

Priority Setting Enterprise 2013-2014 Wellness Engagement Project Report

Enterprise Wellness plan

Introduction

Hamlet of Enterprise, Staff, and Residents of Enterprise have come together to create a work plan to better serve the Community of Enterprise.

Demographics of Enterprise/Wellness Workshop Groups And Priorities

| | Target Group | # of resi- dents | Partici- pants | Council Priori- ties | Healthy Child and Youth De- velopment | Healthy Living and Disease Pre- vention | Mental Well- ness and Ad- dictions | |
|---|----------------------|------------------------|--|----------------------------|---|---|--|--|
| 1 | Staff | 8 | 8 | Tots | 6 | 9 | 7 | |
| 2 | Elders | 36 | 4 | Youth | 7 | | | |
| 3 | Couples | 18 (34) | 7 | | | | | |
| 4 | Youth/ Single | 17 | | | Priority 1 | Priority 2 | Priority 3 | |
| 5 | Town Hall Meeting | 109 | 28 | | | | | |
| | Children | 22 | Were chaperoned by the Single youth at the Tots Centre | | | | | |

Vision

- Enterprise is to provide a safe, clean, environmentally friendly, sustainable community with manageable growth.
- Enterprise will provide local access to quality education, health, and social services, and receives support from volunteers and organizations
- Enterprise will provide broad range of economic development opportunities that provide local employment and quality services.

Mission

To maintain and enhance our quality of life and self sufficiency being open in our communications with the public, and promoting healthy growth of our children, families, and businesses while remaining a safe, efficient, and accountable community.

Goals:

- A community government that is focused, responsible, and accountable
- Plan our capital for sustainable development, assess needs, consider feasibility of new community public infrastructure, and set priorities
- A community government that is fully staffed and operational to provide Municipal services.
- Investigate and promote energy efficiencies and renewable energy in our community to improve energy use and the environment
- Beautify and control land use within our community boundaries
- Promote economic development and tourism for our community
- Partnership to develop and enhance education, health, and social services, and support for senior citizens

Values:

Transparency Honesty and Integrity Public, Family and Friends Accountability Trust Respect Quality Leadership Commitment Positive Change

Healthy Child and Youth Development Cluster Ages 0-6 Moms and Tots

Target groups:

Expectant mothers, mothers and fathers, children 0-5 years and families

Goal

Build on existing Moms and Tots program to include a more holistic family approach

Program Objectives

To provide a program and services such as; parenting skills, healthy pregnancies, nutrition, and a safe environment to build self awareness.

To foster social skill development for mothers, fathers, and children by providing resources that will enable them to work with their children

To be involved with education, and provide good leadership for the children.



Healthy Child and Youth Development Cluster

Moms and Tots Program Ages 0-6

- Family Swimming/Bowling /
 Skating 10
- Seasonal outdoor activates 7
- Parent Night 3

- Reading/Literacy events 12
- Day Care 12
- Parenting skills 1
- Incredible years 1
- Breast feeding/birth control 0

Physical Activity and Recreation Education Awareness

Healthy Awareness Multicultural Activities

- Home/hospital visits
- On site mental health/
 counseling
- Gardening / Nutrition 7
- Pre/postnatal assessment 1
- Parental support/home visits 0
- Postnatal healthy living activities

- Multicultural activities and crafts 10
- Sewing circles 9
- Elder traditional teachings 2
- Traditional food 2
- Languages 2

Youth: Healthy Child and Youth Development Cluster Youth 7-18 and 19-25

Target Groups

Youth and Families 7-18 and 19-25

Goals

Build on existing programming to include more multicultural and physical activities

Program Objectives

To promote healthy bodies; physical activities, nutrition awareness, life skills, personal and interpersonal development

To provide elementary, secondary, and post secondary education

To development healthy families



Healthy Child and Youth Development Cluster

Youth Development Ages 7-18 and 19-25

- Get Active Programs 9
- Fitness Center Activities 5
- Sports Development 5
- Games Night 5
- Multicultural and traditional activities

- Use of Internet Skills 10
- Self Expression 8
- Literacy and Library skills 5
- Afterschool assistance 2

Physical Activity and Recreation Education Awareness

Healthy Awareness Multicultural Activities

- Family Nights 9
- Nutritional Meals/Gardening 9
- Healthy Lunches 5
- Teen Night 2
- Girls Night Out 1

- Community Celebrations 8
- Wii/X-Box Kinect activities
 and dance 7
- Sewing circles 4
- Elder traditional teachings 3
- Multicultural Activities 3

Health: Healthy Living and Disease Prevention Cluster Community Residents

Target Groups

Community members, youth, parents, prenatal mothers and their families

Program Objectives:

Build on existing activities to provide services to promote healthy weights, eating and cooking, To provide nutritional information and education

Goal

To provide activities that will promote healthy lifestyle choices and early disease prevention.



Health: Healthy Living and Disease Prevention Cluster Youth, Parents, Seniors, and Families

- Trail walking/skiing year round
 11
- Fitness Center Activities/classes
 6
- Bike Riding 6
- Family Nights 1
- Wii/?X/Box Kinect Games 2

- Employment Opportunities 11
- Informative Workshops 6
- Workshops Counseling/Support
 3
- Suicide Awareness sessions 2
- Resource Development Center

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Physical Activity and Recreation Education Awareness

Healthy Awareness Multicultural Activities

- Nutrition Fitness 11
- Gardening/Diet awareness 6
- Recognize the value of volunteers 3
- Personal Dev. Programs 1
- Counseling/Advocacy 1
- Feasts and Celebrations 1
- Proactive disease prevention 0

- Sports days/jamboree /Itsago/ carnival/ Fall fair 19
- Camping/BBQ's 5
- Sewing circles 4
- How to do it yourself classes 3
- Multicultural Activities 0

Health: Mental Wellness and Addictions Cluster Community Residents

Target Groups:

Community members, tots, youth, parents, families

Program Objectives

Build on existing programming to include more parenting skills, workshops, counseling, community events, home visits.

To promote and support multicultural identity and values.

Goal

To provide programs and activities that will promote and support wellness.

To provide an opportunity for those struggling with addictions, grief, trauma, stress, anxiety and mental health issues



Health: Mental Wellness and Addictions Cluster Youth, Parents, Seniors, and Families

Workshops/Stop Smoking 11 Community Garden 8 Diabetes Counseling 7 Fitness Classes 8 Team Building Activities 3 Community Walking 7 AA Meetings 2 Canoeing/Snowshoeing 5 Awareness sessions 1 Out door Park recreation 2 Pamphlet Rack Information Volunteering 1 Center 1 Shooting hoops, tennis 9 Mentor 0 Education Physical Activity and Awareness Recreation Healthy Multicultural Awareness Activities Nutritional cooking 10 Shale pit Fishing 10 On the land activities 9 Community Gatherings 5 Nutrition Fitness 4 Youth and Elder Luncheons 5 Community Kitchen 4 Berry Picking 5 Active Hour 4

Other Concerns Council needs to consider for Budget Time

Target Groups

All residents of Enterprise, 0-6, youth, families, seniors

Program Objectives:

Build on existing activities to provide services to promote education, health and infrastructure, business, and land

Goal

To provide other services to the community
To lobby government for funding for infrastructure
To continue planning for and promoting the community



All Residents of Enterprise

Grocery Store 12 Trails for Quads Long dist. Telephone rates 5 Sustainable water supply 6 School Learning Center Day Care 4 Wheel Chair access 4 Land Development 2 Better Access to River 3 More jobs in Community 2 Better use of Multi Sports Area Garage-Vehicle Services 1 (ball diamond) 0 Summer Employment 1 Infrastructure Employment, Land Businesses Image and Safety Promotion Medical/Nursing Services 9 Celebrations/Feasts 12 Home Care 5 Tourism Plan Development 5 Community watch—Signage 5 Beautification of Enterprise Pubic Safety agreements with Promotion 5 Hay River 4 Emergency Power Unit 1 Meals on Wheels 0



Hamlet of Enterprise Departments Income Detail 01 Apr, 2012 to 28 Mar, 2013 Community Wellness Planning Engagement Project

| | Date Description | | Amount | | Total | | | | |
|--|-------------------------|---------------------------------------|--------|-----------|----------|--|--|--|--|
| A. Materials/Supplies/Facility for Community Sessons | | | | | | | | | |
| 5005 | Office Supplies | - | | | | | | | |
| | 16 Mar, 2013 | Staples/BD #317 Yellowknife | | \$ | 1,557.60 | | | | |
| | | Hall Rental \$400.00 x 5 | | \$ | 2,000.00 | | | | |
| 5009 | Supplies for Prog | applies for Programs | | | | | | | |
| | 16 Feb, 2013 | Ring's Pharmacy Ltd. | 100.00 | | | | | | |
| | 21 Feb, 2013 | Winnie's Dene Art Gallery & Gift Shop | 50.00 | | | | | | |
| | 21 Feb, 2013 | Twin Falls Inn Ltd. | 47.62 | | | | | | |
| | 05 Mar, 2013 | Winnie's Dene Art Gallery & Gift Shop | 50.00 | | | | | | |
| | 07 Mar, 2013 | Twin Falls Inn Ltd. | 47.62 | | | | | | |
| | 11 Mar, 2013 | Power Surge Technologies Ltd. | 61.71 | | | | | | |
| | 25 Mar, 2013 | March Expenses, Mike St Amour | 40.03 | | | | | | |
| | 13 Mar, 2013 | Ring's Pharmacy Ltd. | 144.94 | | | | | | |
| | 20 Mar, 2013 | Territorial Quick Print | 50.00 | . \$ | 591.92 | | | | |
| 5130 | Catering Expens | ee | | | | | | | |
| | 13 Feb, 2013 | Northmart | 228.65 | | | | | | |
| | 15 Feb, 2013 | Northmart | 47.38 | | | | | | |
| | 16 Feb, 2013 | Northmart | 193.04 | | | | | | |
| | 16 Feb, 2013 | Hay River Super A Foods | 62.71 | | | | | | |
| | 21 Feb, 2013 | 127785 Super A, Bruce Proud | 15.44 | | | | | | |
| | 11 Mar, 2013 | Northmart | 291.55 | | | | | | |
| | 25 Mar, 2013 | March Expenses, Mike St Amour | 133.50 | \$ | 972.27 | | | | |
| | | Total | | \$ | 5,121.79 | | | | |
| B. Sta | iff Expenses: | | | | | | | | |
| 5210 | Wages & Salarie | es Expense | | \$ | 6,633.92 | | | | |
| C. Su | btotal (A+B) | | \$ | 11,755.71 | | | | | |
| D. Ad | lministration | | | | | | | | |
| 5008 | Admin exp - allo | | | | | | | | |
| | 25 Mar, 2013 | Admin Fee | | \$ | 550.00 | | | | |
| E. To | | 12,305.71 | | | | | | | |
| | | | | | | | | | |

Certified Correct

SAO

Finance Officer

Date