Gathering
 - Drumming Workshop
 - Cultural expedition - Fish Lake
 - Life skills workshop for students
 - Students/Youth Travel - Education Orientation
 - Youth Project Coordinator

Healthy Children

-Specific products not yet identified

Brighter Futures Community Priorities
Information not Available

(Spiritual Gathering)

"Favorable comments were received from visitors and everyone had an enjoyable time partaking in all or some of the activities."

"The primary objective of the Cultural Expedition is for youth to gain traditional harvesting skills necessary to establish a spiritual relationship with the land, water, and its resources."

Pehdzeh Ki (Wrigley)

Community Wellness Initiatives

Brighter
Futures

- Spiritual and Healing Gathering
- Drumming Workshop
- Cultural expedition - Fish Lake
- Life skills workshop for students
- Students/Youth Travel - Education Orientation
- Youth Project Coordinator

Healthy
Children

- Specific products not yet identified

Brighter Futures Community Priorities
Information not Available

(Spiritual Gathering)
"Favorable comments were received from visitors and everyone had an enjoyable time partaking in all or some of the activities."

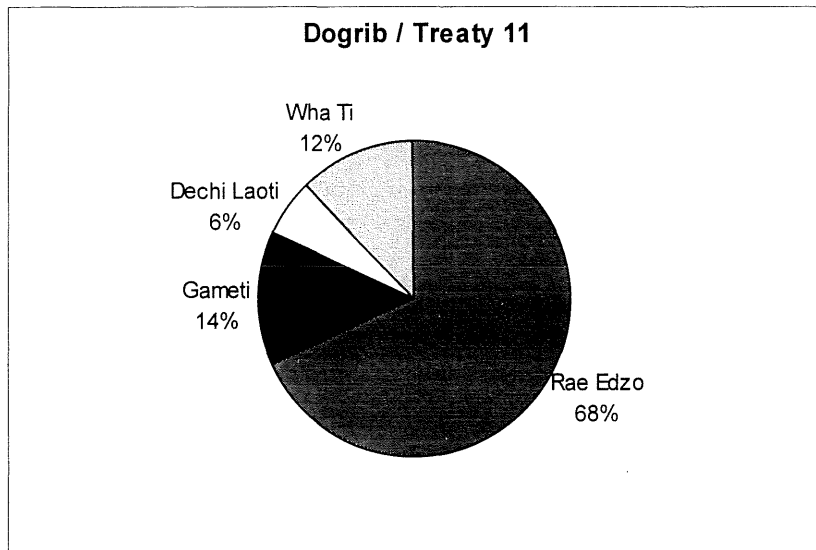
"The primary objective of the Cultural Expedition is for youth to gain traditional harvesting skills necessary to establish a spiritual relationship with the land, water, and its resources."



Dogrib

Dogrib (Treaty 11) Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP/HPPB	Total
Rae Edzo	\$281,100.00		\$36,095.33			\$50,820.00			\$73,846.00		\$441,861.33
Gameti	\$73,000.00								\$17,441.00		\$90,441.00
Dechi Laoti	\$23,200.00								\$14,441.00		\$37,641.00
Wha Ti	\$44,900.00		\$8,027.72						\$27,193.00		\$80,120.72
Regional Program	\$28,435.00										\$28,435.00
Regional Total	\$450,635.00		\$44,123.05			\$50,820.00			\$132,921.00		\$678,499.05



Rae Edzo

Community Wellness Initiatives

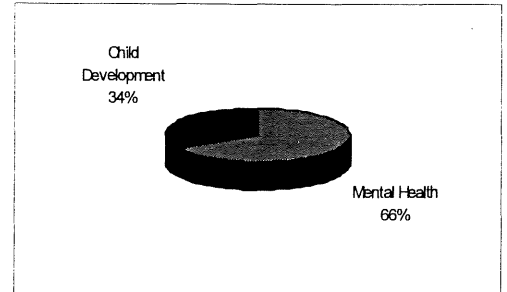
- Brighter Futures
- Alcoholics Anonymous Round-up - Hay River
 - Wheeler Lake Healing Camp
 - Regional spiritual workshop
 - Community feast
 - Youth Drummer Revival
 - Children Planning Committee

- Healthy Children
- Early Childhood Programs

- CAPC
- A licensed child centre for 3-4 year olds
 - Promotes knowledge and skill development for children and parents
 - Provides student teacher training

- CPNP-MSB
- The Rae Edzo Prenatal Nutrition Program

Brighter Futures Community Priorities



(AA Round-up) "The group reported that the trip was meaningful. They learned new skills and tools to help their people who are suffering from addictions."

(Wheeler Lake Healing Camp) "The report received from the coordinator of this trip stated that the camp was a success. Although most of the youth were from dysfunctional families, the participation was well respected. The leaders hope that this project was an eye opener for the youth, and hope that it may give them a chance to change their way of life."

Gameti (Rae Lakes)

Community Wellness Initiatives

Brighter
Futures

- Feast and drum dance held to celebrate culture
- Traditional hand games were promoted
- A leadership workshop
- Spiritual gathering in Deline
- A delegation went to Ft. Resolution to learn about their Justice Committee
- Visit to Traditional Medicine Man for family healing
- Christmas activities
- Established a Junior Rangers Program

Brighter Futures Community Priorities
Information not Available

Healthy
Children

- Early Childhood Programs

Dehchi Laoti (Snare Lakes)

Community Wellness Initiatives

- Brighter Futures
- Celebration of First Communion
 - Feast and drum dance for Dogrib Treaty 11 Assembly
 - Leaders attended a Community Development Workshop in Yellowknife
 - Leadership workshop
 - Attended traditional healing programs in Rae
 - Feast and drum dance Christmas celebrations
 - Travel to Hay River for community development work

- Healthy Children
- Early Childhood Programs

Brighter Futures Community Priorities
Information not Available

Wha Ti

Community Wellness Initiatives

Brighter
Futures

- Travel for Spiritual programs
- Grieving sessions
- Healing workshops
- Youth meeting
- Outpost Camp
- Prenatal Workshop
- Parenting Workshop

Brighter Futures Community Priorities
Information not Available

Healthy
Children

- Early Childhood Programs

CPNP-MSB

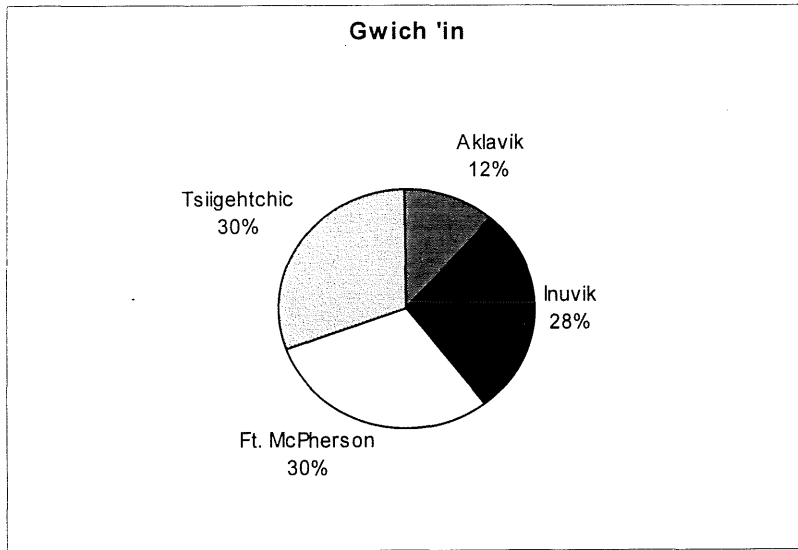
- The Wha Ti Prenatal Nutrition Program
- Offers cooking classes, nutrition information, child care, and home visits to prenatal and new mothers



Gwich 'in

Gwich 'in Region

	Brighter Futures	NNADAP	CPNP/MSB	Aboriginal Head Start	CPNP/HPPB	ACAP	CAPC	CAP	PHF	Healthy Children	Total
Aklavik	\$40,605.87									\$46,758.00	\$87,363.87
Inuvik	\$63,697.61					\$45,000.00				\$97,909.00	\$206,606.61
Ft. McPherson	\$51,627.61		\$10,815.00	\$116,500.00						\$39,489.00	\$218,431.61
Tsiigehtchic	\$199,787.94		\$12,091.50							\$15,969.00	\$227,848.44
Regional Total	\$355,719.03		\$22,906.50	\$116,500.00		\$45,000.00				\$200,125.00	\$740,250.53



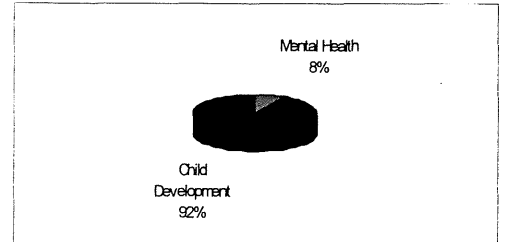
Aklavik

Community Wellness Initiatives

- Brighter Futures
- Elder abuse workshop for youth
 - Youth activity coordinator
 - Badminton team development
 - Strings Across the Sky - a concert with the Toronto Symphony
 - Junior Boys Curling Team
 - Aboriginal language program
 - Traditional on-the-land programs for youth
 - Junior Girls Volleyball Club
 - Snowshoe Club

- Healthy Children
- Aklavik Preschool
 - FAE/FAS Workshop
 - Infant supplies
 - Parent Workshop supplies
 - Toy lending library
 - Speech Aide

Brighter Futures Community Priorities



“The Badminton Team provided opportunities for students to combine academics and sport and encourage staying in school.”

Community Wellness Initiatives

Brighter Futures

- Racheal Reindeer Camp; land skills training
- Gwich'in Community Gathering
- Purchase of videos from the Territorial Experimental Ski Training Program
- Toastmasters
- NWT Training Centre programs; life skills
- SAM School Dancers
- School breakfast program
- Western Canadian Ski Championships at 100 Mile House, BC (14 athletes participated)
- NWT Training Centre programs; basic job readiness
- NWT Training Centre programs; parenting skills
- NWT Training Centre programs; First Aid and CPR course
- NWT Training Centre programs; FAS/E workshop

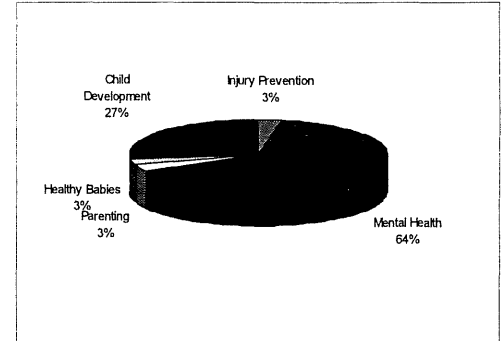
Healthy Children

- In-home support worker
- Child Advocate
- Cultural enhancement at the Day Care
- Snacks and storytelling at the Day Care
- Early Intervention Home Support Worker
- Relationships workshop
- Toy lending library

ACAP

- Education for youth about HIV/AIDS

Brighter Futures Community Priorities



“This Community Gathering and the knowledge and cultural benefits that would flow from it, are a logical continuation of the process we have worked so diligently to establish among the Nihtat.”

“The students in the School Breakfast Program will benefit because they will be eating a healthy meal, interacting with other students, more active learning in the classroom, and more respect for others.”

Tsiigehtchic

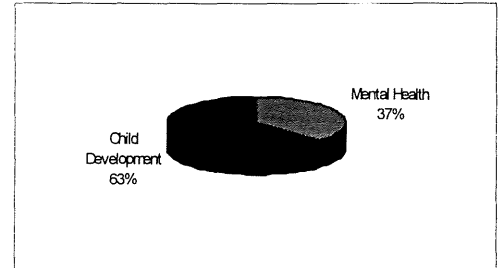
Community Wellness Initiatives

- Brighter Futures
- On-the-land program
 - Personal empowerment and development workshop
 - Youth intervention and education; addressing various issues effecting youth attendance in school
 - Kids Can Sew; craft program
 - Youth music group

- Healthy Children
- In-home Support Worker
 - Speech Aide

- CPNP-MSB
- The Gwichya Gwich 'in Prenatal and Postnatal Nutrition Program
 - Offers support meetings, nutrition information, cooking classes, child care, food vouchers, transportation, and prenatal classes

Brighter Futures Community Priorities



“Youth attended the music group for fiddle classes and played with the Toronto Symphony Orchestra.”

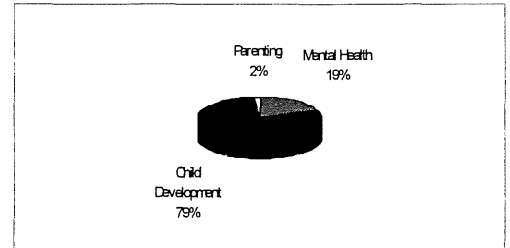
Tetlit (Fort McPherson)

Community Wellness Initiatives

Brighter Futures

- Community workshops for grieving, alcohol awareness, and youth anger management
- AA Roundup
- Women and Family Wellness; 2 participants
- Empowerment program; 2 participants
- Rock River On-the-Land Program
- Youth advisors were put in place to assist children with behaviour management and classroom support with the school
- Summer Cultural Program for Youth
- Youth Coordinator; coordinated activities for children aged 5 to 18 years
- Art & Crafts After-school Program
- Youth On-the-Land Program
- Youth Wrestling Club
- Parenting Support Group

Brighter Futures Community Priorities



Healthy Children

- Parenting workshop
- Renovations to Child Care Centre
- Gwich'in language classes
- FAS/FAE workshop
- Speech Aide

Aboriginal Head Start

- Program to provide for educational and developmental needs for families of preschool children
- Program focuses on Gwich'in culture

CPNP-MSB

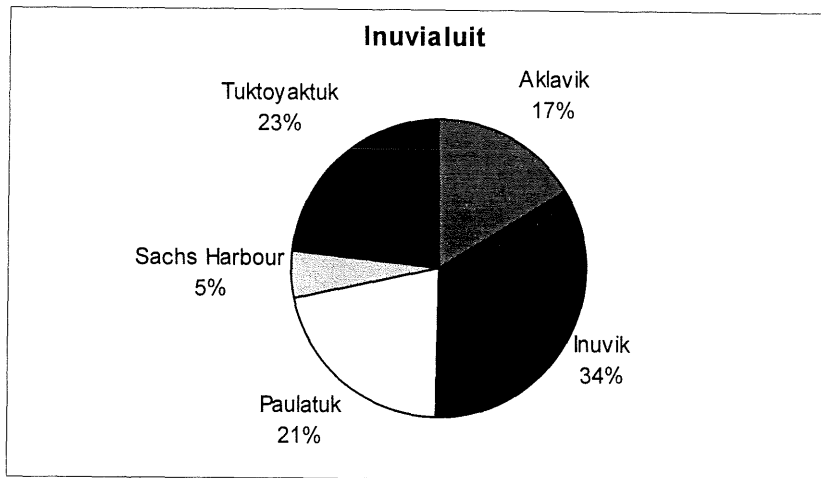
- The Fort McPherson Prenatal Nutrition Program
- Offers prenatal classes, nutrition counselling and education through games
- Prenatal teens participated



Inuvialuit

Inuvialuit Region

	Brighter Futures	NNADAP	CPNP/MSB	Aboriginal Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP /HPPB	Total
Aklavik	\$91,720.00		\$14,291.88						\$46,758.00		\$152,769.88
Inuvik	\$209,090.00		\$7,600.00						\$97,909.00		\$314,599.00
Paulatuk	\$50,425.00			\$116,500.00					\$27,274.00		\$194,199.00
Sachs Harbour	\$33,325.00								\$14,831.00		\$48,156.00
Tuktoyaktuk	\$168,538.00								\$46,642.00		\$215,180.00
Regional	\$145,393.00										\$145,393.00
Regional Total	\$698,491.00		\$21,891.88	\$116,500.00					\$233,414.00		\$1,070,296.88

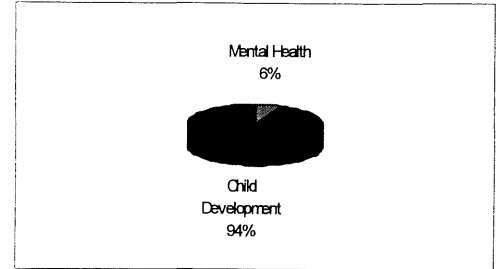


Aklavik

Community Wellness Initiatives

- | | |
|------------------|--|
| Brighter Futures | <ul style="list-style-type: none">- Youth Coordinators were hired to run the Aklavik Youth Centre- Swim Program- Youth Centre equipment |
| Healthy Children | <ul style="list-style-type: none">- Aklavik Preschool- FAE/FAS workshop- Infant supplies- Parenting Workshop supplies- Toy lending library |
| CPNP-MSB | <ul style="list-style-type: none">- Healthy Babies of the Future Prenatal Nutrition Program- Offers educational sessions, prenatal classes, nutrition counselling, food hampers, postnatal supplies |

Brighter Futures Community Priorities

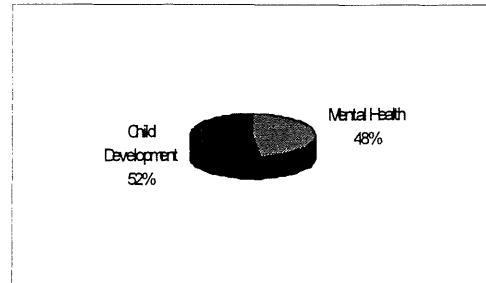


Community Wellness Initiatives

Brighter Futures

- Dances Like Long Ago; drummer and dancers competition
- Great Northern Arts Festival
- The Inuvik Fiddle Group took a trip to Toronto to play with the Symphony
- Family counselling; in-home support
- Inuvik Christian Assembly; vacation Bible school
- Home Support Providers' Workshop
- Inuvik Elders Host Program encouraged learning about traditional ways
- Care for the Caregiver workshop
- HTA Annual Traditional Hunting and Butchering Techniques; traditional skills taught to youth
- Inuvik Alcohol Committee Safehouse
- Inuvik Alcohol Committee Program Support; Halfway House pilot project
- Cultural Development Program in the school
- Arctic Games demonstration
- Ski Club summer training and coaching camp
- Inuvik summer camp
- SHSS Alternate Program camp
- NWT Womens' Volleyball member was sponsored
- Community Literacy Project
- Educate a Child; personal school planners for students
- Scouts' Jamboree in Thunder Bay, Ontario
- Minor Hockey camp at Sylvan Lake, Alberta
- Visions and Dreams Program; life skills training, job readiness, academics, arts & crafts, first aid, and cultural enhancement
- Transition Home Childcare Advocate
- Northern Lights Dancer; dance instruction
- Author visits to SAM school
- Traditional games at the Youth Centre
- National Addictions Presentation at SAM school

Brighter Futures Community Priorities



"The Inuvik Drum Dancers are in third place in the dance/cultural competition..."

"The Community Literacy Project was very well received in the community and a huge benefit overall."

"The Great Northern Arts Festival has been instrumental in Making Inuvialuit artists more visible worldwide."

"The present Minor Hockey Association has been very active in trying to revive the hockey spirit in Inuvik, especially among the youth."

"The Toronto Symphony trip was a success and the concert was described as exciting, beautiful, and one person described being speechless."

Community Wellness Initiatives

- | | |
|------------------|---|
| Brighter Futures | <ul style="list-style-type: none">- Inuvik Daycare lunch program- Inuvik Indoor Soccer League for boys- School breakfast program- Welfare to Work for Youth Conference- Intervention for grade 7 students to improve their reading and writing skills |
| Healthy Children | <ul style="list-style-type: none">- In-Home Support Worker for the Family Counselling Centre- A Child Advocate for the Transition Home- Cultural enhancement for the daycare- Snacks and storytelling for the daycare- Early Intervention Home Support Worker for family counselling- Relationships workshop- Toy lending library |
| CPNP-MSB | <ul style="list-style-type: none">- The Inuvik Healthy Babies Prenatal Nutrition Program- Focuses on improving nutrition and providing relevant prenatal health information- Topics include nutrition, pregnancy, birth, breastfeeding, early childhood care, budgeting, meal planning, cooking |

Paulatuk

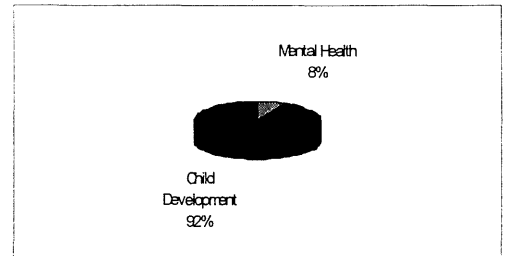
Community Wellness Initiatives

- Brighter Futures
- Youth Sewing Program
 - School snack program
 - Dreamcatcher's Conference
 - Literacy Project
 - Swimming and water safety program

- Healthy Children
- Lunch/snack program
 - Computer and software for Kindergarten
 - Toy lending library

- Aboriginal Head Start
- An Aboriginal Head Start program for 16 Inuvialuit preschool children
 - Based in local culture
 - Family participation

Brighter Futures Community Priorities



“(School Snack Program) These programs, though they solve no underlying issues, are a very important short-term goal on the road to the long-term solution.”

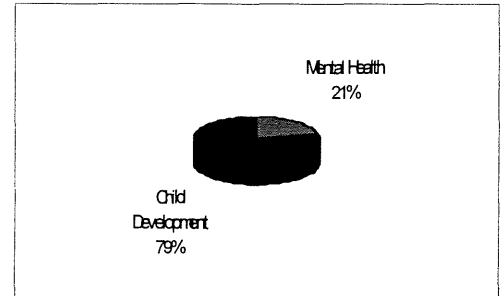
Sachs Harbour

Community Wellness Initiatives

- Brighter Futures
- Mental Health Worker
 - White Fox Jamboree
 - School Education Trip - Edmonton, Calgary, Banff
 - Dreamcatcher's Conference
 - Summer Day Camp
 - Swim Meet
 - Hallowe'en Carnival for kids

- Healthy Children
- In-home Support Worker
 - Toy lending library

Brighter Futures Community Priorities



“Nine students and the principal travelled to Edmonton, Calgary, and Banff. They visited the Universities and colleges, the Northern Students Representative, a number of Inuvialuit businesses, museums, the Science Centre, and took an introductory SCUBA course.”

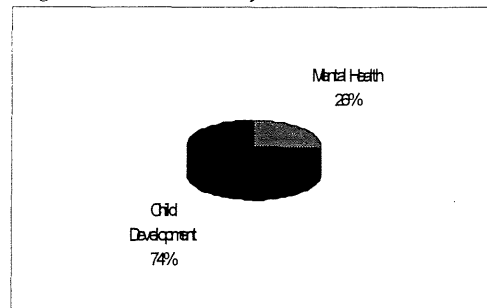
Tuktoyaktuk

Community Wellness Initiatives

- Brighter Futures
- Mental health workshop
 - Spirit of the Sun Aboriginal crafts workshop
 - Youth Activities Coordinator
 - Aboriginal language instructor
 - Cultural activities at the school
 - Swim program
 - Hockey program and clinic
 - Youth Centre Games Program

- Healthy Children
- FAS/FAE workshop
 - Crafts workshop for preschoolers
 - Toy lending library
 - Children and Violence Workshop
 - Child Care Advocate

Brighter Futures Community Priorities



“The Aboriginal language instructor is a great asset to the community and the language and culture classes are considered very important in the community.”

Regional Wellness Initiatives

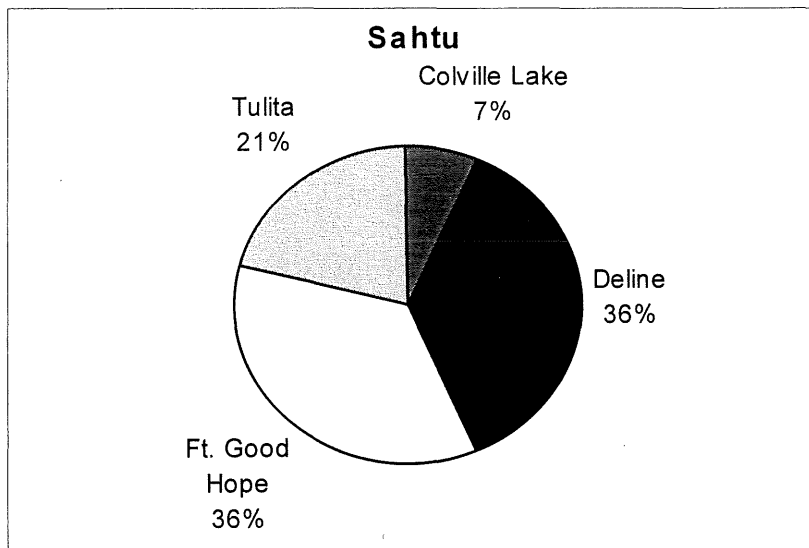
- Brighter Futures
- Regional Community Development Workshop
 - Regional Brighter Futures Workshop
 - Pauktuutit AGM and Suicide Prevention Workshop
 - Spirit of the Sun Art Symposium
 - National Aboriginal Mental Health Conference
 - Regional Bordenball Tournament
 - Regional youth initiatives, such as elections for representatives, and meeting youth from other communities
 - School Anger Curriculum for Inuvik library and circulated throughout schools in the region
 - Beaufort Delta Education Council Tuktoyaktuk Language Conference



Sahtu

Sahtu Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP/HPPB	Total
Colville Lake	\$21,736.00								\$12,159.00		\$33,895.00
Deline	\$136,336.00		\$7,456.13						\$34,380.00		\$178,172.13
Ft. Good Hope	\$119,322.00		\$15,314.34						\$40,742.00		\$175,378.34
Tulita	\$74,827.00								\$28,146.00		\$102,973.00
Regional Coord	\$15,000.00										\$15,000.00
Regional Total	\$367,221.00		\$22,770.47						\$115,427.00		\$505,418.47



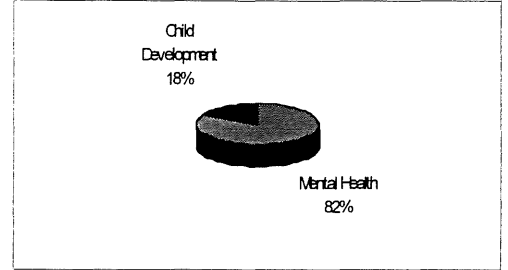
Behdzi Ahda First Nation (Colville Lake)

Community Wellness Initiatives

Brighter Futures
- Grieving Workshop
- Spiritual Gathering
- Dreamcatcher's Conference

Healthy Children
- Healthy Babies Program

Brighter Futures Community Priorities



(Grieving Workshop) "The Ft. Good Hope Emergency Response Team has given us some relief as to what may accrue in the community with the youth and people after a tragedy."

Deline

Community Wellness Initiatives

Brighter
Futures

- Promoting an alcohol and drug free lifestyle by promoting cultural activities
- Youth On the Land Programs

Brighter Futures Community Priorities
Information not Available

Healthy
Children

- Parenting and Support Work
- Special Needs Supplies and Materials

K'ahsho Goti'ine (Fort Good Hope)

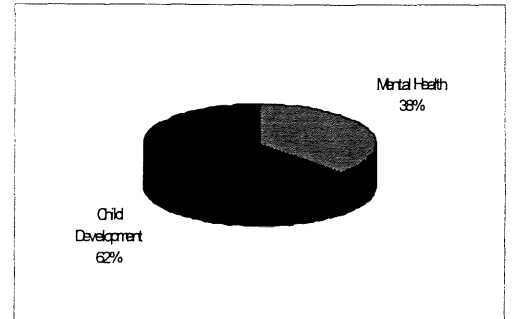
Community Wellness Initiatives

- Brighter Futures
- Back to the Land Program
 - Traditional dancing instruction
 - Dreamcatcher's Conference
 - Strings Across the Sky with the Toronto Symphony
 - Traditional youth training initiative (PLATO computer library)
 - School lunch program
 - Repairs to recreational facilities

- Healthy Children
- Speech Aide

- CPNP-MSB
- The Fort Good Hope Prenatal Nutrition Project
 - Offers eight education sessions, cooking classes, and nutrition counselling

Brighter Futures Community Priorities



"The School Breakfast Program has been proven highly successful and it is strongly encouraged that it be continued. Punctuality and attendance statistics have seen dramatic improvements since the commencement of this program."

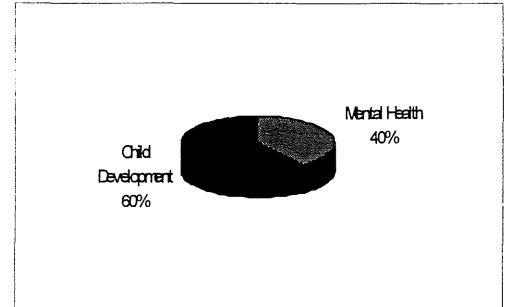
Tulita

Community Wellness Initiatives

- Brighter Futures
- Elders/Youth Healing Workshops
 - Community and spiritual gatherings
 - Oral history and drum making
 - Sylvan Lake Hockey School
 - Youth travel for regional sports activities
 - Dreamcatcher's Conference

- Healthy Children
- Parents as Partners Program
 - Computer and musical instruments

Brighter Futures Community Priorities



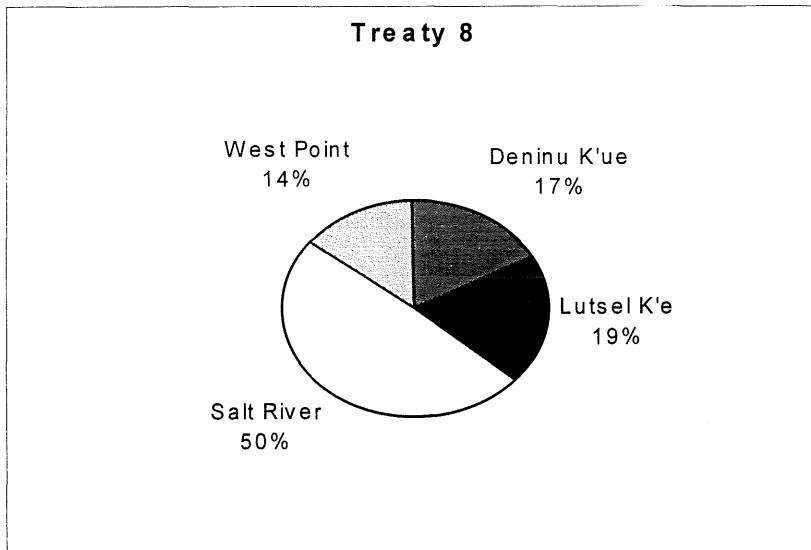
“The Healing Workshops proved to be very successful and community members feel these workshops should occur more often during the year, as healing is an ongoing process.”



Treaty 8

Treaty 8 Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	PHF	Healthy Children	CPNP/HPPB	Total
Deninu K'ue	\$81,501.29	\$5,608.90						\$32,924.00		\$120,034.19
Lutsel K'e	\$102,537.56							\$21,329.00		\$123,866.56
Salt River	\$118,203.00		\$30,697.00	\$106,500.00			\$50,000.00	\$66,291.00	\$29,950.00	\$371,691.00
West Point	\$5,937.76							\$88,118.00		\$94,055.76
Regional Total	\$308,179.61	\$5,608.90	\$30,697.00	\$106,500.00			\$50,000.00	\$208,662.00	\$29,950.00	\$709,647.51



Deninu K'ue (Fort Resolution)

Community Wellness Initiatives

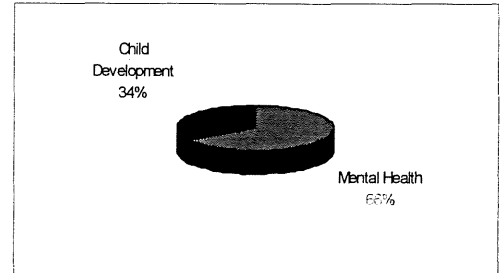
Brighter
Futures

- National Addictions Awareness Week activities
- Women & Wellness conference to discuss family crisis situations
- Harlem Comedy Kings basketball team conducted drug & alcohol, and crime seminars for children
- Stress Management workshop
- Magoo & Crew Family Weekend; family entertainment
- Youth cultural on-the-land experience and drum retreat

Healthy
Children

- Parenting workshops
- Cultural and spiritual healing programs

Brighter Futures Community Priorities



“The Women & Wellness conference provided an opportunity for women to come together in the spirit of sharing, unity and support...To explain ways and means for the healing to begin and to lead the healing of the mind, body, and soul.”

“Drumming helps the youth become more aware of the culture and heritage...The drummers continue in healing the mind, our feeling and our spirit with the drum.”

Lutsel K'e

Community Wellness Initiatives

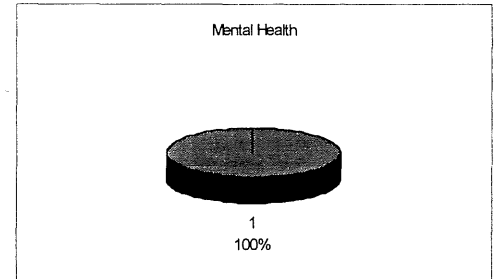
Brighter Futures

- Caribou Hunters Community Event; while a group of men hunted caribou, the community met with a group from Rae and tried to work through some problems within their relationship
- Family New Years' Eve Celebration; dinner and dance promoting a sober lifestyle
- Stress Management Workshop
- Youth and Parents workshop to focus on problems encountered as a result of the residential school system
- Native Women's Association of Canada Conference (Bill C-31 and Drug & Alcohol issues)
- Community Workshop on Health Transfer and Alcohol and Drug Problems in the Community

Healthy Children

- Specific programs not yet identified

Brighter Futures Community Priorities



"The Youth & Parent workshop allowed for parents and youth to have an open discussion...and also gave both groups help and assistance to cope."

(Community Workshop on Health) "This workshop was very successful because it allowed for this very important issue which effects not only the individual's health and well-being, but has direct effect on ensuring that our community remains a healthy place for all residents."

Salt River (Fort Smith)

Community Wellness Initiatives

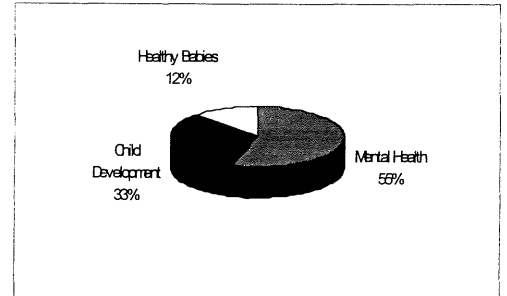
- Brighter Futures
- Community development work
 - Drumming workshop
 - Well Women Conference (Bill C-31)
 - Healing workshop
 - Lac Ste. Anne retreat
 - Starquest program; cultural camp
 - Toy lending library
 - Hockey tournament
 - Equipment for Head Start program

- Healthy Children
- Family Therapist
 - Our Kids / Our Future
 - Breakfast program
 - Parenting workshop
 - Early Childhood Intervention materials

- Aboriginal Head Start
- A Preschool program for 16 children
 - Cultural focus
 - Involves family participation

- CPNP-MSB
HPPB
- Our Babies, Our Future Prenatal Nutrition Program

Brighter Futures Community Priorities



“The women attended the Well Women Conference in Vancouver, BC and they enjoyed it immensely. They found the conference and people to be very enlightening. They enjoyed the conference and found it beneficial to their personal growth and development.”

West Point (Hay River)

Community Wellness Initiatives

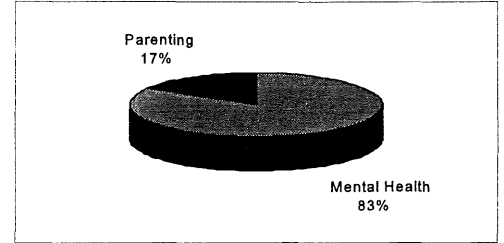
Brighter
Futures

- Communication Skills workshop
- Elder's workshop
- Parenting Skills workshop

Healthy
Children

- Nobody's Perfect Parenting Workshop
- Muffin program at the school
- Early Childhood Development program
- Literacy materials
- A video for the Counselling Centre

Brighter Futures Community Priorities

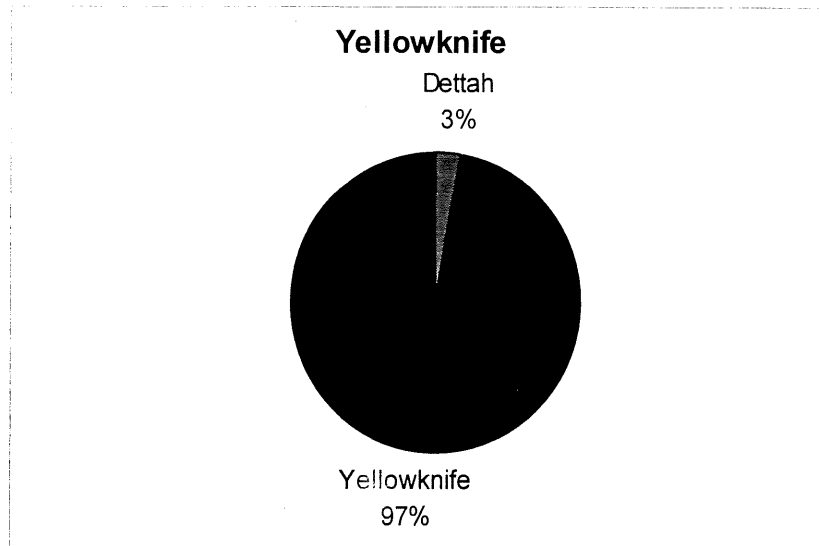




Yellowknife

Yellowknife Region

	Brighter Futures	NNADAP	CPNP/MSB	Head Start	ACAP	CAPC	CAP	PHF	Healthy Children	CPNP /HPPB	Total
Dettah			\$14,000.00						\$16,264.00		\$30,264.00
Yellowknife	\$146,788.82	\$50,357.20		\$268,000.00	\$102,000.00		\$74,918.00	\$50,000.00	\$312,886.00	\$200,570.00	\$1,205,520.02
Regional Total	\$146,788.82	\$50,357.20	\$14,000.00	\$268,000.00	\$102,000.00		\$74,918.00	\$50,000.00	\$329,150.00	\$200,570.00	\$1,221,784.02



Yellowknife

Community Wellness Initiatives

Brighter Futures

A Community Health Representative, a Drug and Alcohol Counsellor, and a Youth and Family Counsellor were hired to implement the following projects:

- Two healing workshops were sponsored
- Facilitated a week long workshop for the Adult Basic Education in Ndilo
- Community justice workshops
- Counselling, home visits
- Support groups for women
- Coordinated a Mobile Wellness Lodge
- Christmas party for Elders
- Mini workshops with youth
- Dream Catchers Conference in Edmonton
- Education and information sessions presented to the youth and community
- Pre and post natal programs

Healthy Children

- Child Care Seat Safety Program
- Parent & Child Oral Literacy Program
- Family Support Program
- Expansion of toy library and play centre

CAPC

- A toy lending library
- Support for FAS Children and Their Families project which promotes the health and development of children with developmental disabilities associated with FAS/FAE

Brighter Futures Community Priorities
Information not available

“The Community focus continues to be on mental health, health promotion, early intervention, and developing healthy families and lifestyles.”

“The program team consisting of Wellness Coordinator, Program Manager, CHR, Drug and Alcohol Counsellor, and Youth and Family Counsellor were very successful in the planning and implementation of activities in the communities.”

Yellowknife

Community Wellness Initiatives

- | | |
|--------------------------|---|
| Aboriginal
Head Start | <ul style="list-style-type: none">- Preschool program for 32 children- Provides instruction and hands-on activities focussing on Dene culture and the Dogrib language- Elders and family participation is valued |
| CPNP-MSB
HPPB | <ul style="list-style-type: none">- Healthy Baby Club pre and postnatal program in Yellowknife- Consists of a food supplementation component and various health promotion programs to address needs of high risk pregnant women- Offers nutrition counselling, cooking sessions, child care, transportation, breastfeeding support, home visits, and drop-in sessions- The Feeding Our Dreams Prenatal Nutrition Program in Dettah/N' dilo |
| ACAP | <ul style="list-style-type: none">- Prevention education activities through AIDS Yellowknife- Focus on producing qualified facilitators from a variety of agencies and targeted groups |

