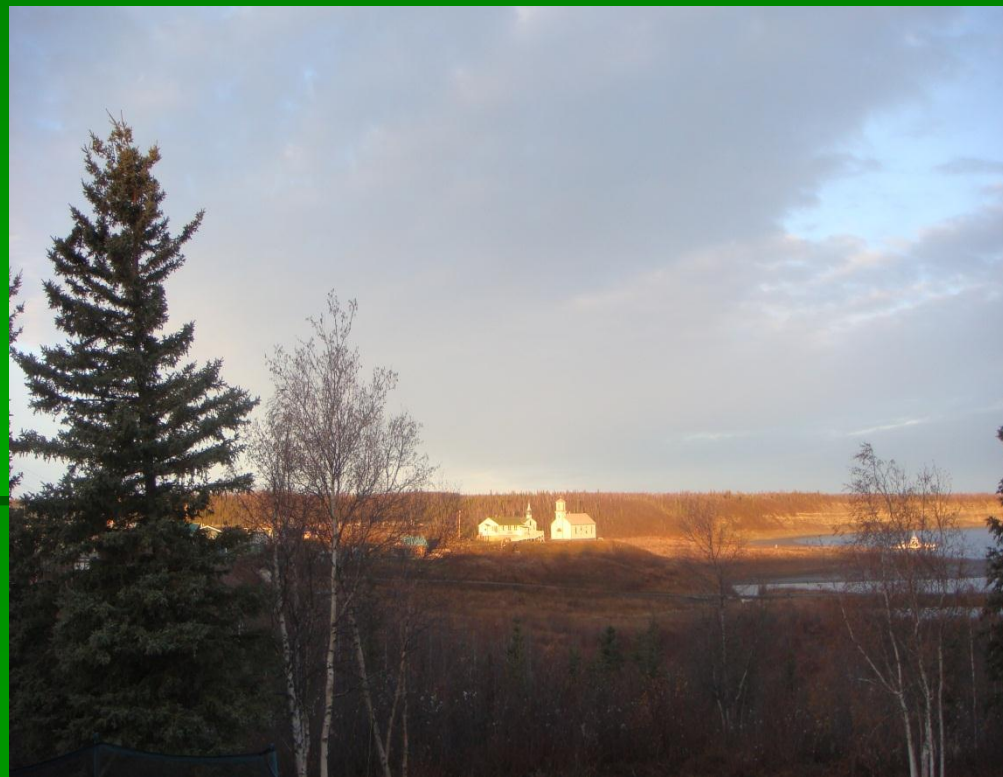


Tsiigehtchic NWT

WELLNESS PLAN 2013

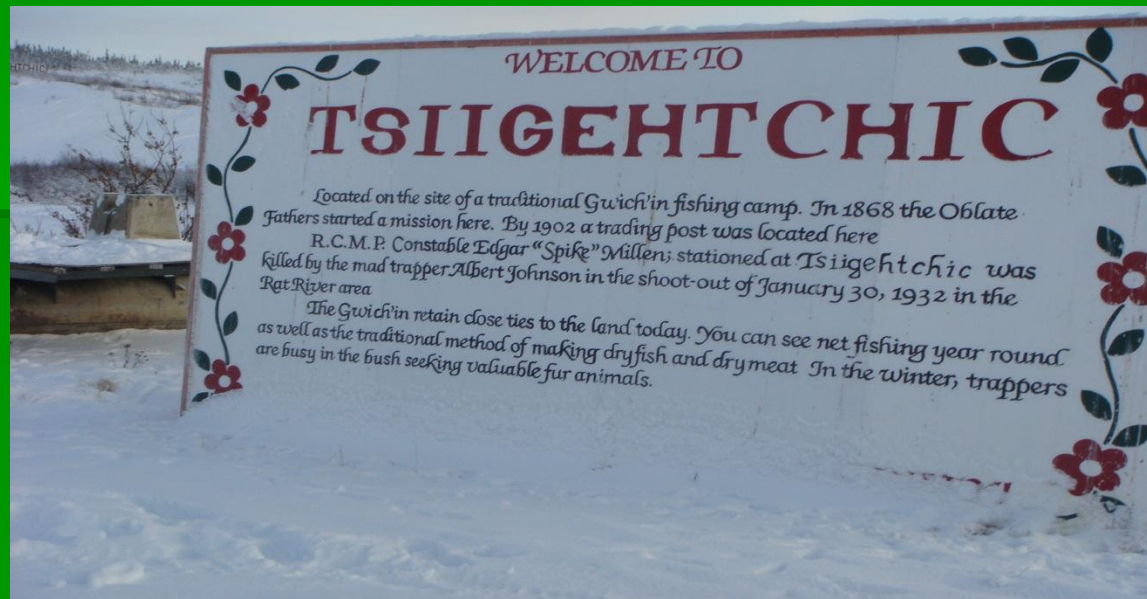
Submitted by
Gwich'ya Gwichin Band
Designated Gwichin Organization
Tsiigehtchic Charter Community



INTRODUCTION

Tsiigehtchic is a small Gwichya' Gwichin community located along the banks of Mackenzie River and the Arctic Red River. The community that was established in the early 1900's as a fishing camp now has the current population of 143 people.

Tsiigehtchic the home to a very young population has identified **EDUCATION** as key to continued community **WELLNESS** and **GROWTH**.



WHERE ARE WE NOW?

- Chief Paul Niditchie School offers Kindergarten – Grade 9. Students then relocate to Inuvik to continue with their EDUCATION.
- Health Centre is staffed with a full time Community Health Representative, a half time Home Support Worker. A community Health Nurse visits weekly with the exception of spring and fall when a nurse is stationed here approx.6 weeks due to isolation of the community from the Dempster Highway.
- Northern Store
- Housing Corporation
- MJ Services (Gwich'in Owned & Operated petroleum)



continued:

- NTPC Power
- Mavis' Taxi (Gwich'in Owned & Operated)
- Joe Bernard Learning Centre Aurora College
- NWTel
- TSIIGEHTCHIC CHARTER COMMUNITY
- GWICH'YA GWICH'IN BAND COUNCIL
- DESIGNATED GWICH'IN ORGANIZATION (DGO)
- TSIIGEHTCHIC CHARTER MAINTENANCE SHOP
- OLD AURORA COLLEGE (vacant)
- ROMAN CATHOLIC CHURCH
- CHIEF HYACINTH ANDRE CULTURAL CENTRE
- LOCAL RADIO STATION

COUNCILS

- GWICHYA GWICH'IN BAND COUNCIL
- DGO COUNCIL
- RENEWABLE RESOURCE COUNCIL
- DISTRICT EDUCATION COUNCIL
- TSIIGEHTCHIC CHARTER
COMMUNITY

COMMITTEES

- RECREATION COMMITTEE
- ELDERS COMMITTEE
- YOUTH COMMITTEE (non active)

Community Programs

- THE COMMUNITY HAS JUST COMPLETED AN AFTER SCHOOL PROGRAM WHICH RAN FOR 6 WEEKS.
- CPNP CANADIAN PRENATAL NUTRITION PROGRAM
- THE YOUTH, MEMBERS OF THE COMMUNITY COUNCILS AND COMMUNITY MEMBERS ARE CURRENTLY WORKING WITH REPRESENTATIVES FROM MUNICIPAL AND COMMUNITY AFFAIRS (MACA) TO RECOGNIZE, ESTABLISH AND DELIVER MORE PROGRAMS FOR YOUTH IN THE COMMUNITY.

WHERE DO WE WANT TO BE?

- GRADE 12 IN THE COMMUNITY
- A FULL TIME NURSE
- A RCMP OFFICER IN THE COMMUNITY
- A WELLNESS WORKER
- MORE PROGRAMS FOR YOUTH
- EMERGENCY RESPONSE TEAM
- EARLY CHILDHOOD PROGRAM
- DAY CARE CENTRE
- YOUTH CENTRE
- CONTINUOUS AFTER SCHOOL PROGRAMMING
- MORE ON THE LAND AND CULTURAL PROGRAMING IN THE SCHOOLS AND COMMUNITY INVOLVING ELDERS AND TRADITIONAL KNOWLEDGE.

HOW ARE WE GOING TO GET THERE?

As indicated in a Community Wellness Planning Workshop that was held in Tsiigehtchic on March 7, 2013 EDUCATION was identified PRIORITY to the WELLNESS and continued growth of Community members and this beautiful, peaceful and traditional community.

It was noted that as we are a small community we will continue to access all identified funding to reach ongoing goals set out by the community. CLUSTER FUNDING will enable the community to develop programs which will meet the needs identified by the community and be delivered as directed by represented councils. The community recognizes the fact that due to the lack of resources and support personal it requires a COMMUNITY COORDINATOR to fulfill the responsibility required to meet the goals which will be set by the community.

The community has accessed funding from these organizations in the past to deliver programs to the community:

- Brighter Futures
- Education Culture and Employment
- Aurora College
- IDC
- GTC
- Service Canada

PARTNERSHIPS

- UNITY OF COMMUNITY ORGANIZATIONS WILL MAXIMIZE THE SUCCESS IN REACHING THE COMMUNITIES GOALS
- GWICH'YA GWICH'IN BAND COUNCIL
- DESIGNATED GWICH'IN ORGANIZATION
- TSIIGEHTCHIC CHARTER COMMUNITY
- AURORA COLLEGE
- HEALTH AND SOCIAL SERVICES

continued

The various organizations will continue to work together to actively provide support needed to establish, develop, and maintain a Parent Group which will continue to advocate for the children of the community which are needing a facility for a Early Child Development Centre/Day Care/ Aboriginal Head start Program.

Support will also be given to parents who wish to have their children remain in Tsiigehtchic to continue High School.



continued

As indicated in the community planning workshop Traditional Knowledge and Activities were one of three categories which we identified as second priority. The other two categories are RECREATION and ELDER AND YOUTH PROGRAMING. It is felt that through ongoing specified programs in the community will contribute to the Health and Wellness of all community members ranging from our PRE-NATAL MOTHERS to OUR ELDERS.

After school programs will be developed to assist in personal growth. (Sewing, Traditional Cooking, Music, Story Telling, Meals with the Elders)

On the Land programs will be delivered to make youth aware of their Gwichin culture and heritage.(Preperation for on the land trip, read maps, weather observation, trapping seasons,caribou hunt,gun safety, First Aid,CPR)

Tsiigehtchic, with it's limited resources also has a small population. This small number of community members makes it sometimes very difficult to get the number of participants required to facilitate any type of activity, Cluster funding would allow for the programs to be delivered as the community deems appropriate and in a time line that would allow for adequate and beneficial program delivery.

Community Goals Identified

EDUCATION

- Early Childhood education
- GRADE 12
- Aboriginal Head start
- Cultural Activities
- School Trips
- Home Work Club
- Pre-School
- Tradition Activities (on the land programs)



Community Goals Identified

RECREATION



- *curling
- *Cover outdoor skating rink to maximize usage
- *Coaching Clinics
- *Ski Clinics
- *Evening Activities for family Participation

Community Goal Identified

Traditional Knowledge

- Story Telling
- Cooking Traditional Meals with Elders
- On the land trips
- Fishing, Hunting
- Sewing
- Canoeing, Water Safety,
- Traditional Music and Dance



Community Goal Identified Elders and Youth

- Active Youth Group
- Elder and Youth Wellness Camp
- Youth Coordinator/Facilitator/Educator
- Youth Centre
- Elders Centre
- More opportunities for youth to participate in outside the community

COMMUNICATION

Communication was also identified as a factor in delivering effective programs in the community.

- *Unity
- *Encouragement
- *Open/Acceptable
- *Welcoming
- *Positive Motivation
- *No Bullying

Communication was identified as an area that needed to be improved within the local organizations/authorities.

THESE ISSUES WILL BE ADDRESSED THROUGH ONGOING MEETINGS WITH THE PUBLIC TO ENSURE THAT THE COMMUNITY GOALS ARE BEING ATTAINED. EACH ORGANIZATION WILL WORK TO IMPROVE COMMUNICATION WITHIN THE COMMUNITY



SUMMARY



TSIIGEHTCHIC has determined through our community wellness planning workshop that our community has come together to plan for the Health and Wellness of it's community residents.

Through CLUSTER FUNDING the goals set out by the community can be achievable and successful.

